The Monadnock

HOLIDAY

Special Pull-out Section Inside!

The Original Keene Shopper – "The Weekly with a Heart" – 68th Year of Community Service / December 11-16, 2025

Ashuelot Concerts Presents Tolstoy-Inspired Winter Chamber Music Concerts



British chamber musicians Louisa Stonehill and Nicholas Burns will perform duos by Prokofiev, Janá ek, & Beethoven December 11th, 12th, and Ashuelot Concerts will have three upcoming Chamber Music concerts: The Park Theatre in Jaffrey on Thursday, December 11th at 7:30 p.m.; Stonewall Farm in Keene on Friday, December 12th at 7:30 p.m.; and the Bellows Falls Opera House in Bellows Falls, VT on Sunday, December 14th at 3 p.m.

British chamber musicians Louisa Stonehill (violin) and Nicholas Burns (piano) will perform duos by Prokofiev, Janá ek, & Beethoven.

This intriguing program explores how music and literature occasionally combine to inspire even more powerful works of art. Connecting the three pieces in this concert through the lens of Leo Tolstoy - particularly his novella The Kreutzer Sonata – reveals a powerful intersection of music, psychology, and morality. All three works are centered in the emotional and thematic space carved out by Tolstoy's philosophical engagement with music.

Online booking for all concerts is encouraged in advance as concerts often sell out. For tickets, visit www.ashuelotconcerts.org/events.

Park Theatre's CEO Adapts Charles Dickens' Travelogue In America Book To A One-Man Play

part of the New England Dickens Fest now through December 21st.

Performed by acclaimed actor Adam Sowers in the England and the mid-Atlantic. role of Charles Dickens and directed by Lisa Bostnar, 1842 tour of the young United States. Through 603-532-8888, or in person at the box office.

The Park Theatre in Jaffrey has announced the Dickens' sharp wit and keen observations, the play debut staged reading of Dickens' America, an original explores the promise and contradictions of a nation one-man play written by the theatre's Chief Executive still finding its identity – themes that resonate as pow-Officer, Steve Jackson. The special one-night-only erfully today as they did nearly two centuries ago. event will take place on the Eppes Stage at The Park Jackson adapted the play from Dickens travelogue Theatre on Saturday, December 13th at 7:30 p.m. It is book of his 1842 trip called *American Notes for General* Circulation. The play takes the audience on Dickens trip that starts in Boston, and travels through New

Tickets are \$25 and may be purchased online at Dickens' America brings to life the celebrated author's theparktheatre.org/dickens-america, by phone at

Start Making Sense, A Talking Heads Tribute At The Colonial Theatre Friday, December 19th

Start Making Sense, A Tribute To Talking Heads will perform on Friday, December 19th at The Colonial Theatre on Main Street in Keene at 7 p.m.

This tribute to the modern time genius of David Byrne of Talking Heads celebrates the entire Talking Heads' catalog with a seven-piece band meticulously executing the sounds and iconic live visual elements in every performance. Together these skilled and dedicated musicians enjoy bringing the unique, infectious energy of a Talking Heads live show that you know and love to the stage. The audience will enjoy hits like Once in a Lifetime, Psycho Killer, Burning Down the House, Take Me to the River, Road to Nowhere, and other songs that have energized, inspired, and healed audiences worldwide.

For more details or tickets, call 603-352-2033 or **Tribute To Talking Heads** visit www.thecolonial.org.



John Braun, frontman for Start Making Sense, A

Mexica Mexican Restaurant

A Culinary Journey To Mexico



Left to right, Jose Merino, Exgar Sanchez, Katherine Musil, and Eduardo Garcia are ready to take care of customers at Mexica Mexican Restaurant. A banner for Franklin Pierce University in Rindge hangs on the wall. Mexica sponsors the sports department at Franklin Pierce University.

By Lori Catozzi Cook

Mexica Mexican Restaurant in Fitzwilliam offers the full Mexican cuisine $experience. \ This popular establishment$ immerses guests in Mexican flavors, hospitality, culture, and a vibrant atmosphere.

Exgar Sanchez and José Merino opened Mexica Mexican Restaurant in 2024 at 21 Route 12 South (corner of Routes 119 and 12). Both have worked in Mexican restaurants since their teens. After finding the perfect spot in Fitzwilliam, they opened their own authentic Mexican restaurant.

Since then, the restaurant has been welcomed with open arms and even given a great honor by the public through the Best of Monadnock 2025 Readers' Choice Awards: Silver for "Mexican/Latin Restaurant" and Gold for "New Restaurant."

