



Donnas Rustic Barn ~ Country Gift Shop And Home Decor



Donna Arseneault, proprietor of Donnas Rustic Barn in North Swanzey, is celebrating her first year at the new location – 125 Old Homestead Highway – on Saturday, September 6th. Stop by to see her new fall merchandise, enjoy refreshments and special discounts, and be part of a gift basket raffle.

By Lori Catozzi Cook

Decorating in rustic, farmhouse, and primitive styles creates a warm, comfortable, and simplistic feel to a home. These décor styles can also be versatile additions when it comes to adapting to an existing home's design. Customers will find a variety of unique items for gifts and home décor, inside and out, in these styles at Donnas Rustic Barn in North Swanzey.

Donnas Rustic Barn celebrates its first year at its 125 Old Homestead Highway location on Saturday, September 6th, from 10 a.m. to 5 p.m. Customers can expect to see the new fall inventory, enjoy light refreshments, take advantage of special discounts throughout the store, and take part in a gift basket raffle (no purchase necessary).

SHOP, page 4

Ashuelot Concerts Performances In Keene And Bellows Falls, VT

Ashuelot Concerts new season begins on Thursday and Friday, September 4th and 5th with performances of piano quartets by Schubert, Dohnanyi, and Brahms.

On Thursday, Ashuelot Concerts will perform at Stonewall Farm at 242 Chesterfield Road in Keene at 7:30 p.m. and on Friday at the Bellows Falls (VT) Opera House at 7 Village Square at 7:30 p.m.

Ashuelot Concerts' Artistic Directors Louisa Stonehill (violin) and Nicholas Burns (piano) will be joined on stage by Grammy Award-Winning Violist Masumi Per Rostad (viola) and 2025 Avery Fisher Grant Recipient Tommy Mesa (cello).

Before these concerts, the musicians are offering an opportunity for homeschool families on Wednesday, September 3rd at 11 a.m. at Stonewall Farm.

“Chamber music is a 360-degree physical experience that can only really be understood when you are there during a concert,” says Artistic and Program Director Louisa Stonehill. “Over the next 10 months, we can't wait to share our performances with thousands of local children and our growing local audience.”

Full details and tickets are available at www.ashuelotconcerts.org.



The Ashuelot Concerts' performances on September 4th and 5th will include Louisa Stonehill (violin), Nicholas Burns (piano), Masumi Per Rostad (viola), and Tommy Mesa (cello).

Red Pines, Goose Pond Are Topics At Garden Club

The Old Homestead Garden Club is inviting the public to two upcoming programs.

On Wednesday, September 10th, Kyle Lombard of the NH Department of Natural and Cultural Resources, will speak on Red Pines in the state. Red Pine scale is a huge issue on red pines in New Hampshire. It was first reported in Connecticut in 1946 and New Hampshire in 2012. Most likely it was introduced to the US on exotic pines planted at the NY World's Fair in 1939. Foliage color changes slowly from light green to yellow to red appearing first on individual branches on the lower part of the crown then gradually over the entire crown. Masses of cottony white filaments become visible on the branches when infestations are heavy.

On Wednesday, October 8th, Jeff Littleton of

Antioch University will speak about Goose Pond. Attendees will be learning about the city's stewardship plan for the forest around the pond, and how the land will be managed and cared for in the next ten years.

Meetings start at noon, with a break for light refreshments and presentation at 1 p.m. They are held at Friendship Hall, First Congregational Church, on Old Homestead Highway in Swanzey.

The club is a member of New Hampshire Federated Garden Clubs, New England Garden Clubs, and National Garden Clubs. Each year, the club awards scholarships to area high school seniors pursuing higher education in environmental related studies, we participate in beatification of public shared spaces.

For more details, email oldhomestead@nhfgc.org.

Thanking Veterans At Farmer's Markets

Cheshire County veterans are invited to participating farmers' markets to receive a \$20 voucher to purchase food each week in September. Veterans may receive a voucher at one of four participating markets, while supplies last.

Participating local markets include: Hinsdale Farmers' Market, Winchester Farmers' Market, and Keene Farmers' Market on Saturdays, from 9 a.m. to 1 p.m., and TEAM Jaffrey Farmers' Market on Fridays from 3 to 6 p.m.

Veterans need to present a proof of Cheshire County residency (drivers'

license or piece of mail) and proof of veteran status – DD214, veteran health-care card, “Choose VA” veterans ID card, New Hampshire driver's license with a veterans designation, or a retired military ID card.

Veterans from eligible towns include: Alstead, Chesterfield, Dublin, Fitzwilliam, Gilsum, Harrisville, Hinsdale, Jaffrey, Keene, Marlborough, Marlow, Nelson, Richmond, Rindge, Roxbury, Stoddard, Sullivan, Surry, Swanzey, Troy, Walpole, Westmoreland, and Winchester.

Franklin County Fair Opens September 4th

The Franklin County Agricultural Society will present the 176th Franklin County Fair to open at 3 p.m. on Thursday, September 4th, with the Fair Parade at 5 p.m. and a truck pull at 5:30 p.m. leading the events. The community stage will feature diverse dance and musical performances.

A midway will be open every day, and there will be attractions for the whole family. A play area includes activities for youngsters ages six and under, and a mini construction site. Pirate Man Dan will present two shows a day, and there will be many other family-friendly activities and shows.

The Kids Power Wheels Demolition Derby will be on Saturday at 1 p.m. and a Demolition Derby

will happen at 6 p.m. on Saturday and Sunday. The Emergency Services Parade will take place at 11 a.m. on Sunday followed by family fire safety games.

Other events are the Axe Women Loggers; a trampoline act; Frisbee Dogs; Rock and Roll Racing; National Guard Obstacle Course; the Team East BMX Spectacular; Festquest, and a scavenger hunt. There are many more events and activities on the schedule.

The fair will be open Thursday, September 4th, and Friday, September 5th, from 3 p.m. to 10 p.m., and Saturday, September 6th, and Sunday, September 7th, from 8 a.m. to 10 p.m. For more details, visit www.fcas.com. The Franklin County Fairgrounds are located at 85 Wisdom Way, Greenfield, MA.

J&B ROOFING, LLC.
Residential Roofing
Fully Insured
Same-Day Callbacks
Serving Cheshire County
603-313-5128
jbroofingoffice@gmail.com

HOMESTEAD COVERED BRIDGE
KITCHENS & DESIGN
SALE 20% OFF EXPIRES 9/30/25
NEW CABINETS
HCBKITCHENS.COM
603-207-1200
93 MONADNOCK HWY., SWANZEY, NH

ART GALLERY @
Syd's
Art in the Park
Reception
SAT., SEPT. 6, 3-4PM
Syd's, St. James St., Keene
monadnockareaartists.org

NEED A PLUMBER?
Northeast Plumbing
& Home Conditioning
Plumbing • Heating • A/C • Propane
603-313-8419
Serving NH & VT • NH LIC. #4291

PUPS AT PLAY
DAY CARE
BOARDING
GROOMING
686 RTE. 202, RINDGE
603-562-4547

GOT MOLD?
Tri-State Restoration
(603) 352-6802
Water / Fire / Smoke / Mold
FREE ESTIMATES!
TriStateRestoration.info

McClure's Tree Service
SPECIALIZING IN
DANGER TREES
Free Estimates • Fully Insured
Same Day Callbacks
Keene • **(603) 203-0613**

hamblet electric
80TH
ANNIVERSARY
See Back Page

WINDOW CLEANING
GUTTER CLEANING
PRESSURE WASHING
SOFT WASHING
603-762-3433
durlingcleaning.com

the MELANSON company
Roofing & Sheet Metal Since 1932
Commercial • Residential • Service
www.melanson.com • (603) 352-4232

BERGERON CONSTRUCTION CO., INC.
RESIDENTIAL • COMMERCIAL
Renovations • Additions • Custom Homes
Structural Repairs • Kitchens/Baths
358 Matthews Rd., Swanzey "Since 1909"
www.bergeronconstruction.com
603-352-4447

CASH FOR GOLD
GOOD FORTUNE Jewelry & Pawn
110 Main Street • Keene

UDDERLY GUTTERS
MAINTAIN • INSTALL • CLEAN • REPAIR
“sMOOth and in the Groove!”
603.899.2465
www.udderlygutters.com

Monadnock Property Improvement LLC
Landscaping • Painting • Carpentry
603-757-2329
mpi-llc.com • info@mpi-llc.com

STORE-IT SELF STORAGE
KEENE • WALPOLE • SWANZEY
New Rental Specials
1-800-352-5251

TEMPERATURE CONTROLLED UNITS
KEENE MINI STORAGE INC.
RT 101 • KEENE, NH
(603) 357-2666

POOL WATER DELIVERY
Clearwater Pool & Spa
603-357-5874

Cota & Cota
YOUR LOCAL HEATING EXPERTS
603-357-0000
WWW.COTAOIL.COM

CHESHIRE CLEANING
COMMERCIAL
Fully Insured & Bonded
cheshirecleaning.com
(603) 209-9735

DAVIS OIL & PROPANE
Now offering full service
PROPANE
603-352-1306

Mail: PO Box 487, Keene, NH 03431
Location: 445 West Street, Keene
Office open 9 am to 4 pm
PHONE 352-5250 FAX 357-9351
www.shoppernews.com
CIRCULATION VERIFICATION COUNCIL

Garden Renovations... 6
Labor-Saving Meals... 11

BIRTHDAYS.....	14	ENTERTAINMENT.....	12-13	GREEN.....	7	MYSTERY PHOTO.....	12
CLASSIFIEDS.....	14-15	FAMILY.....	9	HEALING.....	10	PETS.....	2
COOKING.....	11	GARDEN.....	6	MONEY.....	8	REAL ESTATE.....	15

40,247
Mailed Weekly
Mailed Into Every Home In
Keene and 36 Area Towns
Total Circulation 41,850

Established 2003

More than a REALTOR®
Someone you'll remember

Monadnock Board of REALTORS® President 2008 & 2015
2009 REALTOR® of the Year



Cell: (603) 355-6819



THE MASIELLO GROUP

(603) 352-5433

Nancy Thompson Nancy@NancyThompson.com

C.M. MINKLER

SEAL COATING

"Think Mink"

- Paving
- Driveways
- Hard Pack
- Patch Work
- Oil & Stone
- Seal Coating

- Line Striping
- Rumble Strips
- Cold Patch
- Drainage
- Site Work
- Asphalt Removal

- Excavating & Dirt Work
- Trucking

FREE ESTIMATES
603-414-7997

Veteran Owned Fully Insured Serving VT, NH, MA

OFFERING
RESIDENTIAL &
COMMERCIAL
SEAL COATING



ALL TREE
LLC

Fully Insured • Free Estimates
603-782-6659

Your affordable specialist for the trimming and removal (including emergency) of all trees.

SPRING & SUMMER
STORM PREPARATIONS

PRE-BUY PLANS AVAILABLE
PROPANE & FUEL OIL,
INCLUDING BIOHEAT



CALL NOW!
603-352-1306
559 MAIN ST., KEENE

Safe service with our professionals
24-hr Watchdog Service since 1926
WWW.DAVISOILANDPROPANE.COM

PET OF THE WEEK

from THE MONADNOCK HUMANE SOCIETY

Gravy

Meet Gravy, a goofy, lovable two-year-old pitbull mix with a heart of gold and a wiggly butt to match. Gravy came to MHS as a stray, likely

with his mama and siblings, so they don't have much history from his past. But what they do know is that in their care, Gravy has been nothing short of a sweetheart. He's playful, affectionate, and full of charm. He's still learning his leash manners – his signature move is the enthusiastic army crawl – so he'd benefit from continued training and a sturdy chest harness to help him feel secure. Gravy loves other dogs and would likely thrive in a doggy day-care or at the dog park, though he can come in a little hot at first. With a solid routine and an enriched environment, we think Gravy will thrive. All in all, Gravy's a total ham who's just waiting to wiggle his way into the heart (and home) of someone special.

The Adoption Center is located at 101 West Swanzey Road just outside of Keene on Route 10 South. Its open hours are Thursday through Sunday 11 a.m. to 3 p.m. Learn more about the adoption process and about other adoptable pets at www.monadnock-humane-society.org.



Casino Proceeds Benefit Monadnock Kitty Rescue

Is anyone "feline" lucky? Revo Casino has chosen Monadnock Kitty Rescue and Adoption as the charity to benefit from a portion of their proceeds from Monday, September 8th through the Wednesday the 17th at their Keene location on Emerald Street. The rescue will be hosting an official meet and greet on that Friday, September 12th from 6 to 8 p.m. Volunteers from the rescue will be on hand during those times to chat with supporters and casino players. Look for the big "cat" outside and be sure to "paws" for a photo or a hi five for good luck.

