

Being The Mystic

Imagine a life lived always within the consciousness of the Divine, in full consciousness of the “oneness” and all that is. It was my pleasure to be with the mystic Beth Hin again recently, to open to that reality, hear her message, and align as well to the Divine within.

Perspective is everything. I have spent much of my life in pursuit of the “oneness,” she never left it. Yes, I am a little jealous, but realize that knowing also pervades my reality. I know in my heart I am one with all that is. In my best moments, I live that. In the day-to-day, I need to be reminded and continue to practice bringing Divine consciousness to the ordinary world. It also looks to me that “living in the oneness” might be pretty intense, especially as most of us are not.

Healing Perspectives

with Rosie Carey



Be in the now and appreciate your gifts; your gratitude for the present will bring peace to your life.

A mystic is someone who interprets the mystical: the Divine current of life. While some live immersed in the mystery,

others dwell in both realities. In a sense, we are all mystics. We are each seeking our path, the fulfillment of our soul’s purpose – unraveling that thread of the Divine mystery which is unique to us alone. We each bring Divine essence into this world.

Being in a body creates a duality of focus. Even in infancy we are aware of Divine presence moving within us. As we grow we enter more fully into physical reality and often are distracted from our connection with the Divine. We begin to be aware of both realities: this physical reality and the reality of the Divine. This creates a duality of focus especially as many of us remember dwelling in the Divine. So this is what it is to be human, we live in a physical body, but we are in essence Divine beings.

Clarity of mind exists in transcendent states where your consciousness is elevated to commune with the Divine. Here you allow your consciousness – your soul – to reunite with the mind of oneness. You remember who you are and are once again merged with all and everything. The burden of earthly life fades as peace fills your consciousness. Here we restore, heal, rejuvenate. We can also learn here, letting that clarity of mind seek knowledge that will guide our path in life.

I believe that we are individuals who are responsible for our world, and that we may also seek the counsel of our collective unity in creating a peaceful reality. I pray that our world leaders as well embrace a practice of transcendent oneness where peace pervades their being. May we all know in our individual hearts that the essence of oneness resides, quietly guiding, uniting us all.

There are structures that exist within the fabric of creation that regulate the translation of the mystery of life. These structures exist to facilitate communication and energy flow. This includes the flow of consciousness from sublime oneness to each individual. One such structure is the Divine web of life. The nature of the Divine web is connection, communication, and timelessness. We are each a part of this web in consciousness and perhaps in structure as much as there is structure in spirit.

Envision your soul, your essence, as a bead of light, uniting with the beads of light of many souls to form a vast network, each bead, each soul, connecting to form a web of consciousness. We create a Divine web where all consciousness is interconnected and yet each soul remains an individual. This is the Divine web. It is not quite the same as the oneness, though it is also a place we visit in consciousness to connect with each other and receive subtle energy from the oneness.

Harmony, resonance, and the flow of consciousness obey the laws of science and principles of communication through waveforms. A good example of this is that of two violins placed next to one another. If a string of one violin is plucked, the string of the second violin will also begin to vibrate. This is resonance through waveforms. We are each as those violins. We resonate with each other, hopefully live in harmony, and communicate within the flow of consciousness that connects us all.

If you enjoyed this article and would like to read more, check out “Staying in the Flow” at www.lifelightcenterllc.com and download the free mp3 “Grounding and Alignment”, as well as read other articles on healing. Rose Carey is the founder of LifeLight Center at 206 Washington Street in Keene. Call for info and appointments at 603-852-8300.

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