



The Monadnock

SHOPPER NEWS

The Original Keene Shopper – “The Weekly with a Heart” – 66th Year of Community Service / December 13-19, 2023

ECR WSS
Postal Customer

Presort STD
US Postage
PAID
Monadnock Shopper

Pizza Down Under In Keene Providing America's Comfort Food



Pizza Down Under is celebrating 25 years in business! Pizzas, including specialties, in three sizes, a variety of salads, appetizers, calzones, and grinders are made fresh to order. Located in Keene at 800 Park Avenue, call 603-355-1190 to order and congratulate owner Brent Sakar (pictured) on this anniversary.

(Photo by Marilyn Weir)

By Lori Catozzi Cook

According to a national survey conducted by Sara Lee (makers of buns, rolls, and breads), pizza reigns as the #1 comfort food in the country. This US staple makes for an easy family dinner, a convenient meal for a staff meeting, a midnight snack, or whatever the occasion.

Bulent (Brent) Sakar of Pizza Down Under in Keene understands all too well how important America's comfort food is to his patrons, as he's been providing pizza – along with calzones, grinders, appetizers, dinners, salads, and desserts – for over two decades.

Pizza Down Under has been a long-standing favorite amongst locals and

travelers alike. It's been satisfying to Sakar to see his “regulars” come in with their families over the years, and now he sees their children bring in their families, continuing the tradition.

“Pizza Down Under is a great place to take family, or yourself, out for lunch or dinner. Such great service and price,” says customer Sharlyn Hadley.

“Absolutely delicious pizza,” Tammy Godin, another satisfied customer says. “One of the best-tasting crusts we've ever had!”

Sakar is well-known in the Keene community. His two cousins opened Pizza Down Under at 800 Park Avenue in 1998, and he joined as a third partner in 2001.

PIZZA, page 17

Create An Opportunity: Invest In The Community

On GivingTuesday, thanks to donors and challenges from Guyer & Son Roofing and John and Jean Hoffman, Monadnock United Way (MUW) broke its record for fundraising in one day. Donors blew through their goal of \$20,000: the total raised was \$48,040.

Larry Monson, general campaign co-chair says, “I'm so happy for the organizations in our community that will benefit from today's success. Monadnock United Way provides funding to many organizations in the Monadnock Region so they can focus on the important work of helping our neighbors in need.”

Donations will continue to create opportunities for children, education, and financial stability initiatives in the region. Here are just a few examples of programs supported by MUW.

Families will continue to receive services designed to promote child development and strengthen parenting through home visits, parent education, and children's programming. Over 1900 children and families were served last year alone through the Monadnock Alliance for Families.

Individuals and families facing food insecurity will continue to access fresh produce and other food items through eight pantries that make up the Monadnock Food Pantries Collective. More than 2000 individuals were assisted last year.

Parents and caregivers can rest easy knowing that their children will continue to grow and thrive through quality afterschool programming through the Monadnock Region Afterschool Collective. 1291 children across 15 towns participated in afterschool programming last year.

Create Even More Opportunities Together

Together, the community can create even more

MUW, page 6

Here Comes Santa Claus!



Tucker Mclellan, age 2, from Swanzey, is excited for Santa's visit to McClure's Tree Service at 32 Rose Lane in Keene on Sunday, December 17th. From 11 a.m. to 1 p.m. kids can pose for photos with Santa, enjoy milk and cookies, and receive a special holiday gift, while they last. Santa will also be joined by the Grinch and three elves. For over 20 years, McClure's Tree has served the Monadnock Region, specializing in hazardous tree removal, stump grinding, cabling, and pruning. For more details about this event, call 603-203-0613.

Specialty Holiday Items At Keene International Market



Chuda Mishra is lost in a sea of specialty holiday goodies from different countries at Keene International Market.

Keene International Market carries food items from more than 35 countries. For the holiday season shoppers can find chocolates, goodies and treats from England, Scotland, France, and Finland.

Anyone who is a fan of British holiday treats will find them here – a variety of Cadbury holiday chocolates, Cole's figgy puddings and fruit puddings, and tins of Uncle Joe's Cherry Rudolf Noses. There are three types of boxed crackers – the type you pull to pop open filled with trinkets and a silly Christmas hat. One is a traditional style and two have game pieces, one called Cluedo?, based on the board game Clue, and the other called Guess Who?

Tins decorated with Highland dancers hold shortbread cookies. There are Walker's petite mince pies and Highland whiskey cakes. Champagne, gin or vodka filled chocolates from France, and liquor-filled chocolates from Finland are in sets ready for gift-wrapping. Authentic Turkish delight in three flavors – rose, lemon, and mint – are available. Chocolate Advent calendars, foil-wrapped chocolates of snowmen with knit caps and St. Nicholas can be found.

Keene International Market is located at 162 Emerald Street in Keene. Call 603-338-0060 or find it on Facebook for more details.

Where To Find Christmas Trees Around The Monadnock Region

If you aren't sure where to get a Christmas tree in the area, as of December 8th many locally owned and operated businesses still have a variety of types and sizes in their lots. These include: J&J Discount on Route 9 in Spofford, Pete's Stand on Route 12 in

Walpole, Maple Hill Nursery (two locations) on Route 10 South and Route 12 South (next to Papagallos) in Swanzey, Cheshire Floral Farm at 92 Pleasant Street in Marlborough, and Allen Brothers on Route 5 in Westminster, VT.

WINTER STORAGE
G&R Autoworks
357-2484

MONADNOCK Property Improvement, LLC
A Customer & Quality-Focused Company
Year-Round Landscaping Services
monadnockpropertyimprovement.com
603-757-2329

HOOD CLEANING
Commercial Kitchen Exhaust Cleaning
603-762-3433
durlingcleaning.com

Streeter's Prospecting & Metal Detectors
Open 10am-5pm
307 Main St.
Marlborough, NH
www.streeter.org

GOT MOLD?
Tri-State Restoration
(603) 352-6802
Water / Fire / Smoke / Mold
FREE ESTIMATES!
TriStateRestoration.info

PUPS AT PLAY
DAY CARE BOARDING TRAINING
686 RTE. 202, RINDGE
603-562-4547

CA\$H PAID
for Unwanted & Junk Vehicles
CAR GUYZ
585-6601

Sam's Brattleboro Store Liquidation Sale
25% OFF STOREWIDE!
For details, see ad on page 4.

McClure's Tree Service
SPECIALIZING IN DANGER TREES
Free Estimates • Fully Insured
Same Day Callbacks
Keene • (603) 203-0613

CASH FOR GOLD
GOOD FORTUNE Jewelry & Pawn
110 Main Street • Keene

BERGERON CONSTRUCTION CO., INC.
RESIDENTIAL • COMMERCIAL
Renovations • Additions • Custom Homes
Structural Repairs • Kitchens/Baths
27 Matthews Rd., Keene "Since 1909"
www.bergeronconstruction.com
603-352-4447

BUY ONE, GET ONE 1/2 OFF!
with Coupon
SMOKEHAUS BARBECUE
Cut coupon on pg. 13

DAVIS OIL & PROPANE
Now offering full service
PROPANE
603-352-1306

TEMPERATURE CONTROLLED UNITS
KEENE MINI STORAGE INC.
RT 101 • KEENE, NH
(603) 357-2666

the MELANSON company
Roofing & Sheet Metal Since 1932
Commercial • Residential • Service
Locations in Keene & Bow, NH • Bennington, Rutland & Williston, VT
www.melanson.com • (603) 352-4232

Cota & Cota
YOUR LOCAL HEATING EXPERTS
603-357-0000
WWW.COTA OIL.COM

CHESHIRE CLEANING
COMMERCIAL
Fully Insured & Bonded
cheshirecleaning.com
(603) 209-9735

STORE-IT
CLIMATE CONTROLLED STORAGE
★ 96 Dunbar St., Keene ★
★ Rt. 10, W. Swanzey ★
★ Red Barn Lane, Walpole ★
1-800-352-5251

For Every \$25 of Gift Cards, Receive \$40 of Services!
Monthly Plans Starting at \$25.00 (Wash Daily!)
KEY ROAD CAR WASH
OPEN DAILY – Bays Open 24 Hours
(603) 357-7470
Tunnel 8-5:30 Daily, Sunday 9-4 • Key Road, Keene

Mail: PO Box 487, Keene, NH 03431
Location: 445 West Street, Keene
Office open 9 am to 4 pm
PHONE 352-5250 FAX 357-9351
www.shoppernews.com
CIRCULATION VERIFICATION COUNCIL

Last Minute Gift Guide... 9-11

BIRTHDAYS	17	ENTERTAINMENT	13-14	GREEN	7	MYSTERY PHOTO.....	5
CLASSIFIEDS	18-19	FAMILY.....	4	HEALING	16	PETS	2
COOKING	15	GARDEN.....	6	MONEY	8	REAL ESTATE	19

40,247
Mailed Weekly
Mailed Into Every Home In Keene and 36 Area Towns
Total Circulation 41,850

Oil Change and/or State Inspection \$34.95 each Pass or Fail. Up to 5 Qts., including filter, most vehicles.

SYNTHETIC OIL CHANGE \$69.95

Exp. 12/20/23, with coupon, presented at time of purchase. Please call for appt. Some restrictions apply. **Hours: Mon-Fri 8-5, Sat 8-12**



124 Main Street, Keene, NH
603-357-1332

Local Produce, Baked Goods & Dairy
Handmade Wreaths & Vermont-Grown Christmas Trees



Rt. 12 Walpole, NH
Open Daily 9-6
www.petesstand.com

PET OF THE WEEK
from THE MONADNOCK HUMANE SOCIETY

Buddy

Hello friends! My name is Buddy and I have been at the shelter waiting for my furever home for what feels like, well, forever. Since there are so many Buddy's here, I am known as Buddy Short Tail because my tail is shorter than it is supposed to be, giving me a unique style. I can be a little nervous at first when meeting new people, but once I warm up, get ready for a wave of hugs, kisses, and affection. Some of my favorite hobbies include long walks outside, being with my people, and running around the yard.



I do need a little more practice with my leash skills as I can get a bit excited and pull towards scents and items of interest. The good news is that I come with a 50 percent off coupon for a training class at the shelters to help me continue to learn my walking manners. I would prefer to go to a home where I can be with my people as much as possible, since being alone isn't my favorite. I can get anxious when left alone for long periods of time because I always want to be with my family giving and receiving unconditional love. I can go home with other dogs and cats, as I have lived with them before. I would do best with older children who can understand and respect my space when I need it or get overwhelmed. If you are interested in a loving and loyal companion for the holidays and every day after, come visit me during visiting hours.

Buddy is a male mixed breed, seven years old. The Adoption Center is located at 101 West Swanzye Road just outside of Keene on Route 10 South. Currently, the adoption center is open to the public Thursdays through Sundays 11 a.m. to 3 p.m. Learn more about the adoption process, and about other adoptable pets, at www.monadnockhumane.org.

Found My Stocking Stuffers!



Mia Capelli SALON
Keene, NH • 603-358-0030
Walk-Ins Welcome • Gift Certificates Available

Voted #1 GOLD Best of Monadnock 2022 Readers' Choice Awards Hair Salon

Chris Lane ENTERPRISES

- Tree Work
- Crane Work
- Chipping
- Storm Damage Cleanup
- Pruning
- Stump Grinding
- Cabling

Free Estimates 24 Hr. Service Fully Insured

603-355-0208
www.chrislaneenterprises.com

Give the gift that will suck long after Christmas!



- Stick Vacs**
- Car Vacs**
- Cordless Vacs**
- Steamers**
- Carpet Cleaners**
- Air Cleaners**
- Hand Vacs**

THE VACUUM STORE
VACUUMS FOR EVERY BUDGET!
SALES • SERVICE-ALL MAKES • PARTS, BAGS, FILTERS
Hannaford Shopping Center, West St., Keene • 603-352-5085

SORRY GRAVITY
WE'RE BREAKING UP

BOTOX • LIP FILLERS • WEIGHT LOSS Rx
IV INFUSIONS • CHIN & NECK REDUCTION
HAIR RESTORATION • VAMPIRE FACIALS

Introspect Wellness
603-338-6065
hello@introspect-wellness.com

[f](https://www.facebook.com/introspectwellness) introspectwellness [i](https://www.instagram.com/introspect_wellness_nh) introspect_wellness_nh

Treehugger Farms Stove Shop
Rt. 12, Westmoreland

Wood, Gas & Pellet Stoves



Green or Kiln-Dried Firewood
Pick up or Delivered
Order online or Call
603-399-8454
TREEHUGGERFARMS.COM
Mon-Fri 10-4, Sat 9-1

Have a Safe & Happy Holiday Season!

K&J Dean Builders, Inc.

Complete Construction Services



Over 60 Years' Combined Experience
Your Dream is Our Passion

Kevin, Sr. CALLS PROMPTLY Kevin, Jr.
603.252.9530 RETURNED 603.499.3561

www.kandjbuilders.com



Hunt & Peck Estate Services, Inc.

- Residential & Commercial Liquidations
- On-Site Estate Sales
- Live Online Auctions
- eBay Selling

Contact us for a **Free Consultation**

603.242.5686
huntandpeckestateservices.com

...taking the downside out of downsizing since 2007

HUNT & PECK ESTATE SERVICES, INC.
email: chris@huntandpeckestateservices.com

'Tis the Season to Look and Live Smart!



Citizen Echo Drive 60th Anniversary Spiderman Watch with two label pins

Citizen Quartz Ladies Watch Gemstone bezel, Mother of Pearl dial, three bands, day and date

Citizen Quartz Men's Watch Stainless steel case, mineral glass crystal, three bands, day and date, leather strap

Cheshire Jewelers

TUES-FRI: 10-4:30
SAT: 10-2

The Center at Colony Mill • 149 Emerald St., Keene • 603-358-6543

Keene Unitarian Universalist Church To Host Holiday Sing-Along

On Saturday, December 16th at 3 p.m. the Keene Unitarian Universalist Church (KUUC) will host "Hats On for the Holidays: Holiday Sing-Along." This event combines two elements that people in this area love most – singing and generosity. The hour-long event, to be held in the KUUC Sanctuary at big granite church on 69 Washington Street, is a full-on audience participatory event. There is no admission but the church is asking that people bring a warm hat, a winter scarf, or cold weather gloves that will be donated to the Hundred Night Shelter.

"I was so happy to learn about this event in the making," said Rev. Michael F. Hall, the KUUC minister, "It is very much aligned with what our community is about, making a joyful noise and helping those in need."

The idea for the "Hats on for the Holidays" event came from KUUC member Jane Stave-Viemeister, who helped put on a similar event when she was part of the Sacramento (CA) Women's Chorus. Stave-Viemeister summed up the inspiration for the sing along event this way: "Everybody needs to take a break during the holidays, to sing a song, to be with neighbors and celebrate the joy that they find in giving."

Yes indeed, we do.

Adventure Limo's Day Trips Are Back

Adventure Limousine has announced that its popular bus trips are once again available, just in time to give passengers a break from the stresses of the holidays and provide a day that's both care-free and enjoyable.

Casino trips are currently being booked for December 30th (MGM), January 12th (Encore) and 13th (Foxwoods).

Known as the Northeast's premier holiday lighting experiences and named seven times as one of the Top 100 Attractions in North America, the "Bright Nights" trips are scheduled for December 14th and 22nd.