Monadnock Kitty Rescue is a 501c3 non-profit, no-kill rescue. Founded in 2002, they have been rescuing and adopting cats and kittens for the past 23 years. Sadly, there are still many more cats each year that are in need of their

help. This year has been very busy with many of litters of kittens. They have also noticed an increase in the number of surrenders and strays, many of them in need of medical attention. MKRA is able to help hundreds of cats each year through donations from their supporters and fundraising events. The casino fundraiser is one of the largest fundraisers of the year for them.

Revo Casino and Social House is open Sunday-Thursday 10 a.m. to 1 a.m. and Friday and Saturday 10 a.m. to 2 a.m. They offer food and drinks and a large variety of games.

The rescue is located at 11 Plantation Drive in Jaffrey. The hours are Tuesdays and Thursdays from 6 to 9 p.m. and Saturdays from 9 a.m. to 1 p.m. Currently they have many cats and kittens looking for their forever homes.

Peterborough Folk Music Society 2025 Season Fall Concerts

As the year winds down, Peterborough Folk Music Society (PFMS) has an array of well-known artists who will take to stages in the area bringing the quality and calibre of musicianship that has been the hallmark of PFMS since its inception in 1996.

The venues for the remainder of the year are Bass Hall in Peterborough, The Peterborough UU Church, The Park Theatre in Jaffrey, and Deb's House in Harrisville.

Many of the acts have played in PFMS concerts before and the fact that


they are returning reflects their deep popularity among concertgoers.

Some of the performers coming this fall are Rani Arbo and Daisy Mayhem, Folksoul, Garnet Rogers, Le Vent de Nord, and David Wilcox.

A full listing of the shows, dates, and locations can be found in the Entertainment section of this issue of The Monadnock Shopper News.

For more details and to purchase tickets online, visit www.pfmsconcerts.org.

Pride, Safety, and Excellence
separates me from the rest!



- Licensed in NH, VT & MA
- Fully Insured
- 10 Years Experience

Don't pay the big company's rate,
pay the working man's rate!

MORE POWER ELECTRIC CO., LLC

John Edwards, Master Electrician
603-499-3962

Read the MSN online:
www.shoppernews.com

NO BULL!

BRINGING LOW COST & HIGH QUALITY TOGETHER

WE NOW OFFER

COMPREHENSIVE EYE EXAMS!

Complete eye exam customers get

FREE Crizal Anti-Reflective Coating

with the purchase of a complete pair of glasses!

Appointments available daily Wednesday Thru Saturday.

Walk-ins Tuesdays from 10 to 4.

Darien Eyewear

Since 1998 • darieneyewearkeene.com



172 EMERALD STREET • KEENE • 603-355-2020 • 603-835-2020
Hours: Tues.–Fri. 10-4; Sat. 10-2, Closed Sunday & Monday

River Valley Artisans Art, Wine & Cruise-In Festival

Saturday, September 6 - 10-4

Sunday, September 7 - 11-4

Summit Winery - Rt 12, Westmoreland, NH



Local artists offering One-of-a-kind art, wine tastings all in tax-free NH.

Making the world a more beautiful place, one creation at a time.

Cheshire Floral Farm, Chesterfield Lion's Club food tent

Frogg Brewing & Cruisin' Cow

Cruise in both days until 2 pm - weather permitting



Thank you to all our sponsors & our Corporate Sponsors -
C&S Wholesale Grocers and Savings Bank of Walpole

www.RiverValleyArtisans.com



Warming Up to What's Next? Let's Make It Real.

Whether you're shifting direction in work, life, or business – you don't need a total reinvention. You need space to think, structure to move, and someone who can help connect the dots.

The Warm Theory offers modern coaching for people ready to take intentional next steps – even if they're still coming into focus.


Led by Kate Sussman, Certified Professional Life Coach

"I bring experience, clarity, and strategy to conversations that move you forward."

Book your free consult at thewarmtheory.com.

"The next version of you isn't far off. You're just warming up."

Monadnock Region & virtual | thewarmtheory.com | 603-714-8871



CUSTOM WINDOW TREATMENTS

Shades • Shutters • Blinds

Drapery • Home Automation



MONADNOCK
SHUTTER & SHADE
603.352.0511
MONADNOCKSHUTTERANDSHADE.COM

Jaffrey Civic Center’s Arts And Crafts Fair Is Family-Friendly And Free



Sylvia Ryder, owner of Worksby-Sylvia, showing off her hand painted shirts, artworks originals and art prints.

The Jaffrey Civic Center has announced its Arts and Crafts Fair, which will take place on Saturday, September 6th from 10 a.m. to 2 p.m. on the front lawn at 40 Main Street, Jaffrey. The event is free and open to the public.

This will be a festive day of creativity, craftsmanship, and community. The family-friendly event will showcase a vibrant mix of local artists, crafters, and food vendors offering a wide array of handmade goods and unique creations.

Visitors can browse fresh sourdough bread and other baked goods, festive balloon arches, and an assortment of handmade crochet plushies and gifts. The fair will also feature handcrafted jewelry, wall art, adult coloring books, stickers, notecards, and decorative knickknacks. Attendees will find sewn and crocheted items, segmented woodturnings, hand-painted shirts, canvas artworks, and glass panels.

Other highlights include 3D printed items, original artwork across various mediums, international snacks and beverages, and mystical-themed goods such as crystal and celestial jewelry, essential oils, soy candles, and skincare products.

There will also be beaded suncatchers, custom tumblers, hometown pride pillows, coaster sets, gnomes, baby onesies and dresses, Libbey glasses, laser-engraved gifts, and even hand-made cat toys.

There will be free family activities throughout the day, live music by The Cloutiers on the patio, and a Positivity Jars free activity with the always-joyful Hannah Banana. Kids and adults alike may get creative with “Fun with Collage Animals,” a free art activity led by talented local artists Ann-Marie Labolita and Joanne Boudreau. Families are welcomed.

Harvest Auction Will Benefit 3rd Congregational Church Of Alstead

Saturday, September 13th is the date of The Third Congregational Church of Alstead’s Annual Harvest Auction which will be held at 14 River Street in Alstead. It begins at 10 a.m., with viewing starting at 9 a.m.

Attendees will sit outside under a tent and enjoy a live auction full of new items, gift certificates, produce, pies, furniture, tools, household items, and

artwork. Over 100 items will be auctioned with more at the Silent Auction.

With items that would appeal to a wide range of ages, this could be an opportunity to purchase holiday gifts in advance of the season, or simply to find a treasure for oneself.

There will be drinks, hamburgers, hotdogs, and plenty of homemade goodies to enjoy.

HANDYMAN

Call Keene Handyman!
Repairs or Remodels
603-852-6891
KeeneHandyman.com

THE ONE ROOM SCHOOLHOUSE MICROSCHOOL • Swanzey, NH
OPEN ENROLLMENT - Fall 2025, K-5th grades.
Personalized small, intimate setting, limited seating.
Exciting HYBRID model: Digital learning foundation in Math, Reading, Writing. Innovative, Hands-on, Project-based learning in Science, Social Studies, Art, Coding, 3D printing, Typing.
Field Trips and Special Events!
NH EFA Scholarship accepted
K-5th TUTORING all year (open to public) – Math, Reading, Writing
Call Pollianne NOW! (978) 410-9715

PROFESSIONAL TREE SERVICES
TAKE-DOWN & REMOVAL • STUMP GRINDING
LIMITED ACCESS • HIGH-RISK TREES
A.B.R. TREE
40 Years Experience
603-400-0196
EASY ON YOUR PROPERTY - EASY ON YOUR WALLET!

UPCOMING PROGRAMS:
Wed., September 10th
Red Pines in NH • Kyle Lombard of the NH Department of Natural & Cultural Resources
Wed., October 8th
Goose Pond • Jeff Littleton of Antioch University

Our meeting starts at noon, with a break for light refreshments and presentation at 1.
Friendship Hall, First Congregational Church
Old Homestead Highway, Swanzey
Email: oldhomestead@nhfgc.org

AUTO, TRUCK AND EQUIPMENT REPAIR
H&S Industries
Trusted and Reliable
(603) 439-7664
10 MINUTES FROM KEENE

BEDS PLUS FREE
BEDMATCH
MATTRESS TEST
Peterborough • 603-371-0202

Sept. 7 6-7:30 pm
Full Moon Sacred Circle
Sept. 13 10:30 am-12 pm • Aerial Yoga
Sept. 20 5-7 pm • Celebration of the Fall Equinox
Sept. 21 4-6 pm • Zentangles with an Equinox theme
Sept. 28 1:30-3 pm • Didgeridoo for the Heart
83 Court St., Keene
josephine@alohakeene.com
Aloha
Healthy Living

Total Cleanout Solutions
Expert Estate Cleanouts • Hoarding Cleanup • Junk Removal Services

CLEAN OUT
Contact us at 603-762-1835 for top-rated cleanout and junk removal services today!

Treehugger Farms Stove Shop
Rt. 12, Westmoreland
Wood, Gas & Pellet Stoves
Federal tax credits available!
Green or Kiln-Dried Firewood
Stove Sale!
Up to \$500 OFF! Now thru 8/31
Order online or Call 603-399-8454
TREEHUGGERFARMS.COM
Mon-Fri 10-4, Sat 9-1

OUTDOOR SHOWER ROOM
Made with Cedar/Douglas Fir, includes all piping!
(978) 473-7363
chuck@outdoorshowercreations.com **\$2,250**

Turning 65 or New to Medicare?
Have Medicare & Social Security Questions?
FREE MEDICARE WORKSHOP
Wednesday, Sept. 17th • 6–7 PM

Workshops Held at Keene Public Library
Make Your Reservations at: FreeMedicareWorkshopKeene.com
Presented by Steven Bergeron
603-354-7770
Not connected with or endorsed by the U.S. govt. or the federal Medicare program. This is an advertisement.
 Find us on **facebook**.
Giveaways • Stories • Local Events

MAPLE TREES
BIRCH TREES
25% OFF

FALL MUMS ARE HERE!
Rt. 5, Westminster, VT
Exit 5, I-91 (20 min. from Keene)
Garden Center Hours: 8am-6pm, Daily
allenbrothersfarms.com • (802) 722-3395

Downsizing?
Interior & Exterior Junk Removal
Kennedy Junk Removal
603-354-9484
Serving Southern NH

Celebrate their lives
Honor your loved ones with a photo in the Shopper. Ask your funeral director for details.

SAVE \$300 UP TO

ON A NEW MATTRESS FROM ANDY'S!



THROUGH SEPT. 7TH



ON SELECT MATTRESSES ONLY!



OPEN 7 DAYS!

93 Park Avenue, Keene
603-352-4334
www.andysoak.com

Community Class And Yoga Nidra At Aloha



Becky Barrett in a shoulder stand

Aloha holds a monthly Community Yoga class followed by Yoga Nidra. This month, on Friday, September 5th, Becky Barrett is teaching the class from 4 to 5 p.m. It will be an all levels class. The Yoga Nidra experience pairs well with the Yoga class. Attendees do postures to shed the stresses of the week, then

lay down for the Sleep of Yoga to nourish the soul. Dr Caitlin Clarke facilitates this experience from 5:15 to 6:15 p.m. Folks may do one, the other, or both. Suggested donation for both is \$25. No one is turned away. All donations go to

the Monadnock Mindfulness Practice Center. Register at alohakeene.com or just show up at the door. Aloha is located on Court Street in Keene.

Donnas Rustic Barn Rustic, Farmhouse, Primitive, Americana

SHOP, Continued from page 1

"I can't believe it's been a year already!" comments owner Donna Arseneault. "This will be a fun event for everyone. People won't be disappointed."

This entire locally owned and operated store exudes character. From cozy layered textiles to rustic wood accents and soft, earthy colors, the unique offerings at Donnas Rustic Barn bring comfort and character into everyday living spaces, displayed in small vignettes. The primitive décor emphasizes handmade, vintage charm, and aged elements that give a home a welcoming, timeless appeal. There is a sprinkling of Americana that adds functional pieces with patriotic sensibilities to one's design.

The shop is stocked full of merchandise to complement any kitchen, bedroom, bath, and anything in between, and includes bedding, curtains, lamp shades and lamps, rugs, small furniture, towels, runners, trivets, holiday and seasonal items, hand-blown glass hummingbird feeders, feeling real-to-the-touch seasonal florals, and a lot more. All is quality and ever-changing merchandise that is not found in big box stores.

