

Encourage The Spirit Of Giving

It is easy for kids to get caught up in the throes of naming all the things they want during the holidays. Sometimes they shift from wishing to expecting to get all the things they want. They lose sight of the benefit of giving. Through giving, we form connections with other people, experience joy in the other

person's happiness, and learn that the act of giving is sometimes a gift for ourselves.

Some kids struggle with learning the value of giving, and this is very normal. Young children and teenagers are both in developmental stages that draw their attention to themselves. For toddlers,

they are very self-focused because they are leaning to understand that they are individuals with their own needs and desires. Teenagers are at the stage where they are trying to figure out who they are as people as they move toward adulthood. They are behaving normally when they focus on their own desires and prioritize what they want. Parents can help kids of all ages learn to shift their focus from getting to giving.

First avoid the trap of feeling you need to make sure all kids wishes are fulfilled during the holidays. Kids need to learn that not everything is handed to them just because they expressed an interest. Wish lists should be a list of potential ideas, not a grocery list of must-have items for a special recipe for happiness. Kids don't understand the expense of the total items on their list, they just think these things would be cool to own.

Focus on helping kids identify the important people in their life that they want to remember during the holidays. Help them select a special gift for a grandparent, teacher, or friend. Help your kids to select gifts carefully by discussing what the other person likes or enjoys doing. When they put thought into the gifts, they will have more invested in the experience of giving.

Make the experience extra special to help kids feel connected. If your kids are making gifts, make it a crafting experience you can do together. If you take them shopping to buy gifts, do something special like going out to

lunch together. The memory of choosing or making special gifts will be connected to a sense of togetherness.

Encourage altruism by finding ways for your family to give back to the community. You could start a family tradition where each year you select an activity or charity to support during the holidays. If your kids are animal lovers, you could consider doing something for a local shelter or rescue organization. You might consider baking cookies and making cards to deliver to a local nursing home. Find ways to encourage giving that goes beyond friends and family. Your kids will learn from your example, so be a role model.

In expectation of receiving new

Monadnock Family

with Sheri Lapointe



GUARANTEED LOWEST TOTAL PRICE!
THE NO HASSLE BUYING EXPERIENCE!

Our gift to you. **Safe holiday travels!**
Savings to get you where you need to go.
Schedule a **FREE BRAKE AND TIRE EVALUATION** at Cheshire Tire today to ensure you stay on the road!

GOODYEAR
SAVE UP TO \$250
ON 4 SELECT TIRES WITH DRIVE CARD*

Oil Change +PLUS
GET Oil and Filter Change
FREE 4-Tire Rotation
FREE Brake Inspection
FREE Tire Pressure Check
FREE Battery Check

\$14.99* Conventional Oil with Drive Card
\$24.99* Semi-Synthetic with Drive Card
\$44.99* Full Synthetic with Drive Card

*Includes up to 5 qts of Conventional, Semi-Synthetic, or Full Synthetic oil, chassis lube (where specified by manufacturer) and vehicle inspection. Free tire rotation has no cash value. When you pay with the Drive Card credit card. Subject to credit approval. Terms and conditions apply. Apply for the Drive Card at any of our stores. Cannot be combined with other coupons or offers. Oil change offer prices will be equal to retailer's current website Drive Card Oil Change offer prices, which reflects the \$10 savings, and in any case, subject to a minimum \$14.99 charge for the Conventional oil change service, \$24.99 for the Semi-Synthetic oil change service, or \$44.99 for the Full Synthetic oil change service, plus fees. Additional charges may apply to the retail price of the oil change, where permitted, including a \$2.90 filter and/or waste recycling fee and a 9.99% service charge, which represent shop supply and equipment costs and profits. Offer subject to change. Expires 02/28/18.

BRAKES FOREVER!
Lifetime Warranty on Pads/Shoes*

~~\$149.99~~ PER AXLE SET
\$129.99 PER AXLE SET
OR \$20 OFF ANY PACKAGE

Service Savings
TAKE AN EXTRA
\$20 OFF*
YOUR BILL OF \$50 OR MORE
WITH DRIVE CARD, \$10 OFF WITHOUT

*Brakes Forever Basic and Plus pricing includes semi-metallic brake pads/shoes, and a 6 month/6,000 mile labor warranty. Brakes Forever Premium pricing includes ceramic pads, and a 12 month/12,000 mile labor warranty. Lifetime warranty on disc pads and shoes. If needed, we will replace your worn brake pads/shoes for free, as long as you own your vehicle. All you pay for is the labor. Additional charges may apply. A 9.99% charge will be added to the retail list price of all service work, excluding tires. (Does not apply in New York State.) Charge represents shop supply and equipment costs and profits and will not exceed \$39. Please present this coupon at the time of service. Coupon not valid with other offers. See store for complete details. Expires 02/28/18.