Many have enjoyed the trips to New York City and presently there are two planned: December 28th and January 20th.

Boston trips are running on both December 17th and January 3rd.

For more details, go to www.advlimo.com, or call or text 603-357-2933.

Gilsum Coin Mine

Buying and Selling:
Gold & Silver Coins
Currency

Brian Bazarnicki

603.762.8744 • brianbaz@icloud.com

Stop by the shop at 3 Brakehill Road, Gilsum, NH

Everything You Need at Prices You Can Afford!



CHRISTMAS IS RIGHT AROUND THE CORNER!

We have all your Holiday needs. Come in and see what's exciting and new!

Store Hours: Mon.-Sat. 10am to 5pm
Donations: Please Call

132 Rt. 12 S., N. Swanzey • 603-357-2207

DRONE Photography

Real Estate • Aerial Mapping
Video & More

Part 107 Licensed & Insured

603-608-3487 • gabeshakourfilms.com

Adams AFFORDABLE FURNITURE

Clean, Used Home Furnishings & Decorating Accessories

Pick Up and Delivery Services Available

125 Old Homestead Hwy. Swanzey, NH

Hours: Friday, Saturday and Sunday • 10-4

357-1926

Wishing you a safe and happy holiday season!

603-363-8197
www.wilcoxreeservice.com
HAZARDOUS TREE REMOVAL
FREE ESTIMATES • FULLY INSURED
24-HOUR EMERGENCY SERVICES

Wilcox Crane Service, LLC
603-903-8624

All-Season MONADSOCKS

Designed here in the Monadnock Region

Antibacterial fiber with seamless toe, compression arch and Y-heel construction

Superior moisture-regulating Merino wool!

TED'S SHOE & SPORT

115 MAIN ST., KEENE
603-357-TEDS (8337) • TEDSPORTS.COM

VOTED #1 SHOE STORE

Rockin' Around the Christmas Tree

Drums • Guitars • Keyboards • Strings
Brass • Percussion & Accessories For All

ROUSSEAU'S MUSIC STORE & LESSON STUDIOS

SALES • LESSONS • RENTALS • REPAIRS
124 Main Street • Jaffrey • 532-4311

GIFT CERTIFICATES AVAILABLE

ADVENTURE BUS TRIPS ARE BACK!!

Casinos 12/30, 1/12 & 1/13 • \$49
Bright Nights 12/14 & 12/22 • \$55
New York City 12/28 & 1/20 • \$79
Boston 12/17 & 1/3 • \$55

See ADV.LIMO.COM FOR MORE!!
Call or Text 603-357-2933

Cota & Cota

FAMILY OWNED & OPERATED SINCE 1941

PROPANE GAS • PLUMBING
HEATING OIL • GENERATORS
24/7 QUALITY SERVICE

455 WINCHESTER ST, KEENE NH
603-357-0000
WWW.COTA.OIL.COM

LIBERTY LAUNDRY & DRY CLEANING

Self-serve Laundromat
Pick-up & delivery
Wash, dry, fold dry cleaning

GOLD Best of Monadnock 2023 Readers' Choice Awards LAUNDROMAT
SILVER Best of Monadnock 2023 Readers' Choice Awards DRY CLEANER

The Monadnock Region's Favorite Place to Do Laundry!

603-924-6020 • Peterborough Shopping Plaza
19 Wilton Road, Peterborough, NH
www.LibertyLaundryNH.com

Daniels MOVING SPECIALISTS
When Your Move Counts, Count on Us!

Your local independent mover since 1936. Whether it's across town or across the country, we do it all with our own drivers and equipment.

1.800.NEXTMOVE

Maple Hill Nursery & GREENHOUSES

EST. 1984

**Christmas Trees
Wreaths, Roping, Greens,
Christmas Cactus,
Kissing Balls &
Decorations**

Open Daily Through Christmas at Two Locations:
Rt. 10 S, 197 W. Swanzey Rd., Swanzey
(1 mile south of Market Basket)
and Rt. 12 S (next to Papagallos)

OPEN 7 DAYS • 603.357.2555 • www.maplehillnursery.com

GUITAR LESSONS
 Lessons online via Zoom, Skype
 & other platforms
 All ages welcome • Gift Certificates
 Ukulele & Harmonica Lessons Offered
 Tad Dreis • Keene, NH
 603.762.9378 • www.taddreis.com

**BEDS PLUS
 FREE
 BEDMATCH
 MATTRESS TEST**
 Peterborough • 603-371-0202

Just A Brief Unplugging During The Holidays

With less than two weeks away from Christmas, we can consider ourselves right in the thick of the most stressful time of the year. More responsibilities with less time and higher expectations all contribute to holiday stress. How do we cope? Just a brief (daily) unplugging during the holidays should do it.

Obviously, when you hear the word “unplugging” you think of technology. Today, it seems like every aspect of our lives involves technology. At work, we use computers, telephones, and other electronic devices. We go home and sure enough, we deal with technology there. Instead, disconnect from technology altogether once a day – start with 30 minutes and work up from there. Instead, embrace an analog lifestyle – one with less technology that is focused on activities with your hands and using your thinking skills. Read a book or magazine, build or bake something, play an instrument... whatever is technology-free as an alternative.

Work and family responsibilities during the holidays can overshadow your joy. Take some time each day to do an activity you really enjoy. Not only will it give you a chance to unwind, but you’ll also find joy in that hobby that has been sitting idle to the side, or the excitement you’ll get from learning a new hobby.

Take a mid-day nap or go to bed earlier than usual. We have so much on our minds that we tend to forget to care for ourselves. We are probably eating a lot of sweets and foods that aren’t the best for us, and maybe not getting the exercise to make up for those extra calories. We are more than likely feeling a bit rundown from running around in preparation for holiday events. Tired, rundown, eating the wrong food... these can all add up to getting sick. So, take that 20-minute nap or go to bed 30 minutes earlier than usual. Your body will love you for it!

Just breathe. Sounds easy enough, but sometimes we need to focus on our breathing to reduce our stress. Inhale deeply through your nose to the point where you can’t inhale anymore, then hold it for a few seconds, and then quickly let it out through your mouth. I was doing this the other night, and my husband asked me if I was okay. I told him I was just getting rid of the day (smile).

If I’ve ever felt controlled by something it would be the hands of the clock. During the holidays, rebel

against time. Eat later if you’d like to. Stay up to watch that movie you enjoyed during the holidays as a child. After all, it’s your break from everything; manage your free time freely!



Leave days open. Not every weekend day through the holiday must be jam-packed full. Instead, leave the day open to spontaneity. Go with the flow and see where the day takes you.

My favorite thing to do in the morning over coffee is to either listen to some good stand-up comedy or watch animal videos. This helps me go into my day refreshed and smiling. Nothing like a good laugh to start the day!

Family time. How quickly we forget what the holidays are for: our loved ones. Incorporate some downtime each day to play a game, watch a holiday show together, or read a Christmas book. I have fond memories of reading Charles Dickens’ *A Christmas Carol* with my father each year. He had a voice for each of the visiting spirits. Start a tradition of doing something as a family over the holidays.

Your mind needs a rest. It’s okay to stare off into space and daydream. We all need a break from stimulation. Allow yourself to lay on your bed or the couch and space out.

Your body appreciates a rest as well. Soak in a hot bath or jacuzzi and let your muscles relax. Even a foot bath works wonders! Whatever it takes for your body to get back into balance.

Get outside. Go for a walk, do gentle stretches, and get out in nature... fresh air does wonders for your health and stress levels.

Briefly unplugging during the holidays will help make this time of year a healthy one for your mind and body. Merry Christmas!

Lori Catozzi Cook is the assistant editor and a feature writer for The Monadnock Shopper News.

Adams
AFFORDABLE
 KEENE, NH
MOVING
 Your Hometown
 Movers
 Low Rates & Senior
 Citizen Discounts
 FREE QUOTES
 Residential &
 Commercial

**We Now Offer
 Entire Home
 Cleanout Services**
 Locally Owned &
 Owner-Operated For
 Over 25 Years
 References
 Proudly Supplied
357-1926

**Birthday
 Coming Up?
 Kids can win
 FREE cake!**
 ShopperNews.com/Community

SURVEYING & ENGINEERING
 Lot Lines • FEMA-Elevation Certs • Subdivisions • Site Plans
 Plus Septic Designs, Wetlands & Soil Mapping,
 Local, State & Federal Permitting and More!
FIELDSTONE
 LAND CONSULTANTS, PLLC
 Surveying • Engineering • Environmental
 603-672-5456
 FieldstoneLandConsultants.com

ROOFING
 Exterior Carpentry Installs & Repairs
Elevated Home Services
603-852-4872
 Free Estimates Fully Insured

**Sam’s Brattleboro Store
 is closing**

**FURTHER
 DISCOUNTS!**

Now in Progress

**Sam’s Brattleboro
 store Liquidation Sale**

25% off Storewide
 regular priced merchandise

Save an **ADDITIONAL 10% off***
Clearance Merchandise
 Reduced 25% to 50% from original price.

*Discount applies to yellow tagged merchandise only. Additional 10% taken off the price marked on yellow clearance tags.

Brattleboro Store Only
 All of the great brands Sam’s is known for.
 In stock merchandise only. All sales final. No returns. No exchanges.
 Exceptions: Licenses, Gift cards,
 Services: Skate Sharpening, Gun Transfers etc...
 Sale ends April 2024.

OPEN SEVEN DAYS
 SUN 10-5
 MON-SAT 9:30-6

**Sam’s
 OUTDOOR
 OUTFITTERS**

74 MAIN ST. BRATTLEBORO, VT • 802-254-2933 • www.samsoutfitters.com

MYSTERY PHOTO

from THE HISTORICAL SOCIETY OF CHESHIRE COUNTY

The first person to answer the question correctly at 9:30 a.m. or after on Friday will receive a certificate for \$25 to The Pub. Call The Monadnock Shopper News, West Street in Keene, at 603-352-5296. You may win only one contest every three months. Only one call per person per week. No walk-ins, please.

(Prepared by the Historical Society of Cheshire County)



In what Cheshire County village was this photo taken?



The winner of last week's mystery photo contest was Sue O'Neil of Keene. The 1930s photo shows the Spencer Hardware Store fire sale taking place on Church Street.

American Red Cross Blood Drive In Marlborough

The Federated Church of Marlborough will host an American Red Cross blood drive on Monday, December 18th from 10 a.m. to 2:30 p.m. at the

Community House at 160 Main Street. Donors can register at www.red-crossblood.org or call 800-733-2767.

Christmas Eve Candlelight Service

A Christmas Eve Candlelight Service will be held at the Rindge Advent Lutheran Church on Sunday, December

24th at 6 p.m. The church is located on Route 202.

Coffee House & Open Mic This Saturday

On the third Saturday of each month, the DubHub at 1123 Main Street in Dublin will host a combined Coffee House & Open Mic from 7 to 10 p.m. A coffee sponsor provides the java, and sweet and savory snacks are available. Attendees are also welcome to BYOB. A featured performance takes place for about 45 to 60 minutes, with open mic slots available prior.

This month features the energetic duo Eve Pierce and Gordon Peery with material ranging from Ella Fitzgerald and Harold Arlen, to Brandi Carlisle

and Taylor Swift, as well as several originals from Pierce.

Pierce, known for her amazing vocals, plays the ukulele, baritone uke, guitar, and the kazoo.

Peery accompanies Pierce on keyboard, with a variety of vocals, guitar, and harmonica.

A suggested donation starting at \$5 or more can be given at the door to help offset costs, and a hat will be passed during the performance for contributions to the featured performers.

Puzzle Face: The New Innovation In Jigsaws

There's nothing quite as relaxing as a good jigsaw puzzle. The history books tell us that puzzles got their start in 18th century England, when map engraver

then reassemble them to form an entirely different picture. That was the idea behind Puzzle Face, the award winning and truly one-of-a-kind puzzle kit.

How does it work? First, you take a photo with your phone, upload it to your image library using the mobile Puzzle Face Image Key app (QR code included). The puzzle designers then send you a schematic, or "map," that you assemble, image side down, using the color-coded/numbered puzzle pieces. When you're done, flip it over and... voilà... there's your picture! Snap another picture and start over again; the possibilities are endless as are the hours of fun for the entire family.

Steve Levy is the owner of Toy City, located at 133 Key Road in Keene. For more details about this topic, he can be reached at 603-352-3131, or by email at toycity133@gmail.com.

Kid's Corner

with Steve Levy



John Spilsbury created what was called a "dissected puzzle," which he gave to local school children to help them learn geography. It was an immediate success and would soon become popular with adults as well.

From those early wooden versions came today's paperboard designs. And now, using the wonders of modern technology, that standard has been transformed yet again. Imagine a puzzle that allows you to assemble the pieces,

CUSTOM WINDOW TREATMENTS
Timeless Style
Lasting Quality
Exceptional Value

MONADNOCK SHUTTER & SHADE
603.352.0511
MONADNOCKSHUTTERANDSHADE.COM

Inspired Work, Fulfilling Progress, Beautiful Music
Welcoming adult piano learners to 1:1 lessons and a supportive musical community.
Book your free trial lesson by Dec. 31st. Space is limited.

Stephanie Castor
ACasaPianoStudio.com
603-620-2659 • acasapianostudio@gmail.com

RUETER FOUNDATION REPAIR
WE STOP LEAKS! WE STABILIZE WALLS!

LEAKY WALLS • BULKHEADS SEPTIC, SEWER & WELL LINES
Free Estimates • Lifetime Guarantee
BECAUSE SHIFT HAPPENS!
603.263.3691 • www.RueterFoundationRepair.com

HOLIDAY DECORATING STARTS HERE!

TREES
WREATHS
GARLAND
POINSETTIAS
KISSING BALLS

Allen Bros
Rt. 5, Westminster, VT
Exit 5, I-91 (20 min. from Keene)
Hours: Mon-Sat 6am-8pm, Sun. 7am-8pm
allenbrothersfarms.com (802) 722-3395

CASH PAID

For gold & silver jewelry, coins, watches, sterling silver items, stamp collections, military medals, objects of value.

Greg Walsh
603-903-3069 call or text
"MAKING HOUSE CALLS SINCE 1979"

JAFFREY APPLIANCE REPAIR
(603) 831-2658
jaffregappliance.com
Friendly Service, Quick Turnaround, Calls Returned Promptly!

Dr. Martens

Legendary Comfort & Durability

BOOTLEGGERS
FOOTWEAR CENTERS
425 West St., Keene • 603-352-5201

THE COOLEST NEW TOYS ARE HERE!

BITZEE!
The interactive digital toy pet. 15 toy pets in one pod. Encourages nurturing play for ages 5+.

ORIGAMI
3-dimensional folding fun! Create the most beautiful 3D paper sculptures you've ever seen!

Carrera GO!!!
Build n' Race electric-powered slot car racetrack set. Fast head-to-head racing action for 1-2 players. Designed for ages 6+.

PUZZLE FACE
300 pcs. Billions of possibilities!
ASK STEVE FOR A DEMONSTRATION!