"Our menu is very diverse, combining authentic and modern Mexican cuisine," says Merino. "Whether it's regulars grabbing drinks at the bar or families coming in for dinner, the restaurant is part of this town's identity."

Mexica Mexican Restaurant has an upbeat vibe with lively, festive music and vibrant decor. They offer ample parking and have a seasonal patio for outdoor dining. The restaurant has become known for its support of local community and school events.

This is a hidden gem in Fitzwilliam," says Kim Arietta. "The menu has a large variety of meal choices, which includes vegetarian options. You can't go wrong with any of the items listed. Everyone at our table had something different, and everyone was pleased with their final choice. House margaritas are great! They serve chips with salsa and a side of ranch dressing (white sauce), while you peruse the menu and wait for the meal.

"Great place and is already popular," Carl Cramm comments. "Average pricing for the area. Once you place your order, your plates arrive rather quickly compared to other local restaurants. If you want to get your Mex fix, then this is the place!'

Becky Trepanier has this to say about her experience at Mexica Mexican Restaurant: "We are hooked on this place. The seating is so cute, and the staff are so attentive. Heather was a great joy as our server. The food is always delicious, and the house margaritas take the win."

GOT MOLD? J&B ROOFING, LLC.

MEXICA, page 16

Fully Insured

Same-Day Callbacks

Serving Cheshire County

603-313-5128

jbroofingoffice@gmail.com

BERGERON

CONSTRUCTION CO., INC. RESIDENTIAL • COMMERCIAL

Structural Repairs • Kitchens/Baths

GET HOLIDAY MONEY TODAY **GUARANTEED!**

See Ad on Page 4





THE #1 SELLING **FARM** TRACTOR IN THE WORLD! AVAILABLE NOW AT GARY'S

NEED A PLUMBER?

& Home Conditioning

BOILER SERVICE & CLEANING

603-313-8419

See Ad on Page 5



Cota & Cota YOUR LOCAL HEATING EXPERTS 603-357-0000





1-800-352-5251 durlingcleaning.com RETIREMENT SALE **20% OFF STOREWIDE**

SEE AD ON PAGE 20

For Every \$25 of Gift Cards, *Receive \$40 of Services!*Monthly Plans Starting at \$25.00 (Wash Daily!) O MELANSON KEY ROAD CAR WASH

Roofing & Sheet Metal Since 1932 Commercial • Residential • Service Locations in Keene & Bow, NH · Bennington, Rutland & Williston, VT www.melanson.com • (603)352-4232 **STORE-IT SELF STORAGE** KEENE • WALPOLE • SWANZEY **New Rental Specials**

CHESHIRE CLEANING COMMERCIAL Fully Insured & Bonded

OPEN DAILY – Bays Open 24 Hours

No Bristles — **(603) 357-7470** — All Cloth

Tunnel 8-5:30 Daily, Sunday 9-4 ⋅ Key Road, Keene

cheshirecleaning.com (603) 209-9735

Tri-State Restoration

(603) 352-6802

Water / Fire / Smoke / Mold

FREE ESTIMATES!

TriStateRestoration.info

358 Matthews Rd., Swanzey "Since 1909" www.bergeronconstruction.com 603-352-4447 DAVIS



Mail: PO Box 487, Keene, NH 03431 Location: 445 West Street, Keene Office open 9 am to 4 pm PHONE 352-5250 FAX 357-9351

www.shoppernews.com CIRCULATION VERIFICATION COUNCIL



BIRTHDAYS......5 ENTERTAINMENT.......15-16 GREEN............4
 CLASSIFIEDS
 19
 FAMILY
 9
 HEALING
 18
 Pets
 2







Your affordable specialist for the trimming and removal (including emergency) of all trees.

> **FALL & WINTER** STORM PREPARATIONS

Get Your Vehicle Ready for Winter!

Studded tires Preventative maintenance Brake, suspension & drive line Welding & framework repair **Engine & trans replacement**

Same-day repairs available!

GILSUM FREEDOM MOTORS

351 Route 10, Gilsum, NH 603-357-2334

"The right parts and repairs at a fair price!"

Now featuring a 12'x 12' service bay for trucks & trailers. **Experienced in repairing** medium sized trucks.



separates me from the rest!



- Licensed in NH, VT & MA
- 10 Years Experience

Don't pay the big company's rate, pay the working man's rate!