"I have always had a love for country/primitive décor," Arseneault says. "The warm colors, smells of apple pie, and coziness of the era have warmed my heart and home for many years. I wanted to share my love with the community and beyond. With the fast pace we all find ourselves in today, there is something about being home and feeling the comfort and simplicity of years past."

Arseneault originally opened Donnas Rustic Barn on her property in 2021, which she quickly grew out of and opened a larger shop in West Swanzey. Last year, the chance to grow her business even further at the new location was presented to her. The advantages and possibilities were unbelievable, so she grabbed the opportunity and ran with it. Since opening at the new location, Donnas Rustic Barn has won the 2025 Gold in the Keene Choice Awards for "Best Gift Shop."

"Donnas Rustic Barn is such a wonderful place to shop. The moment you walk in, you are welcomed by a cozy, well-organized atmosphere filled with unique finds," says customer James Concannon. "There is truly something for everyone – whether you are looking for the perfect gift for your mom, a friend, or just want to spruce up your home with beautiful décor, this shop has it all. And Donna is incredibly kind and helpful, making the whole experience even better."

For shoppers, Arseneault's energy and likable personality make their shopping experience at this woman-

owned business an easy one. She also enjoys networking with other like businesses in the area.

"Such a nice place," Tammy Barrett comments. "There is something for everyone. Donna is the sweetest person, very helpful, and if she does not have what you are looking for, she tries to get it for you."

Another customer, Brian Durocher, has this to say: "(This is) a neat little shop with a ton of cool décor for a rustic farmhouse vibe. Very friendly and helpful."

Arseneault took up a love for woodworking, which is apparent when customers see her expanded inventory of small benches, cabinets, jelly cupboards, small side tables, and shelves that she has designed and constructed herself. And special orders are not an issue.

Besides her enjoyment in woodworking, Arseneault is also a basket weaver and offers classes at the store. Follow her on Facebook to keep up with new inventory as well as class schedules.

Donnas Rustic Barn is exclusive (cannot purchase in other area stores) with the 1803 Soy Candle line. These 100 percent soy candles are non-toxic, burn cleaner with less soot, last longer, provide more even scent distribution, and are even food-safe after cleaning the empty jar.

Another candle brand that can be found at this shop is the local Witchy Woods Candle Co., and an exclusive to Donnas Rustic Barn is the Fall in Keene scent of room sprays, car fresheners, and squeezable wax melts that are packaged in a pouch and designed to be squeezed directly into a wax warmer to release a strong fragrance.

"Excellent shopping experience. Staff is extremely knowledgeable and cordial. Can't wait to return," adds customer Terri Frith.

Donnas Rustic Barn is open Wednesdays through Saturdays from 10 a.m. to 5 p.m. and Sundays from 10 a.m. to 4 p.m.

Future plans include the annual Home for the Holidays event set for Saturday, December 6th, when everything is all decked out for the holidays. The following Saturday, December 13th, Santa will make a stop at Donnas Rustic Barn from noon to 4 p.m. for photos.

There are also plans in the works for a Men's Night before Christmas (and, yes, the staff wrap!). Keep an eye on their Facebook page.

Donnas Rustic Barn also has gift certificates, and just ask about the loyalty program.

For more details, call 603-499-0411, email donna@donnasrusticbarn.com, or visit www.donnasrusticbarn.com.



THE CHIMNEY SPECIALISTS, INC.
Chimney Sweeping • Construction • Relining
Repairs • Installations • Inspections • Waterproofing
Serving the Monadnock Region for over 40 Years
(603) 357-4159 • www.chimneynh.com • info@chimneynh.com

NOW SPECIALIZING IN

AUTOMOTIVE

ACCESSORIES AND

PERFORMANCE PARTS

ALTERNATIVE DETAILING SOLUTIONS

257 Rt 10, Gilsum • (603) 358-3300

Cota & Cota

FAMILY OWNED & OPERATED SINCE 1941

PROPANE GAS • PLUMBING

HEATING OIL • GENERATORS

24/7 QUALITY SERVICE

455 WINCHESTER ST, KEENE NH

603-357-0000

WWW.COTAOL.COM



Mobile Food Pantry

September:

- Fitzwilliam: September 13, Fitzwilliam Inn, 1:00PM
- Winchester: September 20, Elmm Center, 1:00PM
- Richmond: September 27, Veteran's Hall, 1:00PM

October:

- Fitzwilliam: October 18, Fitzwilliam Inn, 1:00PM

New Client Enrollment:

If you are interested in receiving food assistance, please bring proof of residence (license, vehicle registration, piece of mail with street address). All residents of the Monadnock region are welcome! For questions, call (603) 352-3200.



For more information and schedule updates, scan the QR code or visit Thecommunitykitchen.org



PAVING EXCAVATING TRUCKING MATERIALS

OVER 25 YEARS EXERIENCE
EXCAVATING • SITE WORK • SEAL COATING • LINE STRIPING
ASPHALT REMOVAL • DRAINAGE • SAND • STONE • GRAVEL • LOAM
DRIVEWAYS • PARKING LOTS • ROADS

FREE ESTIMATES • LICENSED & INSURED
JASON ANYAN, OWNER/OPERATOR • (603) 400-5515
GEMINIIND6175@GMAIL.COM • GEMINI-INDUSTRIES-NH.COM

Blue Fern Artists Collective
Opens New Gallery



Blue Fern Artists Collective board members Joan Cunningham, Deb Caplan, Sue Ann Hum, Miriam Dunn, and Pelagia Vincent stand in front of the new Blue Fern Gallery.

With a dual mission to foster community-building opportunities for local artists and present a retail gallery showcasing art in various mediums and price ranges, Blue Fern Artists Collective Gallery will hold its grand opening at 40B Main Street in Peterborough on September 5th, with a reception from 6 to 8:30 p.m.

Non-profit artist collectives consist of members working together to expand community engagement with art and its creators. During the startup phase, Blue Fern founders researched similar groups in New England and received mentorship from Hannah Grimes Business Lab and leaders at the Harmony Collective Gallery in Brattleboro, VT.

Blue Fern is also proud to partner with MAXT Makerspace, with plans for creative collaboration between the two organizations, and will include work created at MAXT in the gallery. Visitors are encouraged to stop by the gallery to discover the work of 20 local artists, including painting, jewelry, fiber arts, printmaking, glassworks, ceramics, woodworking, and more.

After the grand opening, hours will be 10:30 a.m. to 5:30 p.m. Wednesdays through Saturdays and noon to 4 p.m. on Sundays. Learn more at blueferngallery.org. For more details, email to art@blueferngallery.org.

CONSIGNMENT CABIN

CONSIGNMENT • ANTIQUES • GROUP SHOP

Antiques • Decor • Jewelry • Local Artisans • Floral
Cookery • Niche Markets • Seasonal Outdoor Area
HOURS: SUN-MON, THU 10-4 • WED, FRI-SAT 10-6
CLOSED TUESDAYS
1 Main St., Marlborough • 603-876-3352
www.consignmentcabin.com

\$19.95 State Inspection

City Tire-Keene, NH • 124 Main Street • 603-357-1332

CityTire

Auto Care Centers

Please call
for
appointment

\$29.95

Standard Oil Change

\$59.95

Synthetic Oil Change

Kirsten Perkins

REALTOR®

603-499-3344 • 603-352-5433
kirstenperkins@masiello.com

Free Consultation
Priceless Advice

BetterHomes

and Gardens

REAL ESTATE

THE MASIELLO GROUP

\$5.00 OFF

ANY PURCHASE OF \$25 OR MORE

TOY CITY

133 Key Road • Keene, NH
(603) 352-3131

*One coupon per person, per purchase. Not redeemable for cash. Exp. 9/30/25.
Cannot be combined with other offers.

Celebrating
53 Years!

WORSHIP WITH US

Sunday at 10:00 a.m.

The First Congregational
Church of Swanzey

679 Old Homestead Highway
603-352-6689 • www.swanzeyucc.org

SIGN UP NOW FOR

FALL
LESSONS

DRUMS • GUITAR
KEYBOARD • BRASS
PERCUSSION • STRINGS

ROUSSEAU'S
MUSIC

124 Main St. • Jaffrey
603-532-4311
rousseauismusic.com

The coziest sneaker-boot
you'll ever meet.

Voted #1
GOLD
Best of
Monadnock
2024
Readers' Choice Awards
SHOE STORE

BOOTLEGGER'S
FOOTWEAR CENTERS

425 West St., Keene • 603-352-5201

Understanding
Hospice Care

Separating Facts from Myths

Join us at Covenant Living of Keene and learn the truth about hospice care with HCS—Home Healthcare, Hospice and Community Services. Enjoy refreshments, tour our Assisted Living community, and get your questions answered by trusted experts.

Thursday, September 11 • 6 pm

To RSVP, call (603) 921-0995.

WE'LL COVER:

- What hospice is (and isn't)
- Where it's provided
- How it's paid for
- Who is eligible
- What's not covered

100 WYMAN ROAD • KEENE, NH
COVLIVINGKEENE.ORG

covenantliving

of KEENE

Covenant Living of Keene and the Covenant Living of Keene logo are trademarks of Covenant Living Community and Services. All rights reserved.



Scott Wilson
Master Carpenter
(631) 427-1691

SURVEYING & ENGINEERING
Lot Lines • FEMA-Elevation Certs • Subdivisions • Site Plans
Plus Septic Designs, Wetlands & Soil Mapping,
Local, State & Federal Permitting and More!

FIELDSTONE
LAND CONSULTANTS, PLLC
Surveying • Engineering • Environmental

603-672-5456
FieldstoneLandConsultants.com

UNMATCHED EXPERIENCE.
UNMATCHED RESULTS.



RANGER CURRAN



DEBBIE LUCEY



VINCE DOLAN



ALEJANDRA SPRUILL



CONNIE JOYCE



BERT INMAN



CLARK WULFF



TERE CLARKSON



MARY RAISEN



NICK CELENTANO



JOSHUA BENNER



RE/MAX
TOWN & COUNTRY
117 WEST ST. KEENE, NH 03431 (603) 357-4100 • www.mykeenehome.com

Stressless
A PLACE THAT MOVES YOU



Stressless® Buckingham
Paloma Taupe



Stressless® Consul
Batick Mole

10% off
ON ALL STRESSLESS
FURNITURE

VALID UNTIL OCTOBER 27
*See sales associate for details

ENDORSED BY
ACA
AMERICAN
CHIROPRACTIC
ASSOCIATION

Frazier & Son
FURNITURE
233 Old Homestead Hwy. (Rt. 32) Just south of the airport • Swanze, NH Mon.-Fri. 10 to 6 • Sat. 10 to 5 • Closed Sun.

(800) 494-3876
(603) 352-0337
www.frazierandsonfurniture.com





Garden Renovations

We are in the process of renovating our garden along the walkway in front of our house, which overlooks the stone wall my husband built a few years ago. The rhododendron and azalea were almost covering our windows, so we trimmed them back and can now see our window boxes. The overgrown, unruly bush in the front garden was out of control, so we had it removed, and now have a large empty space that needs to be filled. We kept our peony bushes and our hardy mums that come up each year, and now have room for two or three flowering bushes and perhaps some perennials. Since I like sitting on our screen porch reading, I decided I'd like to plant flowering bushes and perennials that attract pollinators and hummingbirds to enjoy when I'm on the porch.

I did some research and found native shrubs called shrub roses, which are beloved by gardeners for their resilience, beauty, and versatility. They offer profuse blooms, are remarkably disease-resistant with low maintenance, and like full sun. Whether you seek structure for your landscape or vibrant color through the growing season, shrub roses provide endless possibilities. They are part of a wide group of plants with many colors that produce in masses, rather than singly on the stem. The clusters of flowers produced are the source of appeal towards these plants.

Since we have a beautiful holly bush in our side garden, I thought that it would also look well in this garden with its shiny green leaves and brightly colored red berries. We found it to be resilient, providing food and shelter for wildlife, especially birds, can be grown in well-drained, slightly acidic soil in full to partial sun, and also produce tiny white flowers that bees enjoy.

Other native flowering shrubs in New Hampshire include Winterberry (Ilex verticillata), which produces red berries, and Spicebush (Lindera benzoin), with early spring yellow flowers. The New Jersey Tea (Ceanothus americanus) is known for its white flowers and seed production, and the Virginia Rose (Rosa virginiana) also thrives in New Hampshire, offering fragrant blooms and acting as a native host for local wildlife.