TOY CITY
133 Key Rd. • Next to Keene Cinemas • Keene, NH • (603) 352-3131

C.M. MINKLER OFFERING
SEAL COATING RESIDENTIAL & COMMERCIAL SEAL COATING

"Think Mink"

- Paving
- Line Striping
- Excavating & Dirt Work
- Driveways
- Rumble Strips
- Trucking
- Hard Pack
- Cold Patch
- Patch Work
- Drainage
- Oil & Stone
- Site Work
- Seal Coating
- Asphalt Removal

FREE ESTIMATES
603-414-7997

Veteran Owned ■ Fully Insured ■ Serving VT, NH, MA

THE CHIMNEY SPECIALISTS, INC.
Chimney Sweeping • Construction • Relining
Repairs • Installations • Inspections • Waterproofing
Serving the Monadnock Region for over 40 Years
(603) 357-4159 • www.chimneynh.com • info@chimneynh.com

BAGSTER AUTO
Auto Mechanics • Rust Repair
Bodywork • Auto Restoration
Oil Undercoating • State Inspections
Just 10 minutes south of Keene on Route 10!
577 Keene Rd., Winchester • bagsterautollc@gmail.com
603-392-0213

MORE Than a Thrift Store
Where Your Donations Make a Difference
All net proceeds benefit local non-profits
Donations accepted Thursday through Sunday
19 RALSTON ST., KEENE
Wed/Thurs 10-4 • Fri 10-6 • Sat 9-5 • Sun 12-4
603.355.1890

STONES' Septic Service
DON'T LAUGH, EVERYBODY POOPS!
GOLD Best of Monadnock 2022 Readers' Choice Awards
COMPLETE MAINTENANCE SERVICE TO MEET YOUR SEPTIC NEEDS.
Brian Stone (603) 354-3391
30 MILE RADIUS FROM KEENE
brian@stonesseptic.com
WE STRIVE TO BE #1 IN THE #2 BUSINESS!

Finding Solace In Our Landscapes

As we approach the coming solstice, the shortest day of the year, I am struck by the nearly seamless shift that happens in my life. This shift is about coping with everyday stressors. This year the coping feels particularly poignant.

For the majority of my life, I've enjoyed an annual boost to my health and well-being from gardening activities during the spring, summer, and fall seasons. For decades, I feel that I have benefitted from digging in the soil, being in the sunshine, and working with my hands. Science now supports these instincts. Studies tell us how "soil contains the bacteria Mycobacterium vaccae that is absorbed through the skin of the fingers and palms when gardening, triggering a release of serotonin in the brain, a natural antidepressant and mood lifter." How, "... allowing skin to have exposure to the sun during gardening accelerate(s) the process of vitamin D synthesis for bone health, heart health, and mood. Lastly, we're beginning to understand the importance of working with our hands." Susan Biali Haas, M.D. in her new book, *Lifting Depression: A Neuroscientist's Hands-On Approach to Activating Your Brain's Healing Power*, says: "Using our hands may actually be key to maintaining a healthy mood..."

There we go; no wonder gardening as a hobby boomed during COVID. This trend has not faded with the incidences of the COVID virus. In fact, "a recent report by *Bigger Garden* has shown that gardening has become one of the most popular hobbies in America, with 55% of American households actively gardening."

So, what happens when the gardening season has ended and winter begins? I shift to what is now being called "forest bathing."

"Originally known as shinrin-yoku, (forest bathing) was coined in Japan in the 1980s as a preventive healthcare practice to combat stress, insomnia, depression and more...(it's) a way to slow down and connect with each of your senses."

But to me, this is just a fancy way of describing a quiet walk in our woods, by our streams, and through our forests. This means that for a period of time, I am not part of social media; I have minimal conversations; I watch

and listen with intention, often with my dog. I use my camera to bring the images I'm seeing back into my home for later enjoyment. Often I share these images of our ferns and moss, the forest and/or a clip of our amazing river or streams with others who are not as lucky to live close to such natural amenities. Here, in our lovely Monadnock Region, these places exist outside of my veterinarian's office just as they exist in a conserved park, a seven-minute walk from my home, or the cemetery at the end of my street. When the weather discourages being outside, we now know that even window views into a forest setting improves mood and wellbeing. These experiences are an integral and important part of my daily life. Maybe you've experienced the same?

Woods and Gardens
with Michele Chalice



Hence my own slow re-creation and regeneration of a forested garden for my home landscape. I have a feeling I'm going to need all of the physical and mental health benefits as frequent as possible in the future. Why not make it possible to transform my gardening into my own tiny forest for a true, year-round sanctuary of comfort, health, and as much peace as possible? This winter, I wish you many walks in the woods; and may your own garden next year gain more of the moss, ferns, trees, and water that soothe our souls.

Soil & the Happy Hormone: <https://bit.ly/3NdAMN0>
Sunshine & Vitamin D: <https://bit.ly/46ZLyQ>
Gardening as a Hobby: <https://prn.to/3R8gANQ>
Forest Bathing: <https://bit.ly/3t0YghF>
Hospital Gardens: <https://www.scientificamerican.com/article/nature-that-nurtures/>

Michele Chalice is a former licensed Landscape Architect and owner of *Healthy Home Habitats (HHH)*. Watch for HHH's public programs and workshops in the Monadnock Region. Hire HHH to create a home landscape of more color, more native plants, less turf grass, and more joy. Like and follow HHH on FB and IG for more ecologically-restorative, home landscape stewardship tips. 603-313-9153, hhabitats@gmail.com

Create An Opportunity: Invest In The Community

MUW, Continued from page 1

opportunities for individuals and families to enjoy the benefits of housing stability – employment, education, mental and physical health, and a future – that goes along with that. GivingTuesday puts MUW within striking distance of its Imagine What We Can Do Together goal of \$1,518,000. To help create opportunities for those in the community, visit <https://www.muw.org>.

We can create opportunities for a brighter future for everyone in our community!

Because of your generous support, MUW is addressing crucial issues like the housing crisis, food insecurity, and ensuring children have access to quality childcare.

Create An Opportunity. Give Today! muw.org

THE ARLINGTON INN & TAVERN
CHRISTMAS TAKEOUT MENU

MEAT	SIDES	PIE
(Choose One) Turkey Ham	(Choose three) Mashed potatoes with gravy Mashed sweet potatoes Mac 'n Cheese Carrots & parsnips medley Garlic green beans	(Choose One Slice) Apple Chocolate Extra slice \$4 Whole pie \$15

\$22 per meal, \$39 for two
Vegetarian lasagna available in place of meat
Single serving packages ready to warm
All meals are served with rolls
Orders due by 12/21 at 3pm • 15% tax not incl.

15% of sales will be donated to a local non-profit organization

HOW TO RESERVE YOUR MEAL
Call 603-239-4728 to order or Email thearlingtoninn@outlook.com with name, phone number and your choices
Pickup time: 12/24, 3-6pm
Delivery available in Winchester or Ashuelot
If there is anyone in need, please reach out and we will do what we can to help!

Horse Sense

Our four work horses have had a tumultuous season. When three out of four couldn't work, from age or injury, we borrowed a horse from our farrier. Introducing a new horse to a herd is always a tricky business.

We started with the new mare, Button, and our horse, Clyde, as they would be the working team for a while. They got along nicely. Meanwhile Molly, Moon, and Ben were in our neighbors' pasture, where they always spend part of the grazing season. When Molly recovered from her lameness, we brought the three back home.

It was a beautiful sight: five big draft horses, one black, one red, two gold, and one cream, all galloping around on the green green grass. Great! we said, until the next morning, when Moon got out, all by himself, and went back to the neighbors'.

We fetched Moon home, thinking he had just gotten tangled up somehow. But it turned out that Moon was sore afraid of Clyde, because Clyde had decided that with two mares around, it was time to be a serious boss hoss, and he chased Moon and Ben away aggressively.

Ben is all right with some distance, but Moon grew up with Molly, and he wants to be next to her at all times. Clyde would no longer tolerate this. Thus we had a new configuration: the main herd (of three), and a new bachelor herd (of two), just like in the wild. Okay, we thought, that's fine.

brought Moon and Ben back into the fold, thinking there would be no problem. Ha!

Clyde still chased Moon and Ben away, a long way away. The two pairs of horses had lots of room in our big pasture, but we were beginning to wonder what we would do when it was time to bring them all into the smaller winter paddock.

By November, trying to hold off on the paddock, we were setting out hay in the pasture. But when the snow came, Molly and Clyde walked past the hay, and went on a jaunt to the neighbors'.

"For crying out loud," we groaned. All right, now Molly and Clyde could stay at the neighbors'. But in 15 minutes, they had gotten out of the neighbors' pasture and come home again. This was also the day before Thanksgiving, and we had planned to visit family. These horses were not helping. We ended up taking all four of them back to the neighbors' pasture, along with two mangers of hay.

Happily, everything went fine while we were away. When we got home, we wanted to bring our horses home too, where all the hay and water was. So we split our winter paddock, with a classy arrangement of metal gates and a wooden pallet, because the gates weren't quite long enough.

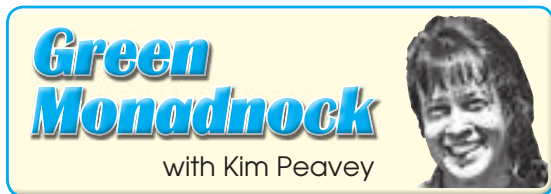
We fed the two horse pairs at opposite ends of the paddock. Gradually, we planned, over some weeks, we would bring them closer and closer together, and maybe they would all remember how to get along.

But the funny thing was, all four horses already remembered. On day two, they were calmly eating near each other, next to the gate divider. By day four, we opened up the gates. By day six, we took the gates down entirely.

"What's the big deal?" the horses seemed to say. "This is how we always spend the winter."

Huh. Well. We humans might have saved ourselves some trouble, if we had a little more horse sense.

Kim Peavey farms and writes from southwestern New Hampshire. She and her family, as well as two teams of draft horses, grow vegetables biodynamically for 100 local families through a CSA garden. See www.hillsidespringsfarm.com for more information on the horse- and hand-powered farm, CSA garden, or Kim's writing.



The next escape was an hour later: Moon and Ben got out and went to the neighbors'. We gave up, and left them there, thinking these horses had a lot more time to get out than we had to get them back in. Occasionally there was some neighing back and forth, but for the most part all was calm.

After nearly two months, when we finally had our hay and garden work done, we took Button home. We

A Casa Piano Studio Offers Lessons For Adults



Stephanie Castor created A Casa Piano Studio to encourage adult students to enjoy playing the piano as they improve their skills.

There's a piano studio for adults who would like to learn to play the piano or improve their skills. A Casa Piano Studio offers lessons for adults with a unique program set up by instructor Stephanie Castor.

The studio's program is set up as a membership with a flat monthly fee that includes three lessons and one group workshop per month. Individual lessons include one-to-one instruction and coaching in technique, repertoire study, theory, and musicianship from beginner to late intermediate levels. Castor works closely with each student to determine lesson content based on the student's goals, interests, and lifestyle. Group workshops are a chance for students to play for each other, play duets, and share their journeys.

Castor earned a Bachelor of Music in piano performance from Keene State College and is a member of the music faculty there. She has been teaching in the Keene area for more than 13 years and opened A Casa Piano Studio in the hopes that people would gain the skills and confidence to make and share music in their homes.

For more details, contact Castor at acasapianostudio@gmail.com or 603-620-2659, or visit www.ACasaPianoStudio.com.

Mayor Hansel Proclaims DAR National Family Literacy Day In Keene

Daughters of the American Revolution State Regent Kay Sternenberg and State Librarian Nancy Howard met with Keene Mayor George Hansel to receive a proclamation declaring November 1st as National Family Literacy Day in Keene. This proclamation underscores the importance of literacy, celebrates the joy of reading, encourages residents to promote literacy by reading together as a family, and to extend deep appreciation to our local librarians, educators, and literacy service providers for their tireless efforts to strengthen the literacy of children and the community.

The National Society of the Daughters of the American Revolution is a non-profit, non-political volunteer women's service organization dedicated to promoting patriotism, preserving American history, and securing America's future through better education for children and adults.

Keene Mayor George Hansel with Daughters of the American Revolution State Regent Kay Sternenberg (right) and State Librarian Nancy Howard (center) at National Family Literacy Day.



A Trusted Partner for All Your Renewable Energy Needs

Solar, Home Heating and Cooling
Federal Tax Credits Available

37 Roxbury St. Keene, NH 603-358-3444
GreenEnergyOptions.com

Offering Gentle and Positive Children's Dentistry for a Lifetime of Healthy Smiles!

"Merry Christmas & Happy New Year!"

Children's Dental Care Always Accepting New Patients! Dr. Blake Wullbrandt, DDS

We work with all insurances, including NH, VT & MA state insurance!

113 Railroad St. Keene, NH
603-357-6385 • www.drwully.com

KEENE MONUMENT COMPANY

"We make memories last"

We are the leader in stone products and specialty lettering. Visit the area's largest display of monuments and memorials.

ROCK OF AGES

Bronze Plaques, Granite Mailbox Posts, Steps, Benches & More!
555 Main St. • Keene • 603-352-7221 • Fax 352-0309
Local Family Owned • www.keenemonument.com

Own a Masterpiece

Stoneman CUSTOM JEWELERS
Over 70 Years Combined Experience

Free Ring Cleaning, Free Estimates • 82 Washington St., Keene
603-352-0811 • stonemancustomjewelers.com

VOTED #1 GOLD Best of Monadnock 2023 Readers' Choice Awards JEWELRY

STOCK WATCH

Listings At Close of Market December 8, 2023 • Courtesy of RBC Wealth Management
Dow Jones Closed 36,247.87 2.37 • Prime Rate 8.50% +0.00

	Close	Week's Change		Close	Week's Change
Honeywell (Allied Signal)	194.61	-3.17	Danaher Corp. (Kollmorgen)	217.49	-5.99
Becton Dickinson (C.R. Bard)	232.30	-5.95	Merck (Hubbard Farms)	103.75	0.29
Toronto Dominion Bank (TD Bank)	59.62	-1.08	Deluxe (NEBS)	18.43	-0.38
PC Connection	65.21	5.31	Teleflex (Jaffrey)	231.08	7.16
Bank Of America (Fleet)	30.96	0.00	Timken (MPB Corp.)	74.21	-0.45
Corning Inc.	29.11	0.27	M&T Bank Corp. (People's United)	132.65	-0.06
Ametek, Inc. (Precitech)	157.16	0.11	Dover Corp. (Markem)	143.62	0.41

PRECIOUS METALS		COMMODITIES			
	Close	Week's Change		Close	Week's Change
Silver (\$ per ounce)	24.13	-1.77	Wheat (cents per bushel)	632.25	30.50
Gold (\$ per ounce)	2019.40	-72.30	Corn (cents per bushel)	486.75	2.75
Platinum (\$ per ounce)	912.30	-28.70	Soybeans (cents per bushel)	1,306.25	-17.50
			Cattle (cents per pound)	162.48	-6.52
			Crude (\$ per barrel)	71.33	-3.05

RBC Wealth Management, a division of RBC Capital Markets, LLC, Member NYSE/FINRA/SIPC
Investment and insurance products offered through RBC Wealth Management are not insured by the FDIC or any other federal government agency, are not deposits or other obligations of, or guaranteed by, a bank or any bank affiliate, and are subject to investment risks, including possible loss of the principal amount invested.

New Hampshire Newspaper Publisher Convicted

By Damien Fisher

Community newspaper publisher Debra Paul faces jail time after being convicted on five class A misdemeanor counts that she used the wrong disclaimer language on political advertising.

Paul, 64, was found guilty Thursday in a verdict issued by Derry District Court Judge Kerry Steckowych. The case was tried last month in a bench trial. Steckowych found Paul guilty on five of the six counts by the state.