On the Rim and Out the Door® Pricing

EVERY TIRE PURCHASE INCLUDES: **FREE** Mounting **FREE** Alignment Check **FREE** TPMS Service Inspection **FREE** Balancing **FREE** Lifetime Rotation **FREE** 30-Day Ride and Price Guarantee

MOST COMPETITORS CHARGE UP TO \$25, PER TIRE, FOR INSTALLATION! WE DON'T!

SAVE UP TO 50%* ON COMPLETE FACTORY SCHEDULED MAINTENANCE! *COMPARED TO DEALER PRICES.

WE WILL BEAT ANY COMPETITOR'S TOTAL PRICE BY 5%* GUARANTEED!

6 MONTHS PROMOTIONAL FINANCING*
ON ANY BRAND TIRES OR SERVICE!
*Subject to credit approval. Terms and conditions apply. \$250 minimum purchase required.

HOURS: MONDAY-FRIDAY 7:30AM-6PM; SATURDAY 8AM-6PM; OPEN SUNDAY 9AM-5PM

VISIT **CHESHIRETIRE.NET** TO SCHEDULE YOUR NEXT APPOINTMENT.
FOR THE LOCATION NEAREST YOU CALL
1-877-510-TIRE
APPOINTMENTS RECOMMENDED BUT NOT REQUIRED / HOURS VARY BY LOCATION
KEENE580 MAIN ST..... 603-352-7272

*Valid for purchases of a set of four (4) select Goodyear tires made between 11/17-12/31/17. Get up to an \$80 rebate on a qualifying purchase or double the rebate up to \$160 when you pay with the Goodyear Credit Card. Get an additional \$90 rebate on the same set of qualifying tires when the purchase is made on the Drive Card Credit Card. All purchases made with the Goodyear Credit Card and the Drive Card Credit Card are subject to credit approval. Rebates are in the form of a Visa Prepaid Card. Prepaid cards are issued by Citibank, N.A. pursuant to a license from Visa U.S.A. Inc. and managed by Cit Prepaid Services. Terms and conditions apply. Apply for the Drive Card at any of our stores. No cash refunds. See store for complete details and a rebate submission form. #Lowest Total Price guarantee is for quality for quality, service for service, that is in stock and available for immediate delivery. Corporate validation may be required. A quote from the competitor may be required. Competitor quote must be dated within the past 30 days. Our pricing does not include any applicable federal, state, or local taxes or fees; tire disposal fees will apply, which represent the costs incurred in disposing your tires and, where permitted, may include profits. TPMS sensors/stem kits, if required, are an additional cost per tire. *Where permitted, additional charges may apply. A 9.99% charge will be added to the retail list price of all service work, not on tires, not to exceed \$39, and represents shop supply and equipment costs and profits. Additional parts, service and labor may be required at additional cost. Not responsible for typographical errors. Photos/art for illustration only. Prices with this ad only (tires, coupons and/or promotions) and do not include taxes. Promotions/coupons not valid with other offers and apply to most vehicles. Not all services and/or tires available at all locations. Certain restrictions and limitations apply. See store for complete details, including promotion and/or rebate information.

M
Metal Fabricating Division
Metal Forming, Fabricating & Welding
in Steel, Stainless Steel & Aluminum
Roof Flashing & Drip Edge
Duct Work
Metal Sales & Service
Walk-ins Welcome
Cut to Size • Custom Metalwork
"We'll Steel Your Idea"
353 West Street
Keene, NH 03431
603-352-4232
www.melanson.com
theMELANSONcompany, inc.
since 1932

SWITCH & SAVE WITH KEENE GAS.

NEW CUSTOMER SPECIAL
FREE tank set + **FREE** leak check
LOW FIXED PRICE for up to 2 Winter Seasons.
Already a Keene Gas customer?
Call about our Guaranteed Pricing Programs now available.

Call Keene Gas Today!
(603) 352-4134
OR EMAIL
William.Moedebeck@amerigas.com

Keene Gas
583 Sawyer's Crossing Road
Swanzy, NH 03446
www.keenegas.com

24/7 Emergency Service • Refer - A-Friend Rewards

*This is a limited time offer. New customers only. Certain restrictions, credit approval, and minimum gallon requirement apply. Additional fees and charges may apply per delivery, please call our office for details.