An unusual perennial that I found is the Early Figwort (Scrophularia lanceo-

lata) with small, green-maroon flowers whose beauty is better appreciated up close. What this plant lacks in looks, however, it more than makes up for in pollinator power. Early Figwort is a prolific nectar-producer. Beekeepers know this plant by the name "honey plant" and even used to plant figworts, especially, to feed their honeybees. It will also draw in butterflies and even

hummingbirds. The Butterfly weed (Asclepias tuberosa) is a native North American perennial wildflower known for its bright orange flowers and its importance as a host plant for monarch butterfly caterpillars and a nectar source for various pollinators. It is a type of milkweed, but, unlike most others, it does not produce a milky sap when cut. This drought-tolerant plant thrives in full sun and well-draining soil, making it a popular choice for gardeners.

The New England aster (Symphyotrichum novaeangliae) is a tall, branching perennial native to North America, known for its vibrant purple-lilac, daisy-like flowers with yellow centers that bloom from late summer to fall. It thrives in full sun to part shade and moist, well-draining soil, attracting pollinators like bees and butterflies. To manage its height and encourage bushiness, prune it in early summer.

These native flowering bushes/shrubs and perennials have certainly given me ideas on what to add to my garden. I plan to get some compost and start getting the garden space ready this week.

I also found a wonderful native perennial nursery online called Fassett Farm Nursery in Jaffrey, nestled at the base of Mount Monadnock, which offers an extensive inventory of plants native to the Northeast that support pollinators and wildlife. They welcome visitors to the nursery to explore their 10 acres of trails and plantings. Their address is 822 Mountain Road.

Rose Kowaliw has enjoyed gardening for over 40 years and also has a variety of houseplants, including a few she's had for over 20 years.

Woods and Gardens
with Rose Kowaliw



WEBSITE DESIGN
Building Websites Since 1995

We offer a wide range of website design services which includes:

- Wordpress Website Design
- Content Management
- Hosting, Domains & Email
- Search Engine Optimization
- Fair Competitive Pricing

603-357-0643
KeeneWebWorks.com



Wealthcare Capital Medicare Workshop

A free Medicare workshop – held at Keene Public Library on Winter Street – will be presented by Steven Bergeron of Wealthcare Capital on Wednesday, September 17th from 6 to 7 p.m. For more details, call 603-354-7770. To make a reservation, visit www.freemedicareworkshop-keene.com/upcoming-workshops.

IS THIS YOUR MONTH?
Motorcycle & Motor Vehicle Inspections
Don't wait. Make an appointment today!



RED'S
12 River Street, Jaffrey, NH
603-532-6642 • REDSofJAFFREY.COM

9

Save Some Money At The Supermarket

It seems like everything has been getting more and more expensive. Groceries are high among them. One way to save some money on groceries is to buy in season. Right now farms are beginning to have abundant crops. Fresh veggies are locally available, and most farms will give you discounts if you purchase a large amount. The trick is knowing how to make them last.

Peas, beans, corn, broccoli, okra, Swiss chard, spinach, and berries can be frozen. Berries are the easiest because they can be right away frozen on a cookie sheet before being transferred into glass containers. The rest need to be steamed a bit first then placed in ice water to cool down before the cookie sheet. With Swiss chard, spinach and beet greens, or any other greens, they should be placed in a bowl which then gets placed in ice water to cool them down. The very first time I froze purslane, I put it directly into the ice water, which immediately turned pink. There went my vitamins and minerals...

**Green
Monadnock**
with Celeste Longacre



Winter squashes are usually good keepers and they need to be sunned for two weeks before going into storage. They also need to be perfect: no nicks or cuts, and they need to have their stems. I put mine on the picnic table and turn them every few days. If frost threatens, I take them in for the night. Butternuts are among the best keepers, so I eat the spaghetti, acorn, and delicatas first. I store them on my wooden beams where I can keep an eye on them. I put newspaper down underneath because when they go they can mush quick.

Some varieties of onions are good keepers and local farms will often sell 25 pound bags of them in the fall. These can easily be kept in string bags in the pantry.

A root cellar is necessary to be able to keep beets, carrots, and potatoes. If you have a cellar that doesn't freeze, you can construct a critter-proof room in part of it. If your heater is in the basement, you can pick a corner that is farthest away and build a couple of walls with insulation to keep the heat out. Some people have claimed success using the bulkhead to their basement in this way.

I keep my beets and carrots in our root cellar. I pick them and cut off the tops (the beet tops go right into the freezer). Then I lay them out in the sun to get them dry for 20 or 30 minutes. Do not leave them in the sun for a long period of time. The sun will eventually turn the carrots green, which makes them inedible. After they are dry, I take a five gallon clean plastic bucket and cover the bottom with very dry sand or wood chips. The sand works the best, but a five gal-

lon bucket of sand is too heavy for me to move, so I now use wood chips which work almost as well. I then gently brush the extra dirt off of the beets or carrots and lay them on top of the chips, not touching each other. I cover them with more chips and put in another layer. I do this until the bucket is full, then put on a cover and move it into the root cellar. These veggies will look like you just picked them when you take them out next July.

Potatoes are the easiest. I let them dry in the sun, again, only for a short time. These get brushed and put into milk crates. Just don't pack them in so high that the bottom ones mush from the weight. And your space must be critter-proof. Potatoes know that they should be planted in April, so they will begin to sprout then. Before then, they will look perfect.

Happy harvesting!

MISSING DOG
GENEROUS REWARD!
*Roscoe - Medium size black/white Pitbull Mix, friendly.
Could be in the Rindge, New Ipswich, Fitchburg areas or beyond.*
(603)593-2207

DALE BLANCHARD
DRYWALL
CALL ME!
Drywall & Interior Painting Services
2-in-1 - Get it done!
SPECIALIZING IN
NEW HOMES • ADDITIONS • REMODELS
TINY HOMES • GARAGES
INSURANCE REPAIR JOBS
FULLY INSURED • REFERENCES



40+ YEARS' EXPERIENCE
I DO WHAT I SAY
WHEN I SAY!
100s OF SATISFIED CUSTOMERS
603-499-2006

HOULE
WEALTH MANAGEMENT

Strategic Investing:
Your Future, Our Focus



Free Consultation
Let's Get Together

Joshua I. Houle
CFP®, APMA®, AWMA®
Wealth Manager

603-352-0222
josh.houle@lpl.com
143 West St., Keene, NH
www.houlewealth.com

Securities and advisory services are offered through LPL Financial, a registered investment advisor, Member FINRA/SIPC.

A Trusted Partner for All Your Renewable Energy Needs

Solar, Home Heating and Cooling
Federal Tax Credits Available

37 Roxbury St. Keene, NH 603-358-3444
GreenEnergyOptions.com

Healthy Skin Starts Here at
Integrated Dermatology of Chesterfield

Same Day & Next Day Appointments Available!



Lisa Ahava, PA-C
Board-Certified Physician Assistant
Accepting New Patients

We Treat Diseases of Hair, Skin, and Nails Including:

- Acne
- Atopic Dermatitis
- Cysts
- Eczema
- Folliculitis
- Hair Loss
- Infections of Skin & Nails
- Psoriasis
- Rosacea
- Seborrheic Keratosis
- Skin Cancer
- Screening/Treatment
- Skin Tags
- Stasis Dermatitis
- Sun Damaged Skin
- Vitiligo
- Warts, and more

Contact us for an appointment today! Call: (603) 363-4469

**INTEGRATED
DERMATOLOGY**
OF CHESTERFIELD

745 Route 63, Chesterfield, NH 03443
Phone: (603) 363-4469
www.ChesterfieldDerm.com



Maple Hill Nursery
&
GREENHOUSES
EST. 1984
NURSERY STOCK & GREENHOUSES ON 6 ACRES
Locally Owned & Operated for Over 40 Years



PERENNIALS
MUMS
NURSERY STOCK



THURS.-SUN.
these 2 items only
10% OFF
RHODODENDRONS




ORNAMENTAL GRASSES

FALL MUMS ARE HERE!

6 COLORS of BARK MULCH
BAGGED OR BY THE YARD **CEDAR MULCH** 3 BAGS FOR **\$14**


COMPOST
Suitable for food gardens BY THE YARD

OCEAN COMPOST • FERTILIZER • POTTING SOILS • GRASS SEED
Rt. 10 South, Swanzey, NH 1 Mile South of Market Basket • Open 7 Days
603-357-2555 • www.maplehillnursery.com



Joseph D. Durell, CFP®, MBA
Senior Vice President – Branch Director
Portfolio Manager – Portfolio Focus

70 Main St., Suite 300 | Peterborough, NH 03458
(603) 924-4816 | joseph.durell@rbc.com
www.joedurell.com



A division of RBC Capital Markets, LLC.
Member NYSE/FINRA/SIPC. 21-PE-00265 (02/21)

Total Cleanout Solutions ~ Efficient Cleanout Solutions For A Clutter-Free Life

Total Cleanout Solutions offers efficient cleanout solutions for a clutter-free life. The team at this locally owned and operated business is dedicated to handling estate cleanouts; basement, attic, and property cleanouts; hoarding cleanups; and efficient junk removal.

They offer free estimates, eco-friendly solutions, and flexible scheduling to accommodate residential, commercial, and college campus needs.

For more details, call 603-762-1835.



Robert Devlin and Jacob Foren of Total Cleanout Solutions are pictured ready to unload after a cleanout.

Winners Of The J Field Foundation Charity Golf Tournament

The J Field Foundation Charity Golf Tournament recently took place at Crotched Mountain Golf Club. This charity is in support of the foundation’s mission to provide equine therapy sessions to veterans and youth living with traumatic brain injuries. Foundation President, Jennifer Field of Peterborough, sustained a traumatic brain injury when the car she was driving slid on black ice directly into an oncoming tractor trailer on Route 101 in Dublin.

First place winners include Moe Kelly, Josh King, Ron Record, and Bill Duerig who generously donated their winnings back to the foundation. Christy Vigue won the Women’s Longest Drive as well as the raffle prize of two Red Sox tickets. Jim Stevens won the Men’s Longest Drive. Closest to the Pin were Laura Gilman and Hunter Ledieux. There wasn’t a winner of the \$10,000 hole-in-one contest.

“Because of the generosity of all of our sponsors, golfers, and volunteers, the J Field Foundation will award even more scholarships this year,” says Jennifer Field. “We are already working on ways to grow the tournament next year, to help even more individuals, who like me, have the daily challenge of living with a traumatic brain injury.”



J Field Foundation President Jennifer Field (second from left) with Charity Golf Tournament winners (L to R) Ron Record, Josh King, and Moe Kelly, with son Carver.



*Protecting Families,
Friends & Neighbors
for 40 years*

**The Insurance
—SOURCE Inc.**

*The source for all your insurance needs
Since 1984*

There are many options when it comes to your insurance needs. At The Insurance Source, we don't have a cartoon mascot, a catchy jingle or a tool that somehow lets you name your own prices. What we do have is a local, dedicated and caring staff who always knows your name when you call. We take pride in helping our friends and neighbors. If you value a more personal touch when it comes to your home, auto, business or life insurance needs, please give us a call or visit our website, www.insurancesource.com.

603-357-2219 • 82 Court Street, Keene • insurancesource.com

KEENE MONUMENT COMPANY

“We make memories last”

We are the leader in stone products and specialty lettering. Visit the area's largest display of monuments and memorials.



Bronze Plaques, Granite Mailbox Posts, Steps, Benches & More!
555 Main St. • Keene • 603-352-7221 • Fax 352-0309
Local Family Owned • www.keenemonument.com

Q&A Armory




**New & Used Firearms
Ammunition • Accessories**
6 Brakehill Rd., Gilsum, NH
603-439-0155
qandaarmory@gmail.com

Cheshire Village At Home Social Takes The Loyalist Stroll

Cheshire Village at Home will host its monthly Social on Thursday, September 11th at 1:30 p.m. Participation is limited.


Attendees will meet at The Wyman Tavern at 339 Main Street, Keene, and take The Loyalist Stroll on the Wyman Tavern Block to see the homes where three Keene residents who were loyal to England lived, and learn about them at a lecture in The Wyman Tavern Tap Room.

For more details and to register, call 603-903-9680.



Your Choice wills & trusts
elder law

Estate Planning and Elder Law Attorneys



Nathan G. Chaffee **Sarah C. Frankel**

WARD LEGAL GROUP

129 West Street • Keene
603.352.7310 • www.wardlegalgroup.com

CMG HOME LOANS | CURRY

Are you thinking about
PURCHASING A HOME?