Paul is now due back in court on December 20 for a sentencing hearing.

According to prosecutors, Paul repeatedly broke the law when publishing ads for local political candidates and warrant articles in the *Londonderry Times* and the *Nutfield News*. The *Nutfield News* has since ceased publication.

Tony Naro, Paul's attorney, said during the trial that his client never meant to break the law, and she made repeated efforts to follow the instructions she got from the New Hampshire Attorney General's Office.

"Her intent is abundantly clear. Her intent was to comply with the law," Naro said in his closing argument.

Paul's failure to follow the law completely is due to her faulty understanding, and not an attempt to subvert democracy, Naro said.

But Assistant Attorney General Matthew Conley

argued at trial that ignorance of the law is no excuse, especially when Paul can't exactly claim ignorance.

Paul's political ads were the subject of multiple reports to the New Hampshire Attorney General's Office for years. She got warning letters in 2019 and 2021 about the way she was publishing ads, and the 2021 letter informed her that if she broke the law again she could face prosecution.

According to testimony, Paul struggled to handle the ads in early 2022. Paul operated the two newspapers with one employee, her husband Chris Paul. The mistakes she made during the runup to the 2022 municipal elections were not intentional, Naro said.

Every advertisement used by the prosecution to bring the charges is clearly a political ad for school board candidates, town council candidates, and warrant articles, according to Naro. Paul's crime is that she did not make sure to have the words "paid political advertisement" in each ad that she printed. Many of the ads are labeled as being a "paid advertisement," or an "advertisement."

Each charge against Paul carries up to a year in jail and a maximum \$2,000 fine.


Cheshire County Conservation District Launches Conservation Opportunity Fund

The Cheshire County Conservation District (CCCD) announced its 2024 round of the Conservation Opportunity Fund. This grant provides up to \$1500 for wildlife habitat improvement projects in Cheshire County.

CCCD seeks proposals from landowners/stewards of small tracts of land 25 acres or fewer who are interested in making a meaningful long-term impact on wildlife habitat and biodiversity. Eligible applicants include individuals, businesses, farmers, and/or forestland owners.


Past funded projects include the installation of native pollinator habitat, rain gardens, vegetated buffers along surface waters, early successional habitat creation/maintenance, forest management for wildlife, and conversion of lawns or fields to native plant landscapes. Other projects which benefit native wildlife habitat may be considered.

Grant information, 2024 application, project resources, and more can be found at www.cheshire-conservation.org/cof.




Your Choice wills & trusts elder law

Estate Planning and Elder Law Attorneys



Nathan G. Chaffee Sarah C. Frankel



129 West Street • Keene
603.352.7310 • www.wardlegalgroup.com



NOW OFFERING PROPANE



FULL-OPERATION • FULL SERVICE
For Stoves, HW heaters, Fireplaces, add-ons

Competitive pricing • Licensed Propane Technicians
FREE ESTIMATES

Safe service with our professionals • 24-hr Watchdog Service since 1926
559 Main Street, Keene • 603-352-1306 • davisoilkeene.com

SWITCH NOW AND SAVE!

WITH AMAZING TRADE-IN DEALS!



HANNAFORD PLAZA • KEENE, NH
603-357-7700
www.WirelessZone.com/Keene
Mon.-Fri. 9-7, Sat. 9-6, Sun. 11-4




Have questions? We can help. No appointment needed!


WOOLWAX®
STOPS RUST!

The most trusted name in vehicle undercoating protection!

Available At:
Alternative Detailing Solutions
257 Rt 10, Gilsum • (603) 358-3300




> edwardjones.com | Member SIPC



You're retired. Your money isn't.

Call me today and we can help walk you through your retirement account options.



David P Therrien, AAMS™
Financial Advisor
37 Central Square
Keene, NH 03431
603-357-3131

IRT-4395H-A

WEBSITE DESIGN
Building Websites Since 1995

We offer a wide range of website design services which includes:

Wordpress Website Design
Content Management
Hosting, Domains & Email
Search Engine Optimization
Fair Competitive Pricing

603-357-0643
KeeneWebWorks.com



Variety of rolloff dumpster sizes
Clean-out services

No job is too big or too small — from a single item to an entire building.

FREE ESTIMATES • FULLY INSURED
603-352-5981
www.danasrolloffdumpsters.com



Joseph D. Durell, CFP®, MBA
First Vice President – Branch Director
Portfolio Manager – Portfolio Focus
70 Main St., Suite 300 | Peterborough, NH 03458
(603) 924-4836 | joseph.durell@rbc.com
www.joedurell.com



A division of RBC Capital Markets, LLC,
Member NYSE/FINRA/SIPC. 21-PE-00265 (02/21)

HANDYMAN



Call Keene Handyman!
Repairs or Remodels
603-852-6891
KeeneHandyman.com

Last Minute Gifts

Give the gift of comfort and support this season – a soft robe or just the right bra. When in doubt, a gift card always fits!

La Peche Lingerie

We have everything you need for your furry friends, both large and small. Come see us in Keene or Winchendon.

Horse & Buggy Feed

Step inside this quaint little shop filled with handcrafted items from near and far distinctive items you probably won't find anywhere else.

Joseph's Coat

Mugs, candles, jigsaw puzzles and games, toys, and beautiful paper and bows to wrap them in – all can be found here and more.

Steele's Stationers

Come find chocolates, shortbread, figgy and fruit puddings, Turkish delight, liquor-filled chocolates, and other holiday goodies from around the world.

Keene International Market

SEWING MACHINES

Quality & Reliability from:
Janome & Elna



The perfect gift for the Quilter or Seamstress on your holiday list!

GIFT CARDS AVAILABLE!

Yarns & Knitting • Blinds & Shades • Quilting
Window Treatments • Outdoor Fabric • Upholstery
Sewing Notions • Home Decorating • Foam Rubber



Locally owned and operated since 1934.

55 Rolleston St., Keene NH 603/352-8683

Like Us On Facebook



"There's a gift they'll open every day!"

Washers • Dryers • Refrigerators • Ranges
Dishwashers • Microwaves • Grills and More!



Local. Family Owned.

603-899-9999

497 US-202 #1 • Rindge, NH

THE TOADSTOOL BOOKSHOPS

WHAT GIFT OFFERS:

Hours of entertainment?
Transport to other worlds?
Unhindered education?

All from the safety and comfort of home?

A BOOK, OF COURSE!

We've got thousands to choose from!

For quick service and pick up in-store or curbside, give us a call in advance, or order online at

TOADBOOKS.COM

KEENE

603-352-8815 • Corner of Main & Emerald St.

Mon-Sat: 9-9, Sun: 10-6

PETERBOROUGH

603-924-3543 • 12 Depot Square

Mon-Fri: 10-6, Sat: 10-5, Sun: 10-4



Crescendo Acres Farm

BUY LOCAL!

LOTS OF ALPACA SOCKS & CLOTHING FOR MEN AND WOMEN

Scarves • Shawls

Hats & Mittens • Jackets

Sweaters • Vests

Stuffed Animals • Gift Baskets

Holiday Craft Items & More

SHIPPING AVAILABLE



Our Own Bourbon Flavored Maple Syrup • Mustards
Honey Products • Byers' Choice

Fresh Cut or Ground Own CHRISTMAS TREES & UP
SOLD OUT!
Trees start Nov 24th

Open 7 Days 11-5 until Christmas

21 Carpenter Rd., Surry, NH

5.9 mi. north on 12A from Court St./Maple Ave. Roundabout

603.352.9380

www.crescendoacres.com

10-20% off
all Accessories
Ends December 24th!

RESERVED FOR THE DOG
RESERVED FOR THE CAT

SHEET SETS!



Andy's
OF KEENE

OPEN 7 DAYS!

93 Park Avenue, Keene

603-352-4334

www.andysoak.com

*Excludes Furniture, Mattresses, Rugs & Sheds.

Give deliciously this holiday season

We are all stocked up with gift boxes!





Grove Village Shops
43 Grove St. • Peterborough
603-784-5175



Six Mile Square
114 Rte. 101A • Amherst, NH
603-589-9954

For more information, visit www.monadnockoilandvinegar.com

GIVE THE GIFT OF LIFE



Blood Drive
Mon., Dec. 18th
10:00am–2:30pm

Community House
160 Main Street, Marlborough
Register online. It's easy. redcrossblood.org

A Pub Gift Certificate is always a family favorite! Happy Holidays from all of us at The Pub. Enjoy a Holiday meals ready for pick up Christmas Eve.

Pub

Shop us for wonderful Leather apparel and unique stocking stuffers or if you can't decide, try a Gift Certificate! Wishing you a happy holiday from our family to yours from

Howard's Leather

Hot Water & Healthy Living

Spa Caddy
Spa Vacuum
Aromatherapy
Creative Lighting
& 50 much more!



- Healing
- Heart Health
- Relaxation
- Mental Health

Financing Available

Visit us on Facebook for the latest news!

CLEAR WATER
POOL AND SPA OF KEENE, INC.

233 Monadnock Highway
Swanzy • 603-357-5874
www.clearwaterpoolandspa.net

Great Gifts & Stocking Stuffers • Gift Certificates Available

Professional Bra Fitting, Sleepwear, Solutions



PJ Salvage
LIVE LIFE cozy

GIVE THEM THE MOON AND STARS



Joseph's Coat
Fair Trade world crafts & clothing

Freehand painted papier-mâché ornaments

32 Grove St., Peterborough • 603.924.6683
www.jocoat.com • Wed-Fri: 11-3; Sat: 10-4; Sun: 10-3
HOLIDAY HOURS: Dec. 16-23, 10-4; Dec. 24 & 31, 10-3

Restoring Eden
Community Wellness Center

626 Rt. 10, Gilsun, NH

Give the Gift of Health this Christmas. Gift Certificates 10% off
Also available online

Specials running all season. Stop in!
603-338-8797

Restoringeden4naturalhealth.com
Restoringeden4naturalhealth@gmail.com

Knitty Gritty Yarn Shop

Handmade Gifts
Variety of brands & fibers
Needles & Notions
Classes and Social Knitting

GIFT CARDS!
for the makers in your life

16 Depot St. Unit 20 • Peterborough, NH
924-2028 • www.knittygritty yarns.com

La Pêche LINGERIE

21 West Street, Keene
lapechelingerie.com
603-354-3137

A gift card always fits....

surell accessories

FACTORY OUTLET
with **WHOLESALE PRICES**

Holiday Gifts!

Sheepskin Products
Slippers • Gloves
Hats • Earmuffs
Headbands • Vests
Capes • Kids

198 Main Street
Rt. 12 • Troy, NH
Mon-Fri 9 AM-5 PM
Sat 10 AM-2 PM
603.242.7784

www.shopsurell.com

Shop Locally for The Finest Selection of Leather Apparel & Gifts



Moccasins
Coats • Jackets
Hats • Belts
Handbags
Gloves
Big & Tall Sizes
Western Boots
Motorcycle Apparel
Jewelry & Gifts

Extended Holiday Hours
FREE GIFT WRAPPING

Howard's Leather
Since 1952

There's Nothing Like Real Leather

1651 Rte. 9, Spofford, NH 03462
603-363-4325
howardsleathernh.com

Mon.-Sat. 9:30 am-5:30 pm; Sun. 11:30-5:30

AN OLD-FASHIONED GENERAL STORE

CHRISTMAS TREES
LOCAL, FRESH CUT \$45

2-Sided Foam Encased Mattress

Dining Room Furniture

Sofas, Recliners & Glide Rockers

Kinco GLOVES

Furniture • Bedding • Housewares
Tools • Work Apparel • Gifts

JJ & DISCOUNT

Jct. Glebe Rd., Rt. 9, Spofford, NH
603-363-9388
www.jjdiscountstore.com
Kevin, Debbie & Mark

Dickies

We Are Not Just A Shopping Experience, We Have Become A Family Tradition.

COCOPLUM APPLIANCES

LOCALLY OWNED AND OPERATED SINCE 1985

540 Main Street • Keene
603-355-8200
cocoaplumappliances.com

Brattleboro & Essex Junction, VT

Last Minute Gifts

Beautiful yarns, needles, and notions for the knitters and crocheters in your life. We have gift cards too!

Knitty Gritty Yarn Shop

Everyone appreciates a **GIFT CARD** from **The Pub**



The Pub
Restaurant and Caterers
131 Winchester St., Keene
352-3135
ThePubRestaurant.com

Any denomination, never expires!
THE PUB - Keene's Most Affordable Restaurant *Open at 7am*



keene International market
162 Emerald St., Keene
KeeneInternationalMarket.com

Holiday goodies & treats from abroad.
Gift Cards for your Foodie Friends!

\$5.00 OFF ALL ORDERS OVER \$50
Some terms & conditions may apply. Expires 12/31/2023.

Give deliciously! We are all stocked up with gift boxes for the holiday season.

Monadnock Oil & Vinegar

Holiday Gifts for All!



Games, Mugs, Decorative Items, Greeting Cards, Wrapping Paper, Party Ware, Stocking Stuffers

Steele's
40 Main St, Peterborough
Mon-Sat. 9-5 • 924-7203 • steelesstationers.com

Remember Your Furry & Feathered Friends!



BIRD SEED WREATHS & BELLS
HOLIDAY DOG & CAT TOYS
25% OFF
Gift Certificates!

HORSE & BUGGY FEEDS
Dunbar St., Keene • 603-352-0328 • M - F 8:30-5:30, Sat 8-5
Rt. 12 N, Winchendon • 978-297-2518 • M-F 10-6, Sat 8-5
horseandbuggyfeeds.com

Deck the Halls



And the Living Room! And the Kids' Room!
The Den and the Dining Room!
The Bedroom! And Don't Forget...
the Guest Room!

STEARN & FOSTER
COMFOTECO
Gold Bond
Beautyrest BLACK
TEMPUR-PEDIC

Twin Sets starting at \$359
Full Sets starting at \$499
Queen Sets starting at \$529
King Sets starting at \$839

Give the gift of a **Good Night's Sleep!**

mattress1st

Fenton Family DEALERSHIPS



Fenton Family Gift Certificates

Give More, Receive More This Holiday Season!

Give \$100 in Gift Certificates, Get \$25 for You!

Certificates can be used in Sales, Service, Parts or Rentals at any of the Fenton Family Dealerships: Toyota of Keene, Volvo Cars Keene, Honda of Keene, Hyundai of Keene or at Subaru of Keene. Gift certificates are not redeemable for cash.

ORDER YOURS TODAY!

For offer details, call Customer Support at 877-291-9702 or scan the QR code to visit our site!



Frazier & Son FURNITURE

(800) 494-3876
(603) 352-0337
www.frazierandsonfurniture.com

233 Old Homestead Hwy. (Rt. 32) Just south of the airport • Swanzey, NH Mon.-Fri. 10 to 6 • Sat. 10 to 5 • Sun. Closed

Greetings from Joe Perras, MD President and CEO of Cheshire Medical Center

In early August, I joined Cheshire Medical Center as President and CEO and introduced myself through a similar message. Over the past few months, I've enjoyed meeting many of you at community events and in your homes, and I have been delighted to experience the strong sense of community pride and support for Cheshire. It is also clear that the communities we serve rely on us to provide outstanding clinical care and to be a trusted partner and resource.