603-499-3962

Pride, Safety, and Excellence



- Fully Insured

MORE POWER ELECTRIC CO., LLC

John Edwards, Master Electrician

Order From These Quality Brands By 12/31/25 And Receive Up to \$1,200 in Tax Credits



Select Energy-efficient Alta Window Fashions

Honeycomb and **Cellular Shades**

Norman Woodlore Shutters

Made for extra safety and durability, with incredible density and strength!



Claim 30% of the purchase price* back in the form of a federal tax credit, up to a maximum annual amount of \$1,200.00



*Applicable "purchase price" is the amount paid by the consumer for the product(s), including sales tax, and does not cover the costs for measuring or installing qualifying products. Primary residence only. Available on an annual basis through 2032.

PET OF THE WEEK from THE MONADNOCK HUMANE SOCIETY

Stu And Ernie



sidekick, Stu - an adorable, rambunctious guinea pig duo who give off strong Carl and Russell vibes from *Up*! Originally obtained from Petco at different times, these two quickly bonded and have been inseparable ever since. Their previous family loved them but wanted them to have more time and attention than they could give. While still undersocialized and not yet com- adoptable pets at www.monadnockfortable being handled, with patience humanesociety.org. and gentle care, Ernie and his energetic



Meet Ernie and his lively young buddy are sure to build trust and bring plenty of joy to their new home.

Stu is four and a half years old; Ernie two and a half. Both are male.

The Adoption Center is located at 101 West Swanzey Road just outside of Keene on Route 10 South. Its open hours are Thursday through Sunday 11 a.m. to 3 p.m. Learn more about the adoption process and about other



Winter won't wait. Neither should backup power.

In New England, winter storms can hit hard and losing power can turn life upside down.

Powers installs all winter long. With our equipment and expertise, frozen ground and frost don't slow us down.

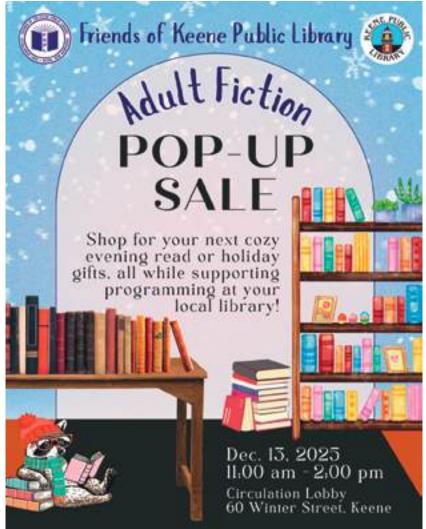
Don't wait until you're left in the dark. Call 800-853-7202 or visit powersguaranteed.com to get started.

Your next appointment is just a click away! downtownbarbercompany.resurva.com/book



Keep It Fresh, Keep It Clean, Keep It Keene!

85 EMERALD STREET, SUITE 105 • KEENE, NH • **603-313-3719**



Salute To Veterans Presented By CV@H And KSC Singers

Keene Senior Center (KSC) Senior Singers will present is informal. a Salute to Veterans on December 11th at 2 p.m. at the Refreshments will be served.

The KSC along with CV@H recognize the sacrifices of the veterans who have served to protect this counthe public to experience this lively event.

Connection for Veterans" provides some support for socialization. those who have served in the United States' Armed Forces. The "Coffee Connection" is an opportunity for any veteran to gather every Tuesday at the Senior phone number.

Cheshire Village @ Home (CV@H) along with the Center from 9 to 10 a.m. Attendance and discussion

Cheshire Village @ Home provides services which Keene Senior Center, 312 Marlboro Street in Keene. allow people to remain living in their own homes independently while needing a little help. Some veterans are among the seniors who need help with transportation for medical appointments, groceries, try. CV@H and the KSC invite all veterans as well as and medicines, as well as help with minor household chores. Monthly CV@H social events, social phone This social event along with a weekly "Coffee calls, and/or social visits provide opportunities for

> For more details or to register for the Salute to Veterans, call 603-903-9680 and leave a name and

Ted's Shoe & Sport Hosts Try-Before-You-Buy Ice Ramp Demo

handrails. Now, imagine trying to walk up that slippery surface with an ordinary pair of winter boots. The result would be disastrous, which is why Ted's amazing non-slip technology adopted by NexGrip

"With the prevalence of injuries due to slippery sidewalks and driveways, a list that includes wrist fractures, ankle dislocations, hip injuries, back strains, and head and neck trauma, boots that reduce nasty falls in frigid weather are a must," says Ted McGreer, owner of Ted's Shoe & Sport.