Contact me

GREG CURRY
SR. LOAN OFFICER • NMLS ID# 772545

603.852.8082
gcurry@cmgfi.com

69A ISLAND STREET, SUITE 3
KEENE, NH 03431
BRANCH NMLS ID# 1821795

NMLS ID# 1820
NMLS.COMPLAINTPROCESSING



Find us on 

MONADNOCK APPLIANCE

MonadnockAppliance.com

**Your local service provider since 2010
is now also your NEIGHBORHOOD
APPLIANCE RETAILER.**

Refrigerators • Freezers
Dishwashers • Stoves • Cooktops
Washing Machines • Dryers
Dryer & Vent Cleaning Service

603-899-9999

Come visit our NEW STORE
497 US-202 #1
Rindge, NH 03461
(near Market Basket)



DAR BULLOCK

Edward Jones

Member SIPC

Is your family growing? Plan for your future.
Call to schedule a one-on-one.



Scot A Ward, CFP®, CRPC™
Financial Advisor
178 Main St Suite B
Keene, NH 03431
603-499-7134

MKT-5894P-A AECSPAD

edwardjones.com

DAN'S

"Solving Your Water Quality Problems"

WATER TREATMENT SERVICE

Over 36 Years' Experience
SALES OF NEW SYSTEMS
We Service What We Sell

- Water Softeners
- Neutralizers
- Iron Filters

888-679-6059 or 603-756-4398
DAN WATERMAN



Building Structure Through Family Routines

Family routines provide structure. They promote consistency. And they provide opportunities for families to spend time together and have fun. They help children know what is expected and promote a sense of belonging.

Monadnock Family
with Sheri Lapointe



Kids feel safe and secure when their world is predictable. Routines create an environment where children can feel confident about what will happen, and that makes them feel safe. Additionally, family routines build relationships and strengthen bonds between parent and child. Routines support children in developing skills and independence. September is a great time to focus on those routines.

Family routines can be established over time, with new ones added as needed. Everyday activities like meal-times and bedtime lend themselves to routines, but they can be established for any regular activity. They don't need to be complicated to be effective.

Some routines may happen naturally. You may develop a schedule such as bath time, put on pajamas, brush teeth, and tuck kids into bed. However, you may want to create new routines as you go along.

To create a new routine, such as reading a book together before bed, tell your child about the idea. Show how excited you are to read a story. Let your child choose the book. This routine can be a great way of getting children to enjoy bedtime. For younger kids, it might be one picture book, and with older kids you could read a chapter together. Don't abandon the routine just because your child learns to read. Reading aloud is great way to continue to support your child's reading skills. You can even opt to take turns reading to each other.

Follow the routine as much as possible, but don't worry if you have to skip it once in a while. There is room for exceptions, changes, and additions. After a new routine is established, you can

introduce another to your family.

Routines around household chores help kids develop a sense of responsibility and build basic skills. When starting household chore routines, kids will need support and guidance to learn how to do the tasks. They will need supervision to ensure they follow through and feedback so they can recognize a good job or learn what to do differently.

Routines can promote health and wellbeing. Routines around brushing teeth, washing up, and physical activity can build good habits. And as a result, improved dental hygiene may lead to fewer cavities, and good hand washing decreases the frequency of kids getting sick.

Develop some routines to help your child learn to manage stress, such as focused breathing activities to help kids calm down when they are feeling upset. Practice these skills during times of less stress so your child will be better able to do them when needed.

Stick to routines as much as possible if your family is experiencing difficult life events. Doing what is typical and expected will help your family feel more connected even when going through challenges.

Routines may take some time and effort to develop, but they have many benefits for parents, too. They can help you feel organized and in control, which will help you manage stress more effectively. Consistent routines can increase parents' confidence. Having routines will support getting through daily tasks more efficiently which frees time for other activities.

Building consistent routines will help your family function better, increase positive interactions, and decrease arguments. You can keep some flexibility to your schedules to adapt as kids grow and develop.

Play. Explore. Imagine.



Cheshire Children's Museum

149 Emerald Street, Keene
(603) 903-1800 • Open Tues–Fri 9–5 • Sat–Sun 9–4



PHIL'S TREE SERVICE
Keene, NH 03431
philstreeservices.com | 603-352-0202

VOTED #1



5 YEARS IN A ROW!

A big thank you to all our wonderful customers who voted Phil's Tree Service as the Best of Monadnock for the fifth year in a row! We're so excited and grateful for your support! Our amazing team is dedicated to delivering the best service possible, and we couldn't have done it without you. Thank you for being such a big part of our success!

WE APPRECIATE YOU!



W.E. BROWN ROOFING
www.webrownroofing.com
FREE ESTIMATES
Asphalt, Metal, Slate, Flat Roof
Residential & Commercial
603-352-6382




603-363-8197
A FULL - SERVICE TREE COMPANY!
www.wilcoxtreeservice.com
24 HOUR EMERGENCY SERVICES
HAZARDOUS TREE REMOVAL
FREE ESTIMATES
FULLY INSURED





WILCOX CRANE SERVICE
603-903-8624

Flagg's Window Cleaning
Residential & Business
603-721-1212

STAR PAINTING
Interior Painting
Spray-Roll-Brush
Drywall Repair
FREE ESTIMATES
20% Off with Ad
(H) 603-357-1325
(C) 603-721-6220



Our Impact, Our Monadnock
You're invited to a celebration of community and the impact we create together.
Join us and be a part of real impact, real stories, real neighbors helped.
Tuesday, September 16
8:30–10:00am buffet breakfast
Heberton Hall, Keene Public Library
60 Winter Street, Keene
Sponsored by

Register here


FALL SAVINGS
on
WOOD PELLETS
DELIVERY AVAILABLE

Maine Wood Pellets
\$339/ton



Cubex Wood Pellets
\$349/ton





HAMSHAW LUMBER INC.
OPEN DAILY
Rt. 10 South, Keene, NH • (603) 352-6506 • 68 New Athol Rd., Orange, MA • (978) 544-8211

DEAR FATHER TIME & MOTHER NATURE

I'M MOVING IN WITH AUNT SCIENCE

**BOTOX • LIP FILLERS • WEIGHT LOSS Rx
IV INFUSIONS • CHIN & NECK REDUCTION
HAIR RESTORATION • VAMPIRE FACIALS**

Introspect Wellness

(603) 338-6065
hello@introspect-wellness.com

introspectwellness introspect_wellness_nh

Starr Memorial Garden Annual Dedication

The Starr Memorial Garden Rededication Ceremony will be held on Sunday, September 14th at noon in the garden, located by following the path that leads from 69 Washington Street behind the KUUC sanctuary.

The garden was created to remember the lives of individuals who have died from AIDS, and the medical and spiritual caregivers who worked to make a difference in their lives.

HEALTHY SHOES • PROFESSIONALLY FITTED

BROOKS • BIRKENSTOCK • CLARK • HOKA • NEW BALANCE

BootLEGGER'S

FOOTWEAR CENTERS

425 West St., Keene, NH
bootleggersfootwear.com
603-352-5201

VOTED THE #1 WHOLE-FAMILY, FULL-SERVICE SHOE STORE

Sojourns is excited to announce our new Wellness Program

Please visit our website for
more info!
[https://www.sojourns.org/
sojournswellnessplan](https://www.sojourns.org/sojournswellnessplan)

4923 US Rt. 5 Westminister, VT 05158
802-722-4023

WALK-IN WEDNESDAYS



**You have questions,
we have answers!**

**Drop by for completely free,
no-commitment advice.**

Every Wednesday, 1 - 3 PM
at the Keene & Peterborough Offices
Charlestown by appointment



Home Healthcare
Hospice & Community Services

(603) 352-2253 | info@HCSservices.org | www.HCSservices.org



**Learn more about
Walk in Wednesday
using the QR code!**



Celebrate their lives

Honor your loved ones with a photo in the Shopper.
Call 603-352-5250, email obituaries@shoppernews.com
or ask your funeral director for details.



From The Mud

I'm having a bit of a spiritual crisis at the moment. Perhaps this happens when changes in life shift things and you feel disoriented. There is confusion and it is hard to see things clearly. Consequently, I am questioning everything.

Change and evolution are the constants of life. Nonetheless though, it is difficult when those changes affect your bedrock. There is a process we go through when we die where we shed our worldly limitations, our physical weaknesses, and emotional burdens. It is a process of transformation, cocooning for a time, to emerge as pure spirit. We are not unfamiliar with this process because it happens in subtle ways, or not so subtle ways, throughout life as well. Shedding physical weaknesses and emotional burdens is how we mature and change.

The third part, shedding physical limitations, may mean changing beliefs about the very nature of our reality. Here is the "leap of faith" that brings me to how we heal and keep ourselves vital. What if we can shed our worldly limitations as part of our healing process toward vitality? Can we shed our beliefs that tie our physical body into an aging and disease process? Is it possible to change our preconceived understanding of self? Things that have always been that way may not need to continue as such.

This "shedding" process happens when we die, and it is transformational. Because it is so deeply a part of our being, some people are using this knowledge for healing. We can use it to transform our body and mind. With greater awareness we can more fully become divine beings living in a body. And as we raise our consciousness, we may connect more easily with divine beings of light and divine light itself to transform and heal.

I have spent much time over the past few weeks

Healing Perspectives

with Rosie Carey



and months in pursuit of greater awareness only to find myself in the mud, not seeing clearly, and fielding the chaos of change. It seems my change may also have affected, or infected, others around me. More chaos. I think it is a good lesson in why transformation is so hard, and why, when you change even just your own vibration, it affects so much. That's the good news and that's the bad news.

Truth is, bringing in divine light helps to raise our vibration. We have been moving toward this form of healing for a long time. Many of us pray and meditate to raise our vibration and to also help keep our bodies vital. We realize that as we attune our energy bodies and our physical bodies, we create greater harmony with life itself. We are co-creators of our reality. As we pray, ask, and desire change, we realize an interactive relationship with all of creation.

Living as a divine being is not the same as becoming pure spirit when we die. Though like the lotus that grows from the mud, we may also come to know the beauty, divine nature, and potential of our being in this life. The world is yours for the asking.

Rose Carey is the founder of LifeLight Healing Center at 206 Washington Street, Keene. Sensitive to energy fields, she clears your aura and home of unwanted darkness. 603-852-8300.



S. Fyffe
INJECTIONS AND INFUSIONS
Confidence Looks Good on You

- Aesthetic injections & IV infusions available
- Safe, professional nurse-owned & operated
- Customized treatments for your needs

Boost confidence & wellness inside and out!

Located in Peterborough • (603) 209-5655
Simone@sfrnjections.com | www.Sfrnjections.com

Everything You Need at Prices You Can Afford!

ALL ITEMS AND HALLOWEEN COSTUMES ARE HERE!

**Come in and see all
that we have to offer.**

Store Hours: Mon.-Sat. 10am to 5pm
Donations: Please Call

132 Rt. 12 S., N. Swanzey • 603-357-2207



Brattleboro Hearing Center

BHC

Brattleboro, VT
130 Austine Drive
(802) 254-3922

Swanzey, NH
217 Old Homestead Hwy
(603) 354-3325

Greenfield, MA
329 Conway Street
(413) 773-5119

- Hearing testing and hearing care for our community
- We use an evidence-based approach
- We listen to your needs
- We keep up with new technology
- We ♥ what we do!



We're All Ears!

GOLD Best of Monadnock 2024 Readers' Choice Awards

GOLD Best of Monadnock 2024 Readers' Choice Awards

GOLD Best of Monadnock 2024 Readers' Choice Awards

GOLD Best of Monadnock 2024 Readers' Choice Awards

GOLD Best of Monadnock 2020 Readers' Choice Awards

www.brattleborohearing.com

KEEPING SMILES HEALTHY, ONE APPOINTMENT AT A TIME.

ACCEPTING NEW PATIENTS.