The Cheshire team's commitment to our mission – to lead our community to optimal health and wellness through clinical and service excellence, collaboration and compassion for every patient, every time – is the primary reason I came here. And I would go so far as to say it's more than a commitment; it's a passion. Our team is always here for you, and we are constantly striving to improve.

One way we are improving care is through our newly-opened family medicine clinic, Family & Community Care, in a beautifully renovated space at our West Campus on Maple Avenue. This clinic will improve access to primary care and integrated behavioral health services for patients of all ages. It will also serve as an educational site for future family physicians through our new Family Medicine Residency program, which will welcome its first six resident doctors next summer. And I am proud to share that Family & Community Care serves all members of our community, including those who seek gender-affirming healthcare.

In the past few months, we've hired multiple new surgeons in Orthopaedics, Urology, and Otolaryngology (Ear, Nose, and Throat). We've welcomed new primary care providers; implemented a new, life-saving continuous renal replacement therapy system for patients facing kidney failure in our Intensive Care Unit, enabling them and their families to stay close to home while they receive treatment; and entered into an agreement with New England College that will serve to grow our nursing staff.

For more than 130 years, Cheshire Medical Center's priority has been, and will continue to be, to serve the people of the Monadnock Region by providing the best care when and where you need it most.

I am thrilled to be part of this team and to be part of this community, and I am excited for our future.

On behalf of all of us at Cheshire Medical Center, best wishes for a happy, healthy holiday season!

Sincerely,

Joseph (Joe) Perras, MD
President and CEO, Cheshire Medical Center



Cheshire Medical
Center

ENTERTAINMENT

and DINING

A Celtic Christmas With Ishna Is Back



Ishna's features Ciaran Nagle, Dan Meyers (Uilleann pipes, Bjorn Wennas (guitar), Brian O'Neill (bodhran and percussion), David McGrory (piano/keyboards), Kevin Doyle and Kieran Joran (Irish dancers).

Peterborough Concert Series will present A Celtic Christmas with Ishna at the Peterborough Town House on Saturday, December 16th at 7 p.m. Ciaran Nagle, a founding member of The Three Irish Tenors and former Riverdance violinist Tara Novak formed Ishna in Dublin, Ireland in 2009.

Celebrating its fourth year at the Town House, the popular holiday show A Celtic Christmas with Ishna brings a performance of music, song, dance, and stories of seasonal Irish traditions. This show features top Irish music, song and dance in a performance rich in humor and boundless energy.

The family-friendly performance features lively instrumental tunes on fiddle by former River Dance fiddler Tara Novak, stellar singing ability and endless humor of Ciaran Nagle, and harp by Gráinne Hambly. Along with their band, they perform with old-style Irish dancing from the brother and sister team of Maureen and Kevin Doyle.

Ishna's A Celtic Christmas focuses on performing traditional Holiday ballads, high energy Irish step dancing and humorous stories from the old country.

Ishna's – features Ciaran Nagle, Dan Meyers (Uilleann pipes, Bjorn Wennas (guitar), Brian O'Neill (Bodhran and percussion), David McGrory (piano/keyboards), Kevin Doyle and Kieran Joran (Irish dancers), offer an authentic flavor of Irish Christmas traditions past and present in a whirlwind of songs, stories, and dance.

Tickets for A Celtic Christmas with Ishna are \$35 to \$45 and can be purchased in person at Harlow's Pub in Peterborough, or online at peterboroughconcertseries.com. The Peterborough Town House is located at 1 Grove Street in Peterborough.

Monadnock Storytelling & Spoken Word Circle

On the third Wednesday of every month from 6:30 to 8:30 p.m., the DubHub at 1123 Main Street in Dublin will host the Monadnock Storytelling & Spoken Word Circle, an open mic for participants to share stories, poetry, rap, comedy, truly any kind of spoken word, going round the circle.

The first one will be held on December 20th. The organizers are Sebastian Lockwood and Papa Joe Gaudet, both of whom have 20-plus years of experience as professional storytellers.

HATS ON FOR THE HOLIDAYS

Holiday Sing-along

KEENE UNITARIAN UNIVERSALIST CHURCH
69 WASHINGTON ST

SATURDAY, DEC 16 @ 3PM

Donations of warm winter hats, scarves and gloves encouraged. These will go to Hundred Nights for our neighbors in need.

SATURDAY NIGHT DANCE
Monadnock Tri-State Dance Club
DEC. 16 • 7PM
RACHEL & THE WESTERN PARTNERS
Admission \$12 - Everyone Welcome
ELMM Hall, Durkee St., Winchester

Christmas Eve Candlelight Service
December 24th • 6 pm

ROUTE 202 IN RINDGE, NORTH OF 119
AdventLutheranChurch.org

Facebook.com/AdventRindge

The Perfect Holiday Dessert

EGG NOG ICE CREAM
Available in Quarts & Pints
DAILY 11:30am-9:30pm

Rick's
Ice Cream & Desserts
58 KEY ROAD, KEENE • 352-4226

PTS PETERBOROUGH TOWN HOUSE

A Celtic Christmas with Ishna

Saturday Dec. 16 • 7 pm

Hearts & Bones
The Music of Paul Simon
Friday, Dec. 29 • 8 pm

Zach Nugent's Dead Set
Saturday, Feb. 24 • 8 pm

TIX: HARLOW'S PUB
PETERBOROUGHCONCERTSERIES.COM

PULLED PORK SANDWICH OR PLATE, PLUS TWO SIDES

BUY ONE, GET ONE 1/2 OFF!

EST. 2017
SMOKEHAUS
-BARBECUE-

13 Main St. (Rt. 101) • Dublin, NH
603-876-3320 • www.smokehousebbq.com
Fri/Sat 11-7; Sun, Tues-Thurs 11-6:30; Closed Mon
HOLIDAY CATERING, EMAIL SMOKEHAUSDUBLINNH@GMAIL.COM
*Second meal of equal or lesser value. With this coupon. Exp. 12/31/23.

MIJALISCO
Restaurante Mexicano

463 West Street, Keene
603-354-3123
mijalisco1nh.com
Open Daily

Buy One Lunch or Dinner & Get 2nd OF EQUAL OR LESSER VALUE FOR HALF PRICE!
Must present coupon at time of sale. Offer not valid with any other offer. Must include two drinks. One coupon per party.

10" Cheese Pizza

\$5.00

With this coupon
Excludes Gluten Free
Excludes Delivery
Limit 2 per Coupon
Now Offering ONLINE ORDERING

CHESHIRE VILLAGE PIZZA

9 Ashuelot St., Keene **603-357-4604**
VALID MONDAY DECEMBER 18, 2023

\$5.00 OFF
with this ad

Muse Bistro

44 Main St. • Keene • 603-903-0037
www.musekeene.com
*One coupon per table. Excludes Alcohol.

PIZZA DOWN UNDER

800 PARK AVENUE, KEENE **355-1190**
Celebrating 25 Years! DELIVERY BY DOORDASH!

Buy 2 Lg. Pizzas GET 1 SM. CHEESE PIZZA FREE! EXPIRES 12/20/23

16" PIZZA **\$2.00 OFF!**

FOR DINE-IN OR TAKE-OUT ONLY. CANNOT BE COMBINED WITH OTHER OFFERS. WITH COUPON
Wed, Thurs & Sat 11-8pm; Fri 11-9pm • www.mypizzadownunder.com

Holiday Shopping Made Easy!

GIFT CARD SALE!
FREE \$5 APPRECIATION CARD
When You Buy \$50 in Gift Cards

PLATTERS TO GO
(24 hour advance notice required)

RESERVE NOW for NEW YEAR'S EVE!

Rt. 12 South • Keene • www.papagallos.com
352-9400 • Open Tues-Fri 4 pm • Sat 11 am • Sun 10 am

K J O

KEENE JAZZ ORCHESTRA
SCOTT MULLET, FOUNDER STEVE CADY, DIRECTOR

Holiday Swing Dance
Rebecca Holtz, vocalist

Date: Saturday, Dec 16 • 7:30pm
Place: Best Western Plus, Keene

Tickets \$15, \$12 Students, available at keenejazzorchestra.org,
Toadstool Keene, Prime Roast & at the door.

NEW YEAR'S EVE SPECIAL BUFFET

Indian & Albanian Food

Sunday, Dec. 31st • 4–9 PM

SPECIAL MENU FOR THOSE OF YOU WHO WANT TO CELEBRATE THE NEW YEAR WITH US

Veg Samosa • Mix Veg Pakora • Paneer Chilly • Chicken 65 • Veg Hakka Noodle
Dal Makhani • Paneer Tikka Masala • Veg Chettunard • Mushroom Mutter
Aloo Gobi • Chicken Xacuti • Goat Biryani • Butter Chicken • Seafood Korma
Tawa Chicken Tikka • Tandoori Chicken • Lamb Sheeh Kebab • Malai Tikka • Hariyati Tikka
Gullash • Burek with Cheese • Burek with Meat (Beef) • Cevapis & Qofte

Dessert Gulab Jamun • Caramel Custard • Carrot Halwa • Mixed Kulfi • Mango Kher

Kids Menu Chicken Nuggets • Mac & Cheese • Cheese Burger

ROYAL Spice **\$25 Adults • \$13 Kids**
 No Reservation Required
 199 N. Main St., Troy, NH
 603-242-3682

We are excited to serve you longer hours!
STARTING DECEMBER 11TH
 Monday - Closed • Tuesday-Saturday: 12-8:30 • Sunday 11-8:30

SMALL POND PRODUCTIONS PRESENTS ...

A Classic Christmas Jubilee 2023

HOLIDAY MUSIC AND MORE ...

Holiday Music *Hillbilly Country Christmas*

TRADITIONAL & CONTEMPORARY COMIC ONE-ACT PLAY
 DIRECTED BY TRACI BOOTH WRITTEN BY LEROMA E. GRETH
 MUSIC DIRECTOR WALT SAYRE DIRECTED BY TRACI BOOTH

DEC. 14, 15 & 16, 2023 AT 8 PM
 DEC 17, 2023 2:00 PM MATINEE

GENERAL \$17 SENIORS/STUDENTS \$14

COMMUNITY HOUSE OF MARLBOROUGH
 160 MAIN ST., RTE. 101, MARLBOROUGH, NH 603-242-2314

WWW.SMALLPONDPRESENTS.ORG PAY BY CHECK OR CASH ONLY

SEAFOOD DINNERS

NEW MENU COMING SOON!



121 Old Homestead Hwy, North Swanzey 357-2525 Wed 7:30a-2p, Thur-Sat 7:30a-2p; 4-9p, Sun 7:30a-2p, Closed Mon & Tues

The Pub Restaurant and Catering

Christmas Dinners To Go!

Choice of Yankee Pot Roast, Chicken Marsala, or Roast Loin of Pork **\$26⁹⁵**

Includes mashed potatoes, vegetable & dessert

Order by Dec. 21st & Pick up on Dec. 24th before 2pm

131 Winchester St. Keene • 352-3135 • thepubrestaurant.com

MARCO POLO GARDEN

Chinese Restaurant & Lounge

OPEN 7 DAYS • 357-3464

Enjoy our full Dinner Menu

DINE-IN CARRY-OUT DELIVERY AVAILABLE PRIVATE PARTIES ALCOHOLIC BEVERAGES

MON.-THURS. 11:30 AM-9:30 PM
 FRI. & SAT. 11:30 AM-10:30 PM
 SUN. 12:00 PM-9:30 PM

marcopolonh.uorder.io • 601 Main St., Rt. 12, Keene

Wednesday, Dec. 13

MISCELLANEOUS

Public Hearing 9:30am. HCS, 312 Marlboro Street, Keene. A public hearing on the new route proposal. The new route and schedule will be discussed, and the public is invited to give. Those wishing to attend the public hearing who need transportation are urged to take the City Express or to call 603-352-8494.

Thursday, Dec. 14

ARTS, MUSIC & THEATER

Small Pond Productions Presents: A Classic Christmas Jubilee 8pm. Community House, 160 Main St., Marlborough. All new holiday music and more. \$17, \$14 Seniors/Students. Tickets at 603-242-2314. www.smallpondpresents.org.

Friday, Dec. 15

ARTS, MUSIC & THEATER

MoCo Arts School of Dance presents "The Nutcracker" 7pm. Keene State College. Tickets available at 603-358-2168. www.keene.universitytickets.com.
Friday Night Classics: Jumanji 7pm. The Colonial Theatre, 95 Main St., Keene. 603-352-2033. www.thecolonial.org.

THE COLONIAL

COLONIAL PERFORMING ARTS CENTER

95 Main St, Keene, NH

CHRISTMAS IN KILLARNEY

DEC 16 at 8 PM

An Irish Christmas Celebration

ON A WINTER'S NIGHT

JAN 26 - 8 PM

On Sale NOW!

LET'S SING TAYLOR

A LIVE BAND EXPERIENCE

MAR 9 - 8 PM

Meat Loaf

MAR 28 - 7:30 PM

MAY 9 7:30 PM

AMERICA'S TOP PSYCHIC MEDIUM

Matt Fraser

MAY 10 8 PM

603-352-2033 TheColonial.org

SEASON UNDERWRITERS

C&S Wholesale Grocery Visory

The Colonial Theatre is a 501(c)3 nonprofit organization

Small Pond Productions Presents: A Classic Christmas Jubilee 8pm. Community House, 160 Main St., Marlborough. All new Holiday music and more. \$17, \$14 Seniors/Students. Tickets at 603-242-2314. www.smallpondpresents.org.

FAIRS & SALES

Monadnock Woodturners' Show & Sale 5-7pm. Dublin Community Center, Main Street, Dublin. Opening reception. info@dublincommunitycenter.org.

MISCELLANEOUS

Monadnock Food Co-op: Nifty Gifty Party 4-7pm. Monadnock Food Co-op, 34 Cypress St., Keene. Sampling & tastings from local vendors including Frisky Cow Gelato, Jack's Crackers, Shire's Naturals, Northeast Wine Company, TotumVos and Vinilandia New Hampshire. Raffles. RSVP for kids activities at www.monadnockfood.coop/event/niftygifty2023.

Holiday Open House 5-8pm. Monadnock Myofascial Release, 103 Roxbury St., Ste. 200 C, Keene. Stop by and celebrate. 603-355-6637.

Blood Drive 11am-3:30pm. Langdon Place of Keene, 136 Arch Street. 800-733-2767. www.RedCrossBlood.org.

Saturday, Dec. 16

ARTS, MUSIC & THEATER

MoCo Arts School of Dance presents "The Nutcracker" 2pm. Redfern Arts Center, Keene State College. Second performance at 7. Tickets available at 603-358-2168. www.keene.universitytickets.com.

Keene Jazz Orchestra: Holiday Swing Dance 7:30pm. Best Western Plus, 401 Winchester St., Keene. Rebecca Holtz, vocalist. \$15/\$12 students. Available at Toadstool Keene, Prime Roast, on website or at the door. www.keenejazzorchestra.org.

Small Pond Productions Presents: A Classic Christmas Jubilee 8pm. Community House, 160 Main St., Marlborough. All new Holiday music and more. \$17, \$14 Seniors/Students. Tickets at 603-242-2314. www.smallpondpresents.org.

Christmas In Killarney 8pm. The Colonial Theatre, 95 Main St., Keene. 603-352-2033. www.thecolonial.org.

FAIRS & SALES

Monadnock Woodturners' Show & Sale 10am-3pm. Dublin Community Center, Main Street, Dublin. info@dublincommunitycenter.org.