NexGrip insulated boots feature a patented cleat system at the heel and a non-slip outsole at the front, allowing the wearer to feel steady no matter the conditions. Merrell offers enhanced traction with Vibram Arctic Grip technology, Vibram's most advanced cold-weather gripping system, which has three times more grip than other outsoles on wet ice and slippery surfaces. "If you're concerned about yourself or a

Picture a 1000-pound block of ice on a ramp with loved one falling this winter, or you've heard about these shoes or this event and never tried it, this is definitely worth a look," says McGreer.

Ted's Shoe & Sport is located at 115 Main Street in Shoe & Sport hosts an annual Try-Before-You-Buy Keene. The Ice Ramp Demo is happening on Satur-Ice Ramp event where customers can experience the day, December 13th from 10 a.m. to 6 p.m. For more details, call 603-357-8337.



Dec. 14 1-2pm • JourneyDance premier

3-5pm • ZenTangles

Dec. 20 4:30-6pm • Kirtan with Shubal

Dec. 21 5-7pm • A Winter Solstice Celebration of Yule Dec. 24 4:30-6pm • Christmas Eve Candlelight Yoga

83 Court St., Keene

josephine@alohakeene.com









Stop by the shop at 3 Brakehill Road, Gilsum, NH









SWANZEY AND WALPOLE, NH

CARS - TOOLS - TOYS - FURNITURE AND MORE 6 MONTHS SPECIAL - NOV 1 2025 - APR 2026 **GREAT SAVINGS @ 25% OFF STANDARD RATES** NON-CLIMATE AND CLIMATE CONTROLLED UNITS

CALL AND RESERVE YOUR UNIT TODAY WHILE SPACE IS STILL AVAILABLE **FOR MORE INFO CALL 1-800-352-5251**



(I mile south of Market Basket) Corner of Main St. and Davis St., Keene Plenty of free parking

OPEN 7 DAYS • 603.357.2555 • www.maplehillnursery.com

HOULE

WEALTH MANAGEMENT

Strategic Investing: Your Future, Our Focus



Free Consultation Let's Get Together

Joshua I. Houle CFP[©], APMA[©], AWMA[©] Wealth Manager

603-352-0222 josh.houle@lpl.com 143 West St., Keene, NH www.houlewealth.com

Securities and advisory services are offered through LPL Financial, a registered investment advisor, Member FINRA/SIPC.



37 Roxbury St. Keene, NH 603-358-3444 GreenEnergyOptions.com

Heaving A Sigh Of Relief

In the last two weeks of our harvesting season, my fellow farmer and I are always heaving things around: first heaving ourselves out of bed at 4:45 a.m., then heaving around 40-pound bags of carrots or crates of rutabagas and daikon radishes.

But once the CSA season is over, all the heaving we do is heaving a sigh of relief. Now we are in our easy-going time, our clean-up time, our odds and ends time.

1. The first easy-going project is an irrigation task. All summer and fall we'd been wishing our irrigation line for the fall carrots was in better shape. Carrots are slow to germinate, and want to be moist for three weeks before they poke their green heads up.

When we ran the irrigation, half of the bed that had nice red sprinklers got watered, and half of the bed that had yukky red sprinklers didn't. Thus I had several five-gallon buckets at the far end of the garden, and every time we irrigated I would take off the end cap of one irrigation line and fill the buckets. Then I would dip out a yogurt container full and water down the track where the carrots had been sown. Did the carrots germinate? Yes. Was this an efficient use of a farmer's time? No.

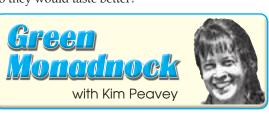
One morning after harvest was over, my fellow and I spent four hours replacing the yukky red sprinklers with the nice red sprinklers. We untangled lines, found enough good sprinklers, found the special tool to make the holes in the line to plug in the sprinklers, and got the line all fixed before realizing the line was way too long

But we were in no hurry; we did it all over again to the right length. We also had to reorganize the piles of irrigation lines, after tossing everything around trying to find the right stuff. Now our piles are tidy and our carrot line is ready for another year.

2. The second easy-going project is for Thanksgiving. My sisters and I divide up making the Thanksgiving dishes, and my little family of three is responsible for mashed potatoes, winter squash, creamed onions, pumpkin pie, and gluten-free dressing.