Call us TODAY

#OurTownDental



VOTED #1 DENTIST

Dr. Jihae Yang, General & Family Dentist
106 Grove St., Peterborough • 603-567-4955 • info@ourtowndentist.com • www.ourtowndental.com



YOUR GUM AND DENTAL IMPLANT SPECIALISTS



DR. KWON • DR. TASE • DR. MOURAD
BOARD CERTIFIED PERIODONTISTS



KEENE & PETERBOROUGH
819 Court St., Keene • 603-215-5800 • www.MonadnockPerio.com

REQUEST AN APPOINTMENT

Labor-Saving Meals

“...whatever there is of greatness in the United States, or indeed in any country, it is due to labor... Without labor there would be no government, and no leading class, and nothing to preserve.”
– Ulysses S. Grant

A national legal holiday over 130 years old, Labor Day is observed on the first Monday of September. It grew out of a celebration and parade in honor of the working class, hosted by the Knights of Labor in 1882 in New York City. By the 1880s labor organizations in various states were seeking recognition of Labor Day as an official state holiday – and in 1894 Congress passed a law recognizing it as an official national holiday. After Labor Day, our body clocks seem to recognize it’s time for heartier food, prepared with an eye to cost and labor-saving recipes. Cooking Corner this week offers a few recipes for you to sample, with the hope you’ll have more time to spend outdoors during this pleasant time of year

Cooking Corner
with Nancy Adams



The Cure Omelet
This delicious omelet recipe was sent to me in 1996 from a Keene reader, David McColleston. At that time, he said he planned to become a chef – I wonder if he ever did.
Ingredients:
2 tablespoon butter, divided
3/4 cup sliced mushrooms, snowcap or other favorite mushroom
1 cinnamon stick
1/4 cup small-diced red delicious apple
2 large eggs
3 tablespoons heavy cream
1/4 cup chopped fresh parsley
1/4 teaspoon salt and freshly ground pepper
2 thin slices Alpine Swiss Lace cheese
fresh chives
On medium to medium high heat, melt one tablespoon butter in a skillet and sauté mushrooms with cinnamon stick. Add apple and remove from heat; discard cinnamon stick. Scramble eggs with cream, parsley, salt, and pepper. Melt one tablespoon butter in an omelet pan. When butter sizzles, pour in egg mixture. Cook over moderate heat until a little over half-cooked. Arrange mushrooms and apple on one half of omelet and top with Swiss cheese. Carefully fold omelet in half and finish cooking. Serve topped with fresh chives; nice with a cuppa tea. Makes one omelet.

Salmon Potato Puff
This simple recipe, using pantry and store items, makes a quick meal for two or three people. Enjoy it with a garden salad or slice fresh tomatoes.
Ingredients:
2 cups leftover or store pre-mashed potatoes
1 (6-oz). can salmon, skin and bones removed
3/4 cup frozen or canned corn
1 (2 oz.) can chopped green chilies
2 scallions, chopped
salt and freshly ground black pepper
1/2 cup cheddar cheese, shredded
Combine all ingredients except cheese. Lightly grease a nine-inch pie dish with canola or olive oil. Spread potato mixture in dish and sprinkle with cheese. Bake in preheated 400-degree oven for 15 to 20 minutes. If desired, put dish under broiler until top is lightly browned. Makes two or three servings.

Chicken Potato Toss
Toss a few potatoes, chicken, and prepared salsa together for this quick supper dish. Add a green salad and some hard bread to complete this meal for four.
Ingredients:
4 medium potatoes cut into 3/4-inch cubes
1 lb. boned and skinned chicken breasts or thighs, cut into 3/4-inch cubes
2 tablespoons olive oil
1 cup prepared tomato salsa, mild or hot depending upon taste
1 small can corn, drained
Boil or steam potatoes until tender; drain. In large skillet, toss chicken in oil over high heat five minutes. Add potatoes; sauté and toss until potatoes

are nicely browned. Add salsa and corn; toss until heated through.

Lima Bean Casserole
High in fiber, short on time; a nice vegetarian casserole for six.
Ingredients:
1 teaspoon olive oil
1/2 cup chopped onions
5½ cups cooked lima beans
2½ cups vegetable broth
1/3 cup raisins
2/3 cup tomato sauce
3 tablespoons honey
1/2 teaspoon mustard powder
ground red pepper to taste
1/2 teaspoon dried thyme
In large skillet, sauté onions in oil over medium heat for two minutes. Transfer onions to a three-quart casserole. Mix beans and remaining ingredients in dish. Bake, uncovered, at 350 degrees for one hour.

Nut Bars
These quick bar cookies take very little time to prepare and get into the oven.
Ingredients:
4 large eggs
2 cups light brown sugar
1 cups sifted flour
1 teaspoon baking soda
1/2 teaspoon salt
2 cups chopped pecans or walnuts
Preheat oven to 350 degrees. Beat eggs and brown sugar together until light and fluffy. Fold in flour, baking soda and salt. Stir in nuts and spread into a greased jelly roll pan (15x10", with one-inch rim). Bake for 20-25 minutes, until a toothpick comes out dry. Cut into bars (about 1x1½ inches) while hot. Remove and cool on rack. Makes about three dozen bars.
Thanks to MSN readers for voting Cooking Corner a silver placement in the 2025 Reader's Choice Awards. I'm very pleased and grateful for your appreciation of my recipe column.

**JAFFREY
APPLIANCE
REPAIR**
(603) 831-2658
jaffreyappliancerepair.com
Friendly Service, Quick Turnaround, Book Online Today!

**Live Music • Local Produce
Fresh Prepared Foods
Handcrafted Goods
Artisan Meats**
Saturdays 9AM–1PM
Main St., Winchester



**SATURDAYS**
9AM - 1PM
Gilbo Avenue, Keene
Across from Lindy's Diner
Plants & Cut Flowers • Produce • Breads & Pastries
Jewelry • Alpaca Fiber Products • Soaps • Raw Goat Milk
Wine • Braided Rag Rugs • Bird Feeders & Houses
Herbs & Herbal Body Care • Maple Syrup
Wooden Chairs • Turned-Wood Products
facebook.com/keenefarmers

**OUR OWN SWEET CORN!**
Cukes • Summer Squash • Zucchini • Cherry Tomatoes • Radishes
Blueberries & Blackberries • Beans • Red Peppers • Melons
Rt. 12, Walpole, NH • Open Daily 9-6 • www.petesstand.com

**Now it's
time to
pamper
Mom!**
Mia Capelli
SALON
Keene, NH • 603-358-0030
Walk-Ins Welcome
Gift Certificates Available

**Voted #1
GOLD**
Best of
Monadnock
2025
Readers' Choice Awards
Hair Salon

**Jay & Josh
Hutchins**
**FREE
ESTIMATES**
**FULLY
INSURED**
j.a.hutchinstreeservice@gmail.com
www.j-a-hutchinstreeservice.com

**COOL & HEAT YOUR
ENTIRE HOME OR JUST
ONE ROOM AT A TIME!**
**Call Today
for an
Estimate!**
M-Series
**America's #1 Selling
Ductless Brand!**
**MITSUBISHI
ELECTRIC**
HEATING & AIR CONDITIONING
GARY JACKSON
HEATING SERVICES LLC
Your Contractor & Diamond Elite Dealer!
32 Roxbury Rd • Marlborough, NH • 603-352-6900
www.garyjacksonheatingservices.com
**WE SERVICE MINI-SPLITS
(ALL BRANDS)**

Read the MSN online: **www.shoppernews.com**

**monadnock**
FOOD CO-OP
34 CYPRESS ST KEENE | 603.355.8008 **EVERYONE is WELCOME** WWW.MONADNOCKFOOD.COOP

**Mexican**
MEXICAN RESTAURANT

OPENS 7 DAYS/WEEK

SPEND \$40 GET \$5 OFF

SPEND \$75 GET \$10 OFF

FOR DINE-IN ONLY. NOT VALID WITH ANY OTHER OFFER. LIMIT 1 COUPON PER PARTY OR TABLE.

1/2 PRICE APPETIZERS • MON–FRI, 3:30PM–5:30PM
Mexica Mexican Restaurant • 21 Rte. 12 S., Fitzwilliam
603-585-2201 • www.mexicanh.com • 

**\$1.00 OFF**
ANY BREAKFAST SANDWICH

12 Emerald St., Keene
Tues.–Fri. • 7:30am–4:00pm • Sat.–Sun. 10:00am–5:00pm
*Offer good with coupon. Limit one per person.

14" Cheese Pizza 
VALID MONDAY SEPTEMBER 8, 2025
1 coupon per person • 2 pizzas per Coupon • Excludes Delivery

CHESHIRE VILLAGE PIZZA **9 Ashuelot St., Keene, NH**
603-357-4604
NOW OFFERING ONLINE ORDERING
www.cheshirevillagepizza.com

Tuesday is Senior Discount Day!
15% OFF YOUR ORDER!*
*Offer applies to age 65+. Cannot be combined with any other discounts. Excludes delivery.

**Buy One Lunch or Dinner & Get 2nd OF EQUAL OR LESSER VALUE FOR HALF PRICE!**
Must present coupon at time of sale. Offer not valid with any other offer. Must include two drinks. One coupon per party.

463 West Street, Keene
603-354-3123
mijalisco1nh.com
Open Daily

Read the MSN online:
www.shoppernews.com

**PETERBOROUGH FOLK MUSIC**
Bringing Folk and Americana Music to the Monadnock Region Since 1996

Rani Arbo & Daisy Mayhem
September 12 • Bass Hall • 7pm

Folksoul
September 13 • Deb's House/Harrisville • 1:45pm

Garnet Rogers
September 20 • Bass Hall • 7pm • **SOLD OUT!**
2nd concert added September 21 • Bass Hall

Pierre Bensusan
October 9 • Peterborough UU Church • 7pm

Jud Caswell
October 25 • Deb's House/Harrisville

Le Vent de Nord
November 2 • Park Theatre • 4pm

David Wilcox
November 8 • Bass Hall • 7pm

The Nields
November 15 • Bass Hall • 7pm

TICKETS ONLINE at www.pfmsconcerts.org
PHONE: 603-318-9196
Watch website for more concerts being added

ENTERTAINMENT

and DINING

ANNUAL HARVEST AUCTION

SATURDAY, SEPT. 13
10AM (Viewing at 9)
Something for everyone!
14 RIVER STREET • ALSTEAD
Benefits 3rd Congregational Church of Alstead

30/30 LONG GUN RAFFLE




DAILY DRAWING FOR 30 GUNS FOR THE FIRST 30 DAYS OF OCTOBER
Winning tickets are included in each day's drawing, giving all tickets 30 chances to win. A maximum of 1000 tickets will be sold.

TICKETS ARE \$30 EACH
and may be purchased at the range office during business hours, at the range on Saturdays from 10 am to 1pm, from CCSSEF Members, other raffle ticket sellers, at Monadnock Firearms, and Trader Johns Gun Shop.

A COMPLETE LIST OF GUNS AND RAFFLE INFO CAN BE FOUND AT WWW.CCSSEF.ORG

Civil War Encampment
Col. Ebenezer Hinsdale Homestead
609 Brattleboro Rd., Hinsdale, NH

- Cannon and Infantry Musket Firing by the Vermont Hemlocks and The Sixth New Hampshire Volunteers
- Music of the Civil War
- Tour of Ebenezer Hinsdale House
- Muster and Food Rations Demonstration
- "An Audience with Abraham Lincoln" with Steve Wood



Sat., Sept. 13 • 10–4
Admission \$5 per vehicle • On site parking available

Special Events at the DubHub:

Dublin Does Da Blues Concert
Friday, September 5 • 7-9 pm

Art Show Reception
Friday, September 12 • 5–7 pm
Paintings & Pastels of Jim Murphy & Peggy Van Valkenburgh

Monadnock Storytelling & Spoken Word Circle
Wednesday, September 17 • 6:30–8:30 pm

Coffee House & Open Mic
Saturday, September 20 • 6-9 pm
Featuring Chris Baron

Ukulele Concert: The Kukuleles
Friday, September 26 • 7–8:30 pm

**Dublin Community Center**
1123 Main St., Dublin, NH
www.dubhub-nh.org/calendar

MYSTERY PHOTO

from THE HISTORICAL SOCIETY OF CHESHIRE COUNTY

The first person to answer the question correctly at 9:30 a.m. or after on Friday will receive a certificate for \$25 to The Pub. Call The Monadnock Shopper News, West Street in Keene, at 603-352-5296. You may win only one contest every three months. Only one call per person per week. No walk-ins, please.
(Prepared by the Historical Society of Cheshire County)



In what Keene building was this Depression era mural located?

The winner of last week's Mystery Photo contest was Felicia Grayson of Keene. The building was used as an armory at the time of this photo.



Wed., Sep. 3
ARTS, MUSIC & THEATER
Reel Night Out: Labor of Love 6-8pm.
Keene Library, 60 Winter St. Free. Every Wednesday, with popcorn offered. Film ratings from PG to R, double check the calendar before bringing kids. Snacks allowed only inside the theater. Amy Kraemer: 603-352-0157. akraemer@keenenh.gov.

FAMILY FUN
Storytime 10am. Richmond Public Library, 19 Winchester Rd., Richmond. Stories, songs, and an easy craft for toddlers and preschoolers. 603-239-6164.