MISCELLANEOUS

350th Anniversary Celebration Event: Butterflies and Other Creatures 1-2pm. Town Hall, 69 Main St., Northfield, MA. Sponsored by Magic Wings Butterfly Museum.
350th Anniversary Celebration Event: Tanglewood Marionettes 2-3pm. Town Hall, 69 Main St., Northfield, MA.

"Hats On for the Holidays: Holiday Sing-Along" 3pm. Keene Unitarian Universalist Church, 69 Washington St., Keene. This event combines two elements, singing and generosity. There is no admission but the church is asking that people bring a warm hat, a winter scarf or cold weather gloves that will be donated to the Hundred Night Shelter.

DubHub Coffee House & Open Mic 7-10pm. Dublin Community Center, 1123 Main St. Featuring Eve Pierce & Gordon Peery. info@dublincommunitycenter.org.

Walk-in Mini Ornaments 11am-2pm. Terrapin Glassblowing Studio, 79 Hadley Rd., Jaffrey. 603-593-5073. www.terrapinglass.com.

Honor Your Soul Fire: Katie MacMullin & Beth Draper 11am-1pm. Aloha Keene, 83 Court St. Empowering gathering of women in sacred ritual, movement, breathwork, and optional sharing. \$44. Register at 603-762-3129. www.vagaroo.com/alohakeene.

Sunday, Dec. 17

ARTS, MUSIC & THEATER

Small Pond Productions Presents: A Classic Christmas Jubilee 2pm. Community House, 160 Main St., Marlborough. All new holiday music and more. \$17, \$14 Seniors/Students. Tickets at 603-242-2314. www.smallpondpresents.org.

MoCo Arts School of Dance presents "The Nutcracker" 2pm. Redfern Arts Center, Keene State College. Tickets available at 603-358-2168. www.keene.universitytickets.com.

Annual Holiday Benefit Concert 2pm. First Congregational Church of Swanzey, 679 Old Homestead Hwy. 6th Annual Holiday Benefit Concert with music by local musicians. Doors open at 1:30pm. 603-352-6689. office@swanzeyucc.org.

Monday, Dec. 18

MISCELLANEOUS

Blood Drive 10am-2:30pm. Community House of Federated Church, 160 Main St., Marlborough. 800-733-2767. www.RedCrossBlood.org.

Tuesday, Dec. 19

MISCELLANEOUS

Zumba Gold 10:45-11:45am. Keene Parks & Recreation Center, 312 Washington St. Aerobic dance exercise program for seniors and beginners using holiday songs as well as latin and pop music in a friendly, noncompetitive environment. Tuesdays and Thursdays through Dec. 28th. 603-357-9829.

Wednesday, Dec. 20

ARTS, MUSIC & THEATER

Monadnock Storytelling & Spoken Word Circle 6:30-8:30pm. DubHub, 1123 Main St., Dublin. Sebastian Lockwood & Papa Joe Gaudet. info@dublincommunitycenter.org.

MISCELLANEOUS

Home Healthcare Hospice & Community Services: Walk-in Wednesdays 1-3pm. HCS Charlestown, 33 Arborway. Confidential, free of charge discussion of services that are available. 603-352-2253. www.HCSServices.org.

Holiday Appetizers And Finger Foods

Now is a popular time of year to invite guests into your home, whether for an intimate dinner, an informal brunch or a finger food party. An appetizer or finger food party is a practical way to entertain, particularly during the holiday season. Just follow a few guidelines to make your party easy and fun. Keep appetizers easy to eat, generally no more than a mouthful. Serve hot appetizers on large platters (on warming trays if available), and dips in pretty bowls on large platters surrounded by crackers or crudites. Make as many appetizers in advance as possible and freeze them. Provide plenty of space around your table or tables for guests to mingle while they eat. Set out lots of napkins and medium-sized plates for food. Above all, enjoy yourself!

Cooking Corner

with Nancy Adams



Holiday Cheese

A few ingredients combined and shaped into a holiday shape – a tree, a star, a bell, or even put into a martini glass, make this a festive party spread. Makes 14-16 servings.

- Ingredients:**
 2 (8 oz.) packages cream cheese, room temperature
 4 tablespoons butter, softened
 a small wedge of blue cheese, to taste
 1/2 cup green olives with pimento, chopped
 3 tablespoons milk
 chopped parsley
 chopped walnuts, pecans or sliced almonds

Mix the cheese and butter together until soft and fluffy – use a mixer, food processor or wooden spoon and make sure it is smooth. Add blue cheese and blend. Stir in milk and then the olives. Using your hands, shape the cheese into a tree or other desired shape, or a log. Press parsley and nuts into the shape and chill well. Serve with sliced vegetables and/or crackers.

Fried Artichokes

An unusual appetizer that is simply delicious. I used frozen artichoke hearts, thawed and drained, when making this recipe. Makes six to eight servings.

- Ingredients:**
 1 1/2 cups flour
 1 (12 oz.) bottle beer
 1/2 teaspoon kosher salt
 2 (12 oz.) jars marinated artichoke quarters or equivalent amount of frozen artichokes
 vegetable oil for frying
 salt and lemon wedges for serving

In a bowl, whisk flour with beer and salt; set batter aside. Drain the marinated artichoke heart quarters and pat dry. Dredge artichoke hearts in flour, then dip in the batter. Working in batches, fry in two inches of 350 degree vegetable oil until crisp and golden, four to five minutes. Drain on paper towels; keep warm in low oven until all have been fried. Season with more salt as desired and serve warm with lemon wedges.

Crispy Baked Chicken Wings

“Wings” seem to be the finger food favored by all. This simple batch is tossed with butter and seasonings, then baked in the oven. About six to eight servings.

- Ingredients:**
 3 lbs. chicken wings, separated at joint and tips discarded
 2 tablespoons butter, melted
 1 teaspoon each garlic powder, smoked paprika, black pepper and kosher salt
 1 teaspoon chili powder, optional

Preheat oven to 400 degrees. Toss chicken wings with butter and seasonings. Spread seasoned wings on a foil-lined baking tray(s). Bake for 40 to 50 minutes, turning several times. For extra crispy wings, once cooked turn oven off and leave wings in oven for 30 to 45 minutes more.

BLT Bites

These bacon, green onion and parsley (subbed for lettuce) and tomato appetizers add a nice splash of color as well as flavor to the party table. Makes about 20.

- Ingredients:**
 20 cherry tomatoes, bite sized
 1 lb. cooked and crumbled sliced bacon
 1/2 cup mayonnaise
 1/3 cup scallions, white and most of green, chopped
 3 tablespoons grated Parmesan cheese
 2 tablespoons snipped parsley

Cut a thin slice off tomato tops. Scoop out and discard pulp; invert tomatoes on paper towels to drain. In a bowl, combine the cooked, crumbled bacon, mayonnaise, scallions cheese and parsley. Spoon mixture into tomatoes. Let sit in refrigerator several hours to develop flavors.

Hot Muffuletta Dip

The muffuletta is a type of round Sicilian sesame bread and a popular sandwich that originated among Italian immigrants in New Orleans, LA. Enjoy some of its tasty flavors in this hot dip at your next party. Makes about 12 servings.

- Ingredients:**
 8 oz. package cream cheese, room temperature
 4 oz. provolone cheese, coarsely shredded
 4 oz. salami, cut in 1/2-inch cubes
 6 oz. jar pitted green olives
 1/2 cup roasted red peppers from a jar
 1/2 cup Giardiniera from a jar
 1 clove garlic minced
 1/4 teaspoon hot sauce of choice
 parsley, coarsely chopped for topping
 toasted bread slices for serving

Spread cream cheese into the bottom of a nine-inch pie plate. Top with shredded provolone and salami cubes; set aside. Drain and chop the jarred green olives, roasted red peppers and Giardiniera. Add to the pie plate, along with the minced garlic and hot sauce; stir lightly with a fork to combine a bit, then chill until about 1 hour before needed. Bring to room temperature for 30 minutes. Then bake dip mixture in preheated 350-degree oven for 30 minutes; sprinkle top with parsley. Serve warm with toasted bread slices or crackers if preferred.

Cheddar-Sausage Balls

Pile these onto a platter and serve warm, with toothpicks and your favorite BBQ or other dipping sauce, as desired. Makes about 2 1/2 dozen.

- Ingredients:**
 1 lb. each lean pork sausage and grated extra sharp cheddar cheese
 1/4 cup flour
 1 tablespoon minced sage
 1 teaspoon kosher salt and 1/4 teaspoon freshly ground black pepper
 1/8 teaspoon cayenne pepper
 1 egg, lightly beaten

Heat oven to 375 degrees. In large bowl, mix all ingredients together with a fork. Form the mixture into two-inch balls. Arrange balls two inches apart on parchment paper-lined baking sheets and bake until golden brown about 30 minutes. Transfer to platter and serve warm.

Nancy Adams is a native of Peterborough and resides in Hancock. She and her husband, Bud, have raised four sons. She has been featured as one of Yankee Magazine's great New England cooks. Nancy welcomes suggestions – send them to: Nancy P. Adams, 22 Birch Road, Hancock, NH 03449.



Find us on **facebook.**

Giveaways • Stories • Local Events

Local Vendors At Monadnock Food Co-Op

Monadnock Food Co-op will offer a Nifty Gifty Celebration on Friday, December 15th from 4 to 7 p.m.

Visitors can enjoy sampling from local vendors including Jack's Crackers, TotumVos, Frisky Cow, Shire's Naturals, Vinilandia New Hampshire, and more. Kids activities are also planned.

To learn more about this event visit: monadnockfood.coop/event/niftygifty2023

The Monadnock Food Co-op is located at 34 Cypress Street in Keene, right off of Main Street via Eagle Court.



"Solving Your Water Quality Problems"

WATER TREATMENT SERVICE

Over 34 Years' Experience
SALES OF NEW SYSTEMS
Most Existing Systems Serviced

- Water Softeners
- Neutralizers
- Iron Filters

888-679-6059 or 603-756-4398

DAN WATERMAN



Garage Doors & Openers • Sales • Service

Residential & Commercial

Keene's Best 2021 Winner!



123 Ryan Road, Dummerston, VT
802-579-4477 Cell • 802-251-0900 VT • 603-363-8800 NH
Email janet@championoverheaddoor.com

Find us on

MONADNOCK APPLIANCE

MonadnockAppliance.com

Your local service provider since 2010 is now also your NEIGHBORHOOD APPLIANCE RETAILER.

Refrigerators • Freezers
Dishwashers • Stoves • Cooktops
Washing Machines • Dryers
Dryer & Vent Cleaning Service

603-899-9999

Come visit our NEW STORE
497 US-202 #1
Rindge, NH 03461
(near Market Basket)



DAN BULLOCK

KULICK'S SUPERMARKET

MEAT	
Fresh Chicken Leg Quarters	89¢/lb.
Lean Spoon Roasts	\$7.49/lb.
Fresh Pork Cutlets	\$2.99/lb.
DELI	
Horseradish Cheddar Cheese	\$9.99/lb.
Krakus Ham	\$7.99/lb.
PRODUCE	
Russet Potatoes 5 Lb. Bag	2/5
Clementines 3 Lb. Bag	\$4.99
Fresh Asparagus	\$2.99/lb.
FROZEN	
Cool Whip 8 oz.	2/54
Pictsweet Vegetables	2/5
Friendly's Ice Cream	2/58
DAIRY	
Coffeemate Creamers 32 oz.	2/58
LOL Butter 1 lb.	\$5.99
Florida's Natural Orange Juice 52 oz.	2/57
GROCERY	
Ocean Spray Cranberry Sauce	2/54
Campbell's Gravy 10.5 oz.	4/5
Dole Pineapple 20 oz.	2/53
Ronzone Pasta	3/5
Classico Pasta Sauce	2/5
Campbell's Cream of Mushroom Soup ..	2/53
One Pie Pumpkin 15 oz.	2/54
Domino Baking Sugars 16 oz.	2/53
Heinz Seafood Cocktail Sauce 12 oz.	\$2.49

Warwick Rd. • Off Rt. 10 • Winchester
603-239-4843 • NEW HOURS: Open 7 Days 8a-7p!
Prices Good Dec. 13th-Dec. 26th
EBT AVAILABLE

THIS WEEK'S HOT DEALS!



Green Giant Steamers
Frozen Vegetables
10/\$10



Maxwell House Coffee 31 oz.
\$9.99



Gold Medal Flour 5 lb.
2/\$8

NIFTY GIFTY PARTY

friday, december 15, 4 - 7pm

shop indie local at the co-op, sample holiday goodies, enter co-op raffles & much more!

34 CYPRESS ST | KEENE, NH | 603.355.8008 | MONADNOCKFOOD.COOP/EVENTS



Start 2024 With A New Point Of View New Hampshire First Day Hikes

New Hampshire State Parks is set to host the annual First Day Hikes event at select State Parks on New Year's Day. Locally this year, hikers can traverse Monadnock State Park and Rhododendron State Park. To celebrate the long-held tradition, there will be fun giveaways, including a special commemorative poker chip. These will be available on a first come, first serve basis.

Visitors can go at their own pace

through self-guided tours through historic sites, observe native wildlife, enjoy stunning winter views, and find serenity with nature. Pets are welcomed at most locations but must be leashed at all times (see registration page for pet-friendly locations).

Registration is required, but same-day registration is not allowed. For more details about each park and registration links, visit www.nhstateparks.org/first-day-hikes-2024.

Peace On Earth

Peace on Earth. We repeat this wish all throughout the season as we light candles, sing songs of hope, and feast with family and friends as a celebration of life. This December, that wish has become more fervent than ever. We are witnessing suffering on our TV screens and in American neighborhoods that is so shocking and harsh, that heartache and outrage seem the only possible response. Hope can feel beyond reach, especially when so many events involve children. We want to think we can protect children from all harm, and it is unbearable to think that we cannot.

Often in the last few decades, when events arise that overwhelm us, a poem by American poet, Naomi Shihab Nye, surfaces in newspapers, on social media sites, and then gets passed around among friends. She tells us, "Before you know kindness as the deepest thing inside/ you must know sorrow as the other deepest thing." At this time of deep sorrow, kindness becomes more important than ever. When outrage has the upper hand, without being tempered by compassion, we see actions that are threatening and polemic, leading to violence based on a dehumanization of anyone perceived as other.

Anti-semitism is on the rise, as well as Anti-muslim attacks. There is name-calling on college campuses and in town squares. People on the fringe feel they have the right to attack and kill, and they have.

Can kindness really be an antidote to such barbaric actions? Where do we look for hope in times like these?

Meditation teacher, Sharon Salzberg, has taken a deep look into kindness and what it has to offer. She says, "Sometimes we think that to develop an open heart, to be truly loving and compassionate, means that we need to be passive... Yet this is not what is meant by compassion. Compassion is not at all weak. It is the strength that arises out of seeing the true nature of suffering in the world. Compassion allows us to bear witness to that suffering, whether it is in ourselves or others, without fear; it allows us to name injustice without hesitation, and to act strongly, with all the skill at our disposal."

In mindfulness practice, there is a lovingkindness meditation that is intended to open the heart to those we love, to ourselves, to our local as well as our worldwide community, and finally to those

in life we find difficult and hard to empathize with. In times of great distress, it is even more imperative to find a way to discover our human capacity to face pain – our own and others' – and remain in touch with our desire to end suffering when we see it. Perhaps one of the most difficult things to do as an adult is to keep two seemingly opposing feelings in mind at the same time. Can we be outraged and open-hearted at the same time? Don't we all have both feelings in this time of confusion and misunderstanding?