"Wow," I said, by the third sort-of-easy-going day in the kitchen. "This is a lot of work. I don't know how my mother ever got a whole Thanksgiving meal together by herself."

My daughter, who was making the pumpkin pie, said, "Did you count the four hours freezing the last of the spinach? Did you count the nine hours baking all the seconds and not quite ripe squash, and then adding maple syrup and cooking them down more so they would taste better?"



"Did you count sorting through all the boxes of onions to get the littlest ones for the creamed onions, and peeling the celeriac that were too tiny to give out to CSA members? It takes a long time to peel this celeriac. And you don't get much when you do," added my celeriac-peeling fellow.

"Oh, yeah!" I said, relieved that I wasn't completely failing my mother, and that I have two sisters with families that were also busily cooking and baking. Plus I was relieved that Thanksgiving happens in the easy-going, clean-up, odds and ends season.

3. The third easy-going project: we are shoveling dirt from underneath one of our vegetable tables to fill in the holes in front of the tables and in front of the woodshed. Where did all these holes come from?

This is what our daughter said over the summer when she was visiting, kindly helping us on harvest day and marveling as we stumbled into the holes: "Isn't this the definition of comedy? You watch the dog dig holes. You don't fill in the holes. Then you fall in the holes."

Oh ha ha! Everything seems funnier in easygoing, clean-up odds and ends season.

Kim Peavey farms and writes from southwestern New Hampshire. She and her family, as well as two teams of draft horses, grow vegetables biodynamically for 100 local families through a CSA garden. See www.hillsidespringsfarm.com for more information on the horse- and hand-powered farm, CSA garden, or Kim's writing.

Woolwax Undercoating



The most trusted name in vehicle undercoating protection!

Alternative Detailing Solutions 257 Rt 10, Gilsum • (603) 358-3300

TIME TO REPLACE AN AGING OIL TANK?

Contact the oil tank specialists for a free estimate.

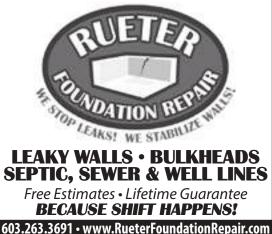


Locally owned • Roth certified Specialize in residential & commercial home heating oil tanks

(603) 762-4111 randroiltanks.com randroiltanks@gmail.com



Hurry! Spots go fast.





FAMILY OWNED & OPERATED SINCE 1941

PROPANE GAS + PLUMBING
HEATING OIL + GENERATORS
24/7 QUALITY SERVICE

455 WINCHESTER ST, KEENE NH

603-357-0000 WWW.COTAOIL.COM



MORE Than a Thrift Store

Where Your Donations Make α Difference All net proceeds benefit local non-profits Donations accepted Wednesday through Saturday

19 RALSTON ST., KEENE Wed/Thurs 10-4 • Fri 10-6 • Sat 9-5

603.355.1890





from **HANNAFORD'S SUPERMARKETS**

December 3, 2025

Walker Boniface, son of Kyle & Amanda Boniface, Winchester, 3

December 10, 2025

Esme Hall, daughter of Chris & Julia Hall, Keene,

December 12, 2025

Adaline Hamilton, daughter of Autumn Hamilton & Josh Hamilton, Winchester, 3

December 14, 2025

Valencia Willis, daughter of Trevor Willis & Jennifer Whitcomb, Winchester, 6

Huckson Bradley, son of Olivia Naeck & Justin Bradley, Swanzey, 11

HANNAFORD'S BIRTHDAY CAKE

This Week's Winners





Esme Hall, Keene, 10 Huckson Bradley, Swanzey, 11

Submit your Birthday Kids' entry online at: ShopperNews.com/Community

OVERHEAD DOOR

Garage Doors & Openers • Sales • Service

Residential & Commercial Keene's Best 2024 Winner!

123 Ryan Road, Dummerston, VT 802-579-4477 Cell • 802-251-0900 VT • 603-363-8800 NH Email janet@championoverheaddoor.com

AUTO, TRUCK AND EQUIPMENT REPAIR H&S Industries Trusted and Reliable (603) 439-7664 10 MINUTES FROM KEENE







Over 36 Years SALES OF NEW SYSTEMS We Service What We Sell Water Softeners Neutralizers Iron Filters 888-679-6059 or 603-756-4398 DAN WATERMAN





RESIDENTIAL & COMMERCIAL SEAL COATING

Trucking