MISCELLANEOUS
Home Healthcare Hospice & Community Services: Walk-in Wednesdays-By Appointment HCS Charlestown, 33 Arborway. Confidential, free discussion of services available. 603-352-2253. www.HCSservices.org.
Walk-in Wednesdays 1-3pm. Family Resource Center at HCS, 312 Marlboro Street, Keene. Confidential, free discussion of services available. From Healthy Starts to Hospice care. 603-352-2253. www.HCSservices.org.
Home Healthcare Hospice & Community Services: Walk-in Wednesdays 1-3pm. HCS Peterborough, 454 Old Street Road Medical Arts Building, Suite 208. Confidential, free discussion of services available. 603-352-2253. www.HCSservices.org.
Romance Book Club: Forbidden Romance 6-7pm. Keene Public Library, 60 Winter St., Keene. A non-traditional book club for romance readers. Choose a book to fit the theme, share the pick with other readers, and discover new titles to try. Park-

er Goodreau: 603-352-0157. pgoodreau@keenenh.gov.
Richmond Reminisces 11am. Richmond Public Library, 19 Winchester Rd., Richmond. These memories will be recorded for future generations to enjoy. Richmond Public Library: 603-239-6164.

Thurs., Sep. 4
ARTS, MUSIC & THEATER
Ashuelot Concerts: Piano Quartets by Schubert, Dohnanyi & Brahms 7:30pm. Stonewall Farms, 242 Chesterfield Rd., Keene. Tickets: www.ashuelotconcerts.org.

FAIRS & SALES
Franklin County Fair Opens 3-9pm. 89 Wisdom Way, Greenfield, MA. Through Sept. 7th. Midway, demo derby, live acts, activities for kids, more. 413-774-4282. www.fcas.com.

MISCELLANEOUS
Coffee and Conversation with the Artists 10am-12pm. Dublin Community Center, 1123 Main St., Dublin. 603-563-8080. www.dubhub-nh.org.

Friday, Sep. 5
ARTS, MUSIC & THEATER
Reception: Portraits in Pencil and Paint by Marty Kelley Exhibit 5-7pm. Peterborough Town Library, 2 Concord St. Artwork on display through September. 603-924-8040. www.PeterboroughTownLibrary.org.
Ashuelot Concerts: Piano Quartets by Schubert, Dohnanyi & Brahms 7:30pm. Bellows Falls Opera House, VT. Tickets at www.ashuelotconcerts.org.

NEW MENU! NOW OPEN EVERY DAY!
SEAFOOD, BEEF, CHICKEN & MORE!
BRUNCH, LUNCH & DINNER!



121 Old Homestead Hwy, North Swanzy
357-2525
Sun.–Tues. 7:30 am–3:00 pm
Wed.–Sat. 7:30 am–8:00 pm

Dublin Does Da Blues: Friday, September 5th



Jon Shain

Talented and experienced blues musician, Jon Shain, will swing through the Monadnock Region as he tours the East Coast and will raise the roof from 7 to 9 p.m. on Friday, September 5th at the DubHub/ Dublin Community Center at 1123 Main Street in Dublin.

Doors open at 6:30 p.m. To reserve a seat, contact info@dublincommunitycenter.org for ticket information, or purchase tickets on the DubHub website: Buy Tickets Online.

Shain is a veteran singer-songwriter who's been turning

heads for years with his words, his fiery acoustic guitar work, and his evolved musical style, combining improvised Piedmont blues with bluegrass, swing, and ragtime. He is the 2019 winner of the International Blues Challenge in the solo/duo category. His most recent solo disc, *Gettin' Handy with the Blues: A Tribute to the Legacy of WC Handy*, was released in January 2018. Shain's newest album, *Never Found a Way to Tame the Blues*, recorded along with long-time collaborator FJ Ventre, was released in 2021.

Friday, Sep. 5

FAIRS & SALES

Franklin County Fair 3-9pm. 89 Wisdom Way, Greenfield, MA. Through Sept. 7th. Midway, demo derby, live acts, activities for kids, & more. **413-774-4282**. www.fcas.com.

MISCELLANEOUS

Community Yoga: Becky Barrett 4-5pm. Aloha Keene Yoga Studio, 83 Court St., Keene. Donation. www.aloha-keene.com.

Yoga Nidra: Dr. Caitlin Clarke 5:15-6:15pm. Aloha Keene Yoga Studio, 83 Court St., Keene. Donation. www.aloha-keene.com.

Dublin Does Da' Blues Concert 7-9pm. Dublin Community Center, 1123 Main St., Dublin. Blues great Jon Shain. **603-563-8080**. www.dubhub-nh.org/calendar.

Saturday, Sep. 6

ARTS, MUSIC & THEATER

Art in the Park Review 3-4pm. MAAA Art Gallery at Syd's Carpet & Snooze Room, 43 St. James Street, Keene. Meet up with some artists from Art in the Park and shop for note cards and reproductions at the Art in the Park Shop. "Lasting Beauty" exhibit continues at the gallery and gallery tours will be available. Light refreshments and surprises, free, open to the public. www.monadnockareaartists.org.

Contra Dance 7:30-11pm. Peterborough Town Hall, 1 Grove St., Peterborough. Features calling by Lisa Greenleaf with music from Here on the Hill. Admission is sliding scale \$12-20, \$30 family, or pay what you can. **603-547-5831**. www.monadnockfolk.org.

DINING PLEASURES

Buffet Bean Supper 5-6:30pm. The United Church of Winchester, 99 Main St., Winchester. Hot dogs, two kinds of baked beans, coleslaw, potato salad, with dinner rolls and homemade pies. \$12/\$6 children under 12. To pre-order take home meals call before 3pm **603-239-4465**.

Breakfast 8-11am. Samuel E. Paul Community Center, 61 South St., Troy. Any style egg, home fries, bacon, sausage, corned beef hash, sausage biscuit gravy, pancakes, French toast, omelets, juice and coffee. \$8/children 10 and under \$5. **603-313-2243**. troytownrec@gmail.com.

FAIRS & SALES

Keene Farmers' Market 9am-1pm. Gilbo Avenue, Keene. Fresh veggies, fruits, herbs, specialty products and much more. www.keenefarmersmarket.com/.

The Winchester Farmers' Market 9am-1pm. Main St., Winchester. Local produce, fresh prepared foods, artisan meats, and hand-crafted goods. **603-762-0133**. winchesterfarmersmarket@gmail.com.

Richmond Day: Used Book Sale & Raffle 10am-2pm. Richmond Public Library, 19 Winchester Rd., Richmond. Richmond Public Library: **603-239-6164**.

Franklin County Fair 10am-9pm. 89 Wisdom Way, Greenfield, MA. Through Sept. 7th. Midway, demo derby, live acts, activities for kids, more. **413-774-4282**. www.fcas.com.

Arts & Crafts Fair 10am-2pm. Jaffrey Civic Center, 40 Main St., Jaffrey. Support local artists & crafters. Family activities. **603-532-6527**. info@jaffreyciviccenter.com.

LECTURES & WORKSHOPS

Drinking Liberally 1pm. Margarita's, Main Street, Keene. Left of center political discussion and other current events. No RSVP needed. **603-352-1707**. keene@drinkingliberally.org. www.livingliberally.org/chapter/nh/keene.

MISCELLANEOUS

Name That Kitchen Gadget 1pm. Richmond Public Library, 19 Winchester Rd., Richmond. Guess what each gadget does. Richmond Public Library: **603-239-6164**. library@richmondnh.us.

The Community Kitchen Mobile Food Pantry 1pm. Gilsum Steam Academy, 640 NH-10, Gilsum. Locally sourced fresh produce, meat and dairy products and non-perishable food items free to all eligible residents. **603-352-3200**.

MS Support Group 10am-12pm. Bond Wellness Center, Monadnock Community Hospital, 458 Old Street Rd., Peterborough. Free peer support group for people living with Multiple Sclerosis, and their family, friends, caregivers. Monadnock.Friends.With.MS@gmail.com.

Knitting Circle 10am-12pm. Richmond Public Library, 19 Winchester Rd., Richmond. Drop-in group for hand-crafters of all abilities. Richmond Public Library: **603-239-6164**.

Sunday, Sep. 7

FAIRS & SALES

Franklin County Fair 10am-8pm. 89 Wisdom Way, Greenfield, MA. Through Sept. 7th. Midway, demo derby, live acts, activities for kids, more. **413-774-4282**. www.fcas.com.

MISCELLANEOUS

John C. Porter -- The History of Agriculture as Told by Barns 4pm. Park Hill Meeting House, Westmoreland. Free reception to follow program. www.nhhumanities.org.

Monday, Sep. 8

MISCELLANEOUS

"Preparing Your Home for Homecare": Joseph Chinici 11am. Peterborough Town Library, 2 Concord St., Peterborough. Practical and informative session designed to provide peace of mind. **603-924-8040**. www.Peterborough-TownLibrary.org.

Red Cross Blood Drive 12-4pm. Ellen L. Murphy Memorial Community Center, 21 Durkee St., Winchester. To make an appointment call or visit **800-733-2767**. www.RedCrossBlood.org.

Tuesday, Sep. 9

MISCELLANEOUS

Zumba Gold Fall Session 10:45-11:45am. Keene Rec. Center, 312 Washington St. Zumba Gold meets Tuesdays and Thursdays for 8 weeks. Register on Rec Center website or call **603-357-9829**. www.keeneparks.recdesk.com.

Wednesday, Sep. 10

MISCELLANEOUS

Summer Farm Tour Series: Dog Days Farm 5:30-7pm. Dog Days Farm, 72 Jaffrey Rd. Fitzwilliam. Dog Days Farm is a diversified vegetable farm and CSA. Register at Nina Halsted: **802-400-3660**. nina@cheshireconservation.org.

Teen Sit & Scribble 5:30-6:30pm. Keene Public Library, 60 Winter St., Keene. For ages 12-19 looking for a group of writers to share with and learn from. Judgment free writing group. Share stories & ideas in a creative space. Eleanor Green: **603-352-0157**. egreen@keenenh.gov.

Blood Drive 10am-2pm. Teleflex Medical, 50 Plantation Drive, Tall Pines Industrial Park, Jaffrey. To make an appointment call **800-733-2767**.

Cheshire Village at Home
Sept. 11th • 1:30pm
The Loyalist Stroll
on the Wyman Tavern Block
Meet at Wyman Tavern
339 Main Street, Keene
•LIMITED PARTICIPATION•
603-903-9680
for info and to register

**DONNA'S
RUSTIC
BARN
COUNTRY
STORE &
GIFT SHOP**

**125 Old
Homestead
Highway
Swansey**
603-499-0411
**Open
Wed.-Sun.
10AM-5PM**
donnasrusticbarn.com



GUITAR LESSONS
Lessons online via Zoom, Skype
& other platforms
All ages welcome • Gift Certificates
Ukulele & Harmonica Lessons Offered
Tad Dreis • Keene, NH
603.762.9378 • www.taddreis.com

KEENE UNITARIAN UNIVERSALIST CHURCH
69 Washington St., Keene

Rummage Sale

Saturday, October 4th
9:00am - 2:00pm

OPEN DAILY Through September 21st



Dublin, New Hampshire



Route 101, Dublin, New Hampshire 03444
(603) 563-8444 • friendlyfarm.com

Open daily from 10 to 5 (weather permitting) through Sunday, September 21, 2025.

\$5 off per person weekdays!
Save \$5 off our regular admission for each person in your party: Monday through Friday with this coupon. Regular admission is \$11 for adults and \$9 for children. Open daily through Sunday, Sept. 21st. Offer valid weekdays only during 2025 season.

Keene's Premier Summer Dining Destination!

The Pub

Stop in
for Daily
Specials!

Restaurant and Caterers

Tuesday – Sunday
7:00 AM 'til 2:00 PM

131 Winchester St. Keene **352-3135**
ThePubRestaurant.com

**OPEN
FRI. & SAT.
WITH DOUBLE FEATURES
ON BOTH SCREENS!**

WWW.MILFORDDRIVEIN.COM

**BLUE FERN
ARTISTS COLLECTIVE
GALLERY**

Contemporary works
by regional artists.

Grand Opening!
September 5, 2025
Reception 6:00pm - 8:30pm

40B Main Street, Peterborough, NH blueferngallery.org

MARCO POLO GARDEN
Chinese Restaurant & Lounge
OPEN 7 DAYS • 603-357-3464

FREE

**1PC. EGG ROLL OR
SM. WONTON SOUP**
with order of \$30 or more
Total before tax. One coupon per person.
Cannot be combined with any other offers.
Not valid for delivery. Some terms and
conditions may apply.
Coupon Expires September 30, 2025.

marcopolonh.uorder.io • 601 Main St., Rt. 12, Keene

Home Services

GET DISH SATELLITE TV + INTERNET! Free install, Free HD-DVR Upgrade. 80,000 On-Demand Movies. Plus Limited Time Up To \$600 in Gift Cards. Call Today! 866-299-7135 B

Miscellaneous

REPLACE YOUR ROOF w/the best looking & longest lasting material steel from Erie Metal Roofs! 3 styles & multiple colors available. Guaranteed to last a lifetime! Limited Time Offer up to 50% off install + Additional 10% off install (military, health & 1st responders.) 833-370-1234 N

HIRING
DELIVERY DRIVER

Are you *retired*? Could you use some *extra income*?