Healing Perspectives

with Ginnie Gavrin



According to historian, Howard Zinn, "To be hopeful in bad times is based on the fact that human history is not only of cruelty, but also of compassion, sacrifice, courage, kindness. If we see only the worst, it destroys our capacity to do something. If we remember those times and places where people have behaved magnificently, this gives us the energy to act. And if we do act, in however small a way, we don't have to wait for some grand utopian future. The future is an infinite succession of presents, and to live now as we think human beings should live, in defiance of all that is bad around us, is itself a marvelous victory."

In this special time of year, there are people holding peace in mind. Some are leaders. Some are our neighbors and friends. We can choose to seek them out and join them.

The Monadnock Mindfulness Practice Center offers instruction and practice in mindfulness meditation. See our website: <https://mindfulnesskeene.org>.

Ginnie Goulet Gavrin has been practicing meditation for 30 years. Currently, she teaches meditation and writing workshops at the Monadnock Mindfulness Practice Center where she is a facilitator and member of the board. She worked as a massage therapist for over 25 years before retiring. She holds a Master's Degree in counseling where she focused on integrating meditation into working through life crises.



**One Doctor
One Hygienist
One Patient
at a Time**



Jihae Yang, DDS
106 Grove Street
Peterborough, NH
603-567-4955
info@ourtowndentist.com

We're not doctors; we're divers.

HELPING YOU FEEL BETTER!

"Improving health, fitness, and sense of well being by simulating the effects of Scuba Diving to 50 feet with Hyperbaric Atmosphere"

Fatigue
Diabetes
Parkinson's
Fibromyalgia
Multiple Sclerosis



Cancer
Vision Loss
Chronic Pain
Long COVID
Lyme Disease

HYPER FIT

Please call for available sessions

603-460-5683

Open Tues. - Sun. HyperbaricFitness.com

At Brattleboro Hearing Center your hearing healthcare is our top priority.

Our Doctors of Audiology keep up with the **latest technology** and our **research-driven** practices provide the **best possible outcomes** in the treatment of hearing loss. Our Swanzey office often has **same-week availability** for appointments. We're proud to offer personalized, patient-centered care.



NOW ACCEPTING NEW PATIENTS IN SWANZEY!

Swanzey, NH • 603-354-3325
Brattleboro, VT • 802-254-3922
Greenfield, MA • 413-773-5119
www.BrattleboroHearing.com

The Premier Fitness Stores in New Hampshire & Vermont



Treadmills, ellipticals, rowing machines, home gyms, free weights, exercise bikes, and more!

Top brands like Precor, Matrix, WaterRower, Nustep, BodySolid, and more!



**294 West Street
Keene, NH
603.354.3437**

A local family owned business TotalFitnessEquipment.com

It's not just a generator. It's a power move.



Receive a free 7-year warranty with qualifying purchase* valued at \$735.

Call 866-643-0438 to schedule your free quote!

GENERAC

Jenzai BATH REMODEL

YOUR BATHROOM. YOUR WAY. IN AS LITTLE AS

ONE DAY

CALL NOW 866.753.9521

SPECIAL OFFER

Waiving All Installation Costs

*Half bathroom. Offer subject to change and may vary by store. See T&Cs.

HAPPY BIRTHDAY!

from HANNAFORD'S SUPERMARKETS

HANNAFORD'S BIRTHDAY CAKE

This Week's Winners



Huckson Bradley, Swanzey, 9
Bowen Coutts, Marlborough, 6

December 13, 2023

Jayden Bowne, son of Stephanie Laramie & Travis Bowne, Swanzey, 1

December 14, 2023

Bowen Coutts, son of Will & Leanne Coutts, Marlborough, 6
Huckson Bradley, son of Olivia Naeck & Justin Bradley, Swanzey, 9

December 15, 2023

Chase Cooper, son of Russell Cooper and Sabrina Roberts, Richmond, 11

December 18, 2023

Nathan Thomas, son of Michael & Kassia Thomas, Troy, 6

Submit your Birthday Kids' entry online at:
www.ShopperNews.com/Community

Christmas Carols And Holiday Songs In Westmoreland

A Christmas Carols And Holiday Songs event will be held at The Westmoreland Park Hill Meeting House on Friday, December 22nd from 6 to 7 p.m. this is free and open to the public, though donations

are welcome.

Participants should dress warmly. Refreshments will be served following the event.

Knitting Circle On Saturdays At Richmond Library

The Richmond Public Library will be hosting knitting circles on Saturdays in December from 10 a.m. to noon.

This will be a drop-in group for handcrafters of all abilities.

For more details, call the Richmond Public Library at 603-239-6164.

Holiday Benefit Concert In Swanzey

A Holiday Benefit Concert with local talented musicians will take place at First Congregational Church of Swanzey at 679 Old Homestead Highway

on Sunday, December 17th at 2 p.m. (doors open at 1:30 p.m.).

NH Audubon Recognizes Karen Bennett Of Antrim

NH Audubon presented Karen Bennett of Antrim with a conservation award, The Tudor Richards Award, for working tirelessly and effectively for conservation in the Granite State. Bennett has had a statewide impact through her many professional and volunteer activities. She has provided land stewardship inspiration to thousands and is one of the most respected conservation leaders in New Hampshire.

Among her notable accomplishments is her work as the coordinator and editor of *Good Forestry* in the

Granite State – a publication that continues to be the gold standard for recommended sustainable forestry and land management practices. Through her career with UNH Cooperative Extension she has reached tens of thousands of people with information about forest and wildlife management, current use taxation, selling timber, caring for shade trees, trail and road layout, forest ecology, soils, and many other topics of concern to landowners.

Pizza Down Under – Providing America's Comfort Food

PIZZA, Continued from page 1

He has solely owned this local pizzeria since 2010. In celebration of its 25 years in business, Sakar is running a special: buy two large pizzas and get one small cheese pizza free through Wednesday, December 20th with coupon (see the ad on page 13).

Recently, Sakar had to limit Pizza Down Under times of operation to four days: Wednesdays through Saturdays from 11 a.m. to 8 p.m., with the exception of Fridays, which is open until 9 p.m.

"I apologize to my customers," Sakar says. "But right now I can't do any more. I want to, but right now I can't."

This limitation is due to a very bad car accident that Sakar was in two years ago that left him with a back injury. He did have surgery after the accident, but most recently fell, which has now set him back again. Equally painful is how he feels about letting his customers down. But Pizza Down Under's faithful customers know the true heart of the cheery man behind the counter that welcomes them, takes their orders, and prepares their meals.

"Cute little place reminds me of the little diners I went to as a kid," says patron Kerri Greene. "The people who own it are great and the food is so delicious. The gyros are some of the best I've had."

Micaela Coolidge says this of her experience: "Special buffalo chicken pizza and the fries are amazing. Great owners and staff. My husband and I are new to Keene and we love this spot!"

Everything is homemade at this local pizzeria, which can also be somewhat time-consuming, but having quality food is a priority to this owner. "We love to serve you fresh, delicious, homemade food," Sakar continues. "We don't use frozen dough and canned meat sauce or pizza sauce. We make our own."

All veggies are freshly cut daily, and salads – chef, garden, Greek, tuna, antipasto, grilled chicken, and others – are made-to-order. And as patron Jerri Hill says: "They have the freshest Greek salad I've ever had!"

Specialty pizzas include – but aren't limited to – meat lovers, veggie, white pizza, steak bomb, buffalo chicken pizza, and Alfredo chicken. They also offer gluten-free and cauliflower pizza. The hefty dinner menu includes chicken or eggplant parmesan, manicotti, fish fry, spaghetti, cheeseburger, chicken fingers, and others.

Appetizers at this locally owned and operated pizzeria include buffalo wings, garlic bread, onion rings, mozzarella sticks, jalapeno poppers, mushroom caps, and more. Pizza Down Under also has a large selection of grinders that includes vegetarian, roast beef, Italian Genova salami, BLT, veal cutlet, and steak – to name a few. And, as patron Bob Johnson adds about this local hot spot: "The best meatball subs."

As far as desserts, you'll always find the popular sweet pastry, baklava, on the menu.

Passion is behind every order placed with Pizza Down Under: the passion to create great food with fresh ingredients, the passion to make customers happy and to return, and the passion that keeps Sakar moving forward.

"When you are so tired of cooking or you don't have time to cook, just give us a call; we can cook for you," Sakar says.

At this time, Pizza Down Under is not delivering. Check out www.doordash.com/store/pizza-down-under-keene-24687360 for delivery services.

For more details or to place an order, call 603-355-1190, or see the menu at www.mypizzadownunder.com.

NEW West Peterborough Self Storage

Climate & Humidity
Controlled

Street Level
& Secure

375 Union St., W. Peterborough • 603-924-0109
www.westpeterboroughselfstorage.com

MAXIMIZE YOUR FUEL DOLLARS THIS WINTER!

- Schedule a heating system check-up
- Change the air filter in your furnace
- Make sure your vents are unobstructed
- Keep furniture away from radiators

GARY JACKSON HEATING SERVICES LLC

Bringing comfort to your family and home.

32 Roxbury St., Marlborough, NH
603-352-6900
www.garyjacksonheatingservices.com

Altimax Arctic 12

Winter - Studdable

The General Altimax Arctic 12 studdable passenger tire is designed for the highest cold weather demands. It has excellent traction on ice and snow covered roads with increased braking capability and a smooth, quiet ride.

Please call for sizes, pricing and availability

FREE Computer Alignment

with purchase of 4 New Tires

All Prices Include:

- Mount & Balance
- New Valves
- Old Tire Disposal
- Free Tire Rotations

ALTIMAX™ RT45

Stylish touring all-season tire supplies a quiet, comfortable ride combined with year-round traction and extended treadlife.

185/65R15	205/60R16	235/65R16	225/55R18
195/65R15	205/65R16	215/50R17	225/60R18
205/65R15	215/65R16	215/60R17	235/55R18
205/55R16	225/60R16	225/45R17	235/65R18

BRAKE SPECIAL

Raybestos BRAKE & SAFETY CENTER

25% OFF

MUST PRESENT COUPON

WALKER EXHAUST SYSTEMS

25% OFF

MUST PRESENT COUPON

COMPUTER DIAGNOSTICS

FREE

MUST PRESENT COUPON

TOP QUALITY

Auto • Marine • Lawn & Garden

DUBE'S TIRE CENTER

300 PARK AVE., KEENE, NH • 603-352-1445
MON.-FRI. 8-5:30 • SAT. 8-12

Over 50 years of good, old-fashioned hometown service!

CLASSIFIEDS

Advertising

ADVERTISE TO 7 MILLION HOMES across the USA! Place your ad in over 160 free community newspapers, with circulation totaling over 7 million homes! Call Mitchell at the MSN! 603-352-5250 mitchell@shoppernews.com N

Auto Services

CASH FOR CARS! We buy all cars! Junk, high-end, totaled - it doesn't matter! Get free towing and same day cash! Newer models, too! Call 866-258-6720 B

Auto Services

DONATE YOUR CAR to Veterans Today! Help and support our Veterans. Fast, free pick up. 100% tax deductible. Call 800-245-0398 N

Autos/Trucks/Vans

2009 GMC SAVANNAH V8 CARGO VAN
2 spare snow tires
\$6000.00
Trailer 10'x5'3" w/spare \$800.00
Trailer w/ramp 8'x5' w/spare \$500.00
603-357-0620

Firewood/Pellets

WWW.TREEHUGGERFARMS.COM
Green or Kiln-Dried Firewood
Pick Up or Delivery.
Order online or call
603-399-8454

Health/Fitness

ATTENTION OXYGEN THERAPY USERS! Inogen One G4 is capable of full 24/7 oxygen delivery. Only 2.8 pounds. Free information kit. Call 877-929-9587 N

Health/Fitness



Home Services

WATER DAMAGE CLEANUP & RESTORATION: A small amount of water can lead to major damage and mold growth in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 888-872-2809 N

Home Services

AGING ROOF? NEW HOMEOWNER? GOT STORM DAMAGE? You need a local expert provider that proudly stands behind their work. Fast, free estimate. Financing available. Call 888-878-9091 N

Help Wanted



Item For Sale

NINJA FOOD! SMART XL GRILL (Great Holiday Gift Idea!) Awesome Indoor Cooking! **Best Offer** 603-336-3150 cel45795705@gmail.com

Miscellaneous

4G LTE HOME INTERNET now available! Get Gotw3 with lightning fast speeds plus take your service with you when you travel! As low as \$109.99/mo! 877-452-1183 B

CARING FOR an aging loved one? Wondering about options like senior-living communities and in-home care? Caring.com's Family Advisors help take the guesswork out of senior care for you and your family. Free, no-obligation consult: 844-556-4158 B

DIAGNOSED WITH LUNG CANCER & 65+? You may qualify for a substantial cash award. No obligation! We've recovered millions. Let us help! Call 24/7 877-707-5707 N

Miscellaneous



DISH NETWORK \$59.99 for 190 channels! Blazing fast internet, \$19.99/mo. (where available). Switch & get a free \$100. VISA gift card. Free voice remote. Free HD DVR. Free streaming on all devices. Call today! 833-800-0411 B

SWITCH AND SAVE UP TO \$250/YEAR on your talk, text and data. No contract and no hidden fees. Unlimited talk and text with flexible data plans. Premium nationwide coverage. 100% U.S. based customer service. Limited time offer: get 50% off on any new account. Use code GIFT50. For more information 866-926-5071 B

ARE YOU A PET OWNER? Do you want to get up to 100% back on vet bills? Physicians Mutual Insurance Company has pet coverage that can help! To get a free quote, call or visit: 844-774-0206 www.insurebarkmeow.com/ads N

BATH & SHOWER UPDATES in as little as one day! Affordable prices - no payments for 18 months! Lifetime warranty & professional installs. Senior & military discounts available. Call 855-761-1725 N

BECOME A PUBLISHED AUTHOR. We want to read your book! Dorrance Publishing trusted since 1920. Consultation, production, promotion & distribution. Call for free author's guide or visit website 877-729-4998 www.dorranceinfo.com/ads N

Miscellaneous

DIRECTV STREAM Carries the most local MLB games! Choice Package \$89.99/mo. for 12 mos. Stream on 20 devices at once. HBO Max included for 3 mos. (w/ Choice Package or higher). No contract or hidden fees! Some restrictions apply. Call IVS 866-859-0405 N

DISH TV \$64.99 for 190 channels + \$14.95 high speed internet. Free installation, smart HD DVR included, free voice remote. Some restrictions apply. Promo expires 1/31/24. 866-479-1516 N

ELIMINATE GUTTER CLEANING FOREVER! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a free LeafFilter estimate today. 20% off entire purchase. 10% senior & military discounts. Call 833-610-1936 N

FREE HIGH SPEED INTERNET if qualified. Govt. pgm for recipients of select pgms incl. Medicaid, SNAP, Housing assistance, WIC, Veterans Pension, Survivor Benefits, Lifeline, Tribal. 15gb internet. Android tablet free w/one-time \$20 co-pay. Free shipping. Call Maxisp Telecom! 833-758-3892 N

HUGHESNET Finally, super-fast internet no matter where you live. 25mbps just \$59.99/mo! Unlimited data is here. Stream video. Bundle TV & internet. Free installation. Call 866-499-0141 N

MOBILEHELP America's premier mobile medical alert system. Whether you're home or away. For safety & peace of mind. No long term contracts! Free brochure! 888-489-3936 N

CAREER FAIR



AMETEK Precitech is Hiring!

Thursday, December 14th, 2 PM – 6 PM
Also Friday, December 15th, 2 PM – 6 PM

44 BLACKBROOK ROAD • KEENE, NH

Please stop by and visit Precitech. Learn all about what we do here in the Design and Manufacture of Ultra Precision Machinery.

- Work in a Clean High-Tech Environment
- Create products that Enhance People's Lives and help them See Again
- Enjoy Great Benefits: Medical, Dental, Vision, Paid: Life, Disability, Vacations/Holidays, 401(k) and Retirement Fund

Our Career Fairs will include an overview of our business and the many career opportunities available to those interested. Bring your resumé.

We have position openings on Second and First Shift for:
Precision Mechanical Assemblers • Electrical Assemblers
Precision Surface Grinders • CNC Machinists

For more information and to apply on-line go to: <https://www.ametek.com/careers> and search for Open Positions in Keene, NH

AMETEK Precitech, Inc.
44 Blackbrook Rd, Keene, NH 03431

An Equal Opportunity Employer.
www.precitech.com

monadnock FOOD CO-OP

NOW HIRING!

MEAT & SEAFOOD ASSOCIATES

Please see our website to apply!
Monadnockfood.coop/employment

HIRING AT KEENEY HOLDINGS, LLC.

WALK-IN WEDNESDAYS

EVERY WEDNESDAY from 3PM-6PM
75 Plumb Pak Drive, Winchester NH 03470

Production Operators & Material Handlers
\$2.00 Shift Differential for 2nd & 3rd



The events will include on-site interviews, facility tours and online application assistance. Let us know you are interested! Please contact recruiting@oatey.com for more details.

Visit Oatey.com/careers to apply

Miscellaneous

JACUZZI BATH REMODEL can install a new, custom bath or shower in as little as one day. Limited time, we're waiving all installation costs! (Additional terms apply). Subject to change and vary by dealer. Offer ends 12/31/23. Call 844-501-3208 N

OLD GUITARS WANTED! Gibson, Fender, Martin, etc. 1930s to 1980s. Top dollar paid. Call toll free. 866-433-8277 N

PREPARE FOR POWER OUTAGES today with a GENERAC Home Standby Generator. Act now to receive a FREE 7-Year warranty with qualifying purchase* Request to schedule a free quote today. It's not just a generator. It's a power move. Call 855-948-6176 N

REPLACE YOUR ROOF w/the best looking & longest lasting material steel from Erie Metal Roofs! 3 styles & multiple colors available. Guaranteed to last a lifetime! Limited Time Offer up to 50% off install + Additional 10% off install (military, health & 1st responders.) 833-370-1234 N

SAFE STEP North America's #1 walk-in tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our free shower package & \$1600 off - limited time! Financing available. 855-417-1306 N

WESLEY FINANCIAL GROUP, LLC timeshare cancellation experts, over \$50,000,000 in timeshare debt & fees cancelled in 2019. Get free info package & learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. 833-308-1971 N

Pets

COCKER SPANIEL RESCUE OF NEW ENGLAND Has all ages and colors available, neutered. All shots. Adopt fee req. Save a life; adopt a Rescue Cocker **603-547-3363** www.csrne.org

DOBERMAN RESCUE UNLIMITED Has many wonderful Dobermans looking for homes. **603-887-1200** www.dru.org

GREYHOUNDS FOR ADOPTION! Make a Fast Friend. Several sweet ex-racers waiting for good homes. **603-355-1556**

NORTHEAST ROTTWEILER RESCUE Has Rottweilers of all ages for adoption. Temperament tested, spayed/neutered, vaccinated. 866-392-0102 www.rottrescue.org

WANT A NEW FELINE FRIEND? Cats and kittens of all kinds available for a reasonable fee. Fundraising & shelter volunteers needed. **603-532-9444** www.KittyRescueNH.org

Services

FREE SCRAP METAL PICK-UP Appliances, refrig., metals, A/C units, ride/push mowers, gym equip., bikes, car batt., cars, ext. cords, fencing, grills **603-352-0736**

HELPING HANDS Home Health Care, Companionship, Light housekeeping, Keene & surrounding areas Reasonable Rates 20+ years' experience **Louise Dwinell 603-399-7767**

KERNOZICKY GC LLC Interior/exterior painting, sheetrock, carpentry, laminate & tile. No job too small. Insured, free estimates. **603-852-2479**

RUSSELL TREE LLC. Over 15 years experience. Fully insured. Free estimates! Safe, expert tree care. Bucket truck/chipper/expert climber/operator. Stump grinding available. Locally owned. **603-313-0736**

Services

ROB PARKER & SON CONTRACTING
Roofing • Windows • Decks
Home Improvements
603-554-5253

Wanted

BRIAN'S RARE COINS NOW OPEN

Buying and selling US Coins. Gold & Silver Bullion available at competitive prices. I need Silver Dollars, Indian Head Pennies, Buffalo Nickels, All sets of Coins, Paper, Money, All Proof & Mint Sets. Gold & Silver Coins & Jewelry, Sterling Flatware. Highest Prices Paid. 653 Washington Street, Claremont, NH 03743. Please call for hours **603-477-2902**

Wanted

CASH PAID for vintage coin and stamp collections, paper money, antiques, gold and silver jewelry, pocket watches, sterling silver, or anything unique. Call or text Greg **603-903-3069** gwalsh2015@gmail.com

\$\$ CASH PAID \$\$ FOR OLD TOOLS Planes, axes, Stanley tools, etc. **1 tool or entire collection. 802-579-5891**

Order Classifieds Online at www.shoppernews.com



THE CITY OF KEENE IS HIRING!

If you're a job seeker who is looking for a meaningful career, check out all that the City of Keene can offer you!

Our current openings include:

- Police Social Worker
- Civil Engineer
- Staff Accountant
- Maintenance Aide I/Highway
- Recycler I/Gate Attendant
- Animal Control Officer
- Makerspace Teaching Intern
- Outreach Worker
- Building Mechanic
- Motor Equipment Operator II/ Highway
- Sports Officials
- Police Officers
- Motor Equipment Operator I/Highway
- Crossing Guards
- Call Firefighters

For details and to apply: <https://keenenh.gov/jobs>. EOE.

Windham Solid Waste Management District Is Hiring!

WSWMD is seeking to fill the position of **Programs Manager**, who designs, implements, & manages programs for solid & hazardous waste management & education for the Windham Solid Waste Management District & its member towns. This is a full-time position with competitive pay & 100% benefits after 90 days. The job description & application are available at www.windhamsolidwaste.org or via email to admin@windhamsolidwaste.org. *WSWMD is an equal-opportunity employer.*

Windham Solid Waste Management District is now accepting applications for a

FULL-TIME TRANSFER STATION WORKER

to begin work in January, including some Saturdays. This is a permanent, full-time position offering full benefits. Job description & application are available at windhamsolidwaste.org or at the office, 327 Old Ferry Rd, Brattleboro. *WSWMD is an equal-opportunity employer.*



Adult Foster Care

Looking for a nurturing, compassionate **Home Care Provider** To support an active but aging Senior Adult Female who enjoys socializing and being out in the community. In your home. Established Day Program Monday - Friday

- Competitive Stipend
- Respite allotment
- 24-hour support
- Extensive training provided

Direct Support Professionals

Entry level position starting at \$15 per hour providing community support for people experiencing disabilities in the Keene/Rindge/Jaffrey/Peterborough area.

- COMPETITIVE PAY
- Extensive training provided
- Full or Part Time positions
- Benefits for Full Time

Contact Rob Gillis at **(603) 924-3326** Or email rob@mworksource.org

REAL ESTATE

Apt For Rent



Rentals

WARM WEATHER IS YEAR ROUND IN ARUBA The water is safe, and the dining is fantastic. Walk out to the beach. 3-Bedroom weeks available. Sleeps 8. Email for more information: carolaction@aol.com

Rentals

SHARE HOUSE, own furnished bedroom and full bath. Must like cats. Travel nurse ok. \$1200 for all. Walpole, NH. 731-443-0018

Timeshares

YOU'LL WANT TO USE THIS TIMESHARE Orange Lake, Florida. Near Disney. Weeks 8 & 9 (February) One floor living with 2 bedrooms, 2 baths, full kitchen, laundry. Purchase both for \$19,000. 978-371-2442 carolactionunlimited.com



Katie Beam GALLOWAY REAL ESTATE

P.O. Box 100
Walpole NH 03608

o: 603-756-3661
c: 603-313-2785

Katie@gallowayservices.com
www.gallowayservices.com

Inventory is Low, Free home consultations for opinion of value & Staging recommendations.



CALL A MEMBER OF THE CONTOOCOOK VALLEY

BOARD OF REALTORS



May your home be filled with the warmth and light of this special holiday
Happy Hanukkah!

-Marc P. Tieger

TIEGER REALTY COMPANY
25 Turnpike Road, Jaffrey, NH 03452
www.tiegerrealty.com
PHONE: 603-532-8765
FAX: (603) 532-4519
Email: info@tiegerrealty.com

Call us Today!
Your Local Real Estate Professionals

DESPRE & ASSOCIATES KELLERWILLIAMS REALTY
41 Main St., Jaffrey, NH
603-532-8742
603-232-8282

SAU 29
Inspiring and Empowering Every Student to Succeed
Serving the children of: Chesterfield-Harrisville • Keene Marlborough • Marlow-Nelson Westmoreland

WE ARE HIRING

Paraprofessionals Needed

We're looking for Paraprofessionals at Elementary, Middle and High School Levels!

Full-time and part-time available. Full-time employment includes excellent benefits and enrollment in New Hampshire Retirement System

- Associates degree, two years of college or equivalent required.
- Must hold or obtain NH Paraeducator certification within one year after hire.
- Experience working with children required.

Apply online at www.sau29.org
Questions?
Call us at 603-357-9007 *3 or email at hr@sau29.org.
SAU29 is an Equal Opportunity Employer.

Now Accepting Applications!

SCS Southwestern Community Services

Payson Village Senior
Rindge, NH

Two Bedroom Apartments
Heat, hot water & electricity included in rent.
Applications may be picked up, requested by phone, or found on our website. Applicants must be 55+ & income eligible.

63 Community Way, Keene, NH 03431
www.scs-helps.org
Phone: 603.719.4288 • NH Relay: 1.800.735.2964

THE NEXT BEST THING

The Odd Job Guru - You Name It, We Can Do It
Cleanouts: Basements, Attics, Garages, Etc.
Scrape & Paint • Moving • Hardpack Driveways
Landscaping & Simple Lawn Care
Roofing • Pressure Washing • And More!

Offering 10% Off The First Job!
603.313.8021 • 603.313.8105

Spacious 1 & 2 Bedrooms
Incl. Heat & Hot Water
Beautifully Maintained
NICE LOCATION
POOL ON PREMISES
CALL (603) 352-9105
Emile J. Legere Mgmt. Co.
Keene, New Hampshire

Enthusiastic! • Experienced! • Motivated!

- ✓ FREE HOME WARRANTY
- ✓ FREE PROFESSIONAL PHOTOGRAPHY
- ✓ FREE PROFESSIONAL CLEANING

Thinking about MOVING?
Buying or selling... I can help guide you through the process with ease.

ROBIN SMITH
603-313-9902
robin@smithrealtor.com

LICENSED IN NEW HAMPSHIRE & FLORIDA

NOW THAT WINCHENDON FURNITURE'S GIGANTIC GOING OUT OF BUSINESS SALE IS OVER, THERE IS STILL A HUGE AMOUNT OF FURNITURE, MATTRESSES & HEIRLOOM QUALITY RUGS AT AMAZINGLY LOW PRICES! BEFORE IT ALL GOES ON THE BLOCK YOU HAVE ONE LAST CHANCE TO SAVE BIG!

PRE AUCTION SALE

Winchendon Furniture co., inc.

TODAY & THURSDAY 10 am to 7 pm

IT'S ALL NEAR, AT and EVEN BELOW COST!*

THIS IS YOUR **BIG CHANCE** TO BUY AT AUCTION-LIKE PRICES...PLUS **YOU'LL PAY NO AUCTIONEER BUYER'S PREMIUM!** CUSTOMER STILL MUST PAY SALES TAX ON ALL PURCHASES

NOTHING HELD BACK!

- FINE LEATHER GROUPS • LIVING ROOMS • LIFT CHAIRS
- RECLINING FURNITURE • SECTIONAL-SOFAS
- RECLINERS • BEDROOMS • MATTRESSES
- ADJUSTABLE BEDS • CASUAL & FORMAL DINING
- GRANDFATHER CLOCKS • CURIO & ENTERTAINMENT CABINETS
- FINE AREA RUGS • ACCENT TABLES
- ACCESSORIES & MUCH, MUCH MORE

EVERYTHING AVAILABLE FOR IMMEDIATE SALE!

IT'S YOUR ONLY CHANCE TO **BEAT THE BIDDERS!**

*Discounts are off original and regular prices which may or may not have resulted in prior sales. Management reserves the right to determine all reasonable offers. ALL SALES ARE FINAL. All merchandise sold "As Is". No Special Orders, Lay-Aways, Quantities are limited. First come, first to serve. All prior sales and previous discounts excluded. Not responsible for typographical errors. Pictures are for illustration purposes only. See store for further details. Sale dates: 10/12/23 thru 12/11/23. This sale includes no goods other than those listed in the inventory.

STARTING THIS SATURDAY IT'S ALL GOING, GOING, GONE!

ANYTHING THAT HASN'T SOLD WILL BE PUT ON THE BLOCK DURING OUR GIGANTIC

PUBLIC AUCTION

3 BIG DAYS

SATURDAY DEC 16th

Auction Starts at **1:30 PM**

SUNDAY DEC 17th

Auction Starts at **1:30 PM**

IF NEEDED MONDAY DEC 18th

Auction Starts at **6:30 PM**

INSPECTION 2 HOURS PRIOR TO EACH AUCTION

13 Railroad Street Winchendon, MA
Call 978-297-0131 or visit us online at WinchendonFurnitureSale.com

COME BID ON...

- ✓ FURNITURE ✓ FINE LEATHER ✓ MATTRESSES
- ✓ LIFT CHAIRS ✓ RECLINING FURNITURE
- ✓ BEDROOMS ✓ DINING ✓ ADJUSTABLE BEDS
- ✓ GRANDFATHER CLOCKS ✓ ACCENT TABLES
- ✓ ACCESSORIES ✓ FINE AREA RUGS & MORE

JOIN THE FUN!
BID ON GREAT MERCHANDISE FOR A FRACTION OF THE ORIGINAL COST!

IT'S ALL HAPPENING AT

Winchendon Furniture co., inc.



PRE-AUCTION & AUCTION HELD AT THIS LOCATION



TERMS: •12% buyers premium in effect for this auction •All purchases must be paid for and picked up immediately after the auction •Cash, Visa, MasterCard, Discover, American Express approved checks accepted •All merchandise sold "As Is-Where Is" •No returns, exchanges or refunds •Reserve in effect on a few selected items. **NOTE:** All announcements made at time of auction supersede all printed and advertised materials. Auctioneer - Rick Duffey #AU2745