FT, PT, flexible hours

CALL 339-293-3292

W. Chesterfield

PREPARE FOR POWER OUTAGES with Briggs & Stratton PowerProtect(TM) standby generators-the most powerful home standby generators available. Industry-leading comprehensive warranty-7 years (\$849 value). Proudly made in the USA. Call Briggs & Stratton 866-471-3947 B

REACH MILLIONS OF HOMES NATIONWIDE with one easy, affordable buy in the ADS Network! For more information www.communitypublishers.com/category/all-products N



OLD GUITARS WANTED! Gibson, Fender, Martin, etc. 1930's to 1980's. Top dollar paid. Call 866-433-8277 N

NO CLEANING GUTTERS GUARANTEED! LeafFilter - most advanced gutter protection, backed by a no-clog guarantee & lifetime warranty. Get 75% off install & \$250 bonus discount! Limited time. Restrictions apply, see rep for warranty & details. To schedule free inspection & estimate call 833-610-1936 N

SUNSETTER AMERICA'S number one awning! Instant shade at the touch of a button. Transform your deck or patio into an outdoor oasis. Up to 10-year limited warranty. Call now and SAVE \$350 today. 855-914-1148 N

CONSUMER CELLULAR - same reliable, nationwide coverage as the largest carriers. No long-term contract, no hidden fees free activation. All plans feature unlimited talk & text, starting at just \$20/mo. Call 877-751-0866 N

WE BUY HOUSES FOR CASH AS IS! No repairs. No fuss. Any condition. Easy three step process: Call, get cash offer & get paid. Get your fair cash offer today by calling Liz Buys Houses: 844-877-5833 N

BECOME A PUBLISHED AUTHOR. We want to read your book! Dorrance Publishing trusted since 1920. Consultation, production, promotion & distribution. Call for free author's guide or visit website 877-729-4998 www.dorranceinfo.com/ads N

Pets

COCKER SPANIEL RESCUE OF NEW ENGLAND Has all ages and colors available, neutered. All shots. Adopt fee req. Save a life; adopt a Rescue Cocker **603-547-3363** www.csrne.org

WANT A NEW FELINE FRIEND? Cats and kittens of all kinds available for a reasonable fee. Fundraising & shelter volunteers needed. **603-532-9444** www.KittyRescueNH.org

GOLDEN RETRIEVER PUPPIES AKC, OFA hips good. \$1800. Ready 9/20/25. **603-543-7012**

Send Us Your Stories of Hope
michelle@shoppernews.com
fax: 357-9351 or mail:
PO Box 487, Keene, NH 03431

Pets

DOBERMAN RESCUE UNLIMITED Has many wonderful Dobermans looking for homes. **603-887-1200** www.dru.org

GREYHOUNDS FOR ADOPTION! Make a Fast Friend. Several sweet ex-racers waiting for good homes. **603-355-1556**

Services

GENERAL HOUSEKEEPING 2-3 Hour Slots Available. Keene & Surrounding Towns. References Available. Call Brenda **603-209-9977**

JIM'S SHOPPING SERVICES & GENERAL TASKS References Available. \$17 p/hr. Call Jim at **603-943-1501**

TRACTOR WORK Driveways & drainage, yard improvements, stonewall repairs, hard pack & gravel. R&L PROPERTY IMPROVEMENTS **603-290-4063**

THE NEXT BEST THING The Odd Job Guru-You Name It, We Can Do It Cleanouts: Construction, Home Improvements, Basements, Attics, Garages, Etc. Scrape & Paint •Moving•Hardpack Driveways•Landscaping & Simple Lawn Care. Roofing•Pressure Washing•And More! 10% off the first job! **603-313-8021** or **603-313-8105**

FREE SCRAP METAL PICK-UP Appliances, refig., metals, A/C units, ride/push mowers, gym equip., bikes, car batt., cars, ext. cords, fencing, grills **603-352-0736**

KERNOZICKY Interior/exterior painting, sheetrock, carpentry, laminate & tile. No job too small. Insured, free estimates. **603-852-2479**

Read the MSN [online](http://www.shoppernews.com): www.shoppernews.com

Services

K&J DEAN BUILDERS, INC. Turn-Key Pkgs. • Log Homes • Custom Framing Siding • Decks • Garages • Kitchen & Bath • Renovations **FREE ESTIMATES • FULLY INSURED • ALL CALLS RETURNED PROMPTLY!** **603-499-3561** or **603-252-9530**

RUSSELL TREE LLC. Over 15 years experience. Fully insured. Free estimates! Safe, expert tree care. Bucket truck/chipper/expert climber/operator. Stump grinding, crane tree removal. Locally owned. **603-313-0736**

ROB PARKER & SON CONTRACTING Roofing • Windows • Decks Home Improvements **603-554-5253**

STOP ROOF MOSS No-Pressure Roof Treatment Extend Roof Life **10% Off** **603-835-6760** PowerWashNH.com

Wanted

BRIAN'S RARE COINS NOW OPEN Buying and selling US Coins. Gold & Silver Bullion available at competitive prices. I need Silver Dollars, Indian Head Pennies, Buffalo Nickels, All sets of Coins, Paper, Money, All Proof & Mint Sets. Gold & Silver Coins & Jewelry, Sterling Flatware. Highest Prices Paid. 653 Washington Street, Claremont, NH 03743. Please call for hours **603-477-2902**

\$\$ CASH PAID \$\$ FOR OLD TOOLS Planes, axes, Stanley tools, etc. 1 tool or entire collection. **802-579-5891**

Yard Sales

ONGOING GARAGE SALE Look for open door. Valby Wood Chipper, hydraulic jack, drill router, Delta saw jointer, belt sander, tools etc. Matthews Rd., Swanzey.

The Wediko School is Hiring!

A place to grow. A place to make a difference.

We are seeking passionate, mission-driven professionals for the following roles:

- Special Education Teacher
- Assistant Teacher
- Mental Health Clinician
- Millieu Director
- Residential Counselor

Hillsborough, NH | 2025-2026 School Year

Collaborative Team | Professional Growth Competitive Benefits | Continued Education Staff Housing

APPLY NOW!

To learn more call:
(603) 824-8444

Or scan the QR code!

LEAKY WALLS • BULKHEADS
SEPTIC, SEWER & WELL LINES

Free Estimates • Lifetime Guarantee
BECAUSE SHIFT HAPPENS!

603.263.3691 • www.RueterFoundationRepair.com

Seasonal Potting & Shipping Associate

We're looking for energetic, reliable people to help us pot and ship bulb gardens and amaryllis through the Holidays. No experience needed.

Responsibilities: Potting flower bulbs, preparing gardens for shipping, working on the packaging and shipping line.

Requirements: Standing, repetitive motion, and some lifting.

Pay & Schedule: \$16.50/hour, Full-time seasonal positions through Christmas; some continue through Spring.

Standard hours: 7:00 am – 3:30 pm, Monday-Friday; some overtime and Saturdays required.



Call 603-876-4397

Email office@marlboroughgardens.com

Monadnock
worksource

Monadnock Worksource is looking to fill the following position: **Direct Support Professional (DSP)**-we are looking for DSPs to provide support and guidance to individuals who experience intellectual disabilities. We are looking for DSPs in the Keene/Peterborough Areas.

Why Work with Us?

Flexible Schedules: No evening or overnight shifts but we do have weekend shifts; Full and Part Time benefits;

Generous Paid Time Off: Includes 1 week paid sick time, paid time off/ vacation, and 11 paid holidays; Health and dental insurance after 90 days. Mileage reimbursement and paid training.

Requirements: Valid driver's license and reliable vehicle with at least \$100,000/\$300,000/\$100,000 auto liability insurance for transporting individuals. Must pass national and local criminal background checks, DCYF, BEAS, DMV record checks, and TB testing.

Please contact Branden@mworksource.org or Patti@mworksource.org for more information on our positions and to schedule an interview.

You can also call us at 603-924-3326

Leaf Filter
2025 Summer
LIFETIME TRANSFERABLE WARRANTY
Promo Code: 385
CALL 855-595-2102 FOR A FREE INSPECTION!
75% OFF + \$250
Installation Discount

ERIE HOME
Trust the Nation's #1 Roofing Contractor
Award-Winning Roofing and Customer Service
LIMITED TIME OFFER
50% OFF
Installation
FREE ESTIMATE
SCHEDULE TODAY!
Call 1.833.370.1234
CALL TODAY! 1.833.370.1234
New installers only. Does not include material costs. Cannot be combined with any other offer. Minimum purchase required. Other restrictions may apply. This is an advertisement placed on behalf of Erie Construction Mfg. Inc. ("Erie"). Offer terms and conditions may apply and the offer may not be available in your area. If you text the number provided, you consent to being contacted by telephone, SMS text messages, email, pre-recorded messages by live or AI call center and service providers using automated technologies notwithstanding if you are on a DO NOT CALL list or register. Please review our Privacy Policy and Terms of Use on homeservicerepairs.com. All rights reserved. Source numbers available at eriemfg.com/advertise

REAL ESTATE

Apt For Rent



Houseshare

KEENE HOUSESHARE

Quiet private bedroom w/ private bath \$625/mo and private bedroom \$550/mo. Women Only. Share common rooms, includes heat, water, WIFI, off st. parking, trash. **603-400-9713**

Read the **Monadnock Shopper News** [online](http://www.shoppernews.com): www.shoppernews.com

CAUTION

READERS ARE CAUTIONED that we occasionally run ads that require an initial investment or money in advance. We urge our readers to "do their homework" before responding to any ad. Check out the advertiser thoroughly and verify their claims to your total satisfaction. Only then should you proceed at your own risk.

We try to screen ads that require you to send money before receiving a product or service. But these efforts are no substitute for your own investigation, and we don't endorse or guarantee any claims made in any of the ads we publish.

If you want more information about claims made in ads on subjects such as work at home opportunities, travel or vacation specials, purchasing land or vehicles from government surplus or below wholesale, loans or other credit opportunities (including credit repair), or weight loss and other health products and services, we urge you to contact the Better Business Bureau, Inc., 25 Hall St., Suite 102, Concord, NH 03301; (603) 224-1991; or bbbnh.org; or the Office of Attorney General, Consumer Protection and Antitrust Bureau, 33 Capitol Street, Concord, NH 03301 (603-271-3641).

Please, recycle this newspaper.

Katie Beam
GALLOWAY REAL ESTATE
P.O. Box 100
Walpole NH 03608
o: 603-756-3661
c: 603-313-2785
Katie@gallowayservices.com
www.gallowayservices.com

Spacious 1 & 2 Bedrooms
Incl. Heat & Hot Water
Beautifully Maintained
NICE LOCATION
POOL ON PREMISES
CALL (603) 352-9105
Emile J. Legere Mgmt. Co.
Keene, New Hampshire

Brian Michaud
Waterfront & Country Homes
PROFESSIONAL • COURTEOUS • EXPERIENCED
brian@dowhillrealty.com
OFFICE 603.446.2385 • CELL 603.831.1627

Yes you can
CALL A MEMBER OF THE CONTOOCCOOK VALLEY
BOARD OF REALTORS

BRAND NEW HOME!
BRAND NEW PRICE!

Almost complete! 1,824sf Spilt Level with 3BR, 2BA on nice cul-de-sac in Jaffrey. Some features include open floor plan w/cathedral ceiling, primary BR w/walk-in closet and full bath, and 2 car garage under.

MLS # 5041537
~~\$475,000~~ \$459,000



25 Turnpike Road, Jaffrey, NH 03452
www.tiegerrealty.com
PHONE: 603-532-8765
FAX: (603) 532-4519
Email: info@tiegerrealty.com

Sales & rentals in the Monadnock Region.

Call us!

DESPRES & ASSOCIATES
KVV METROPOLITAN
KELLERWILLIAMS REALTY
41 Main St., Jaffrey, NH
603-532-8742 • 603-232-8282

Celebrating 80 Years



29 Victoria Street • Keene, NH 03431
(603) 352-2330 • info@hambletelectric.com

www.HambletElectric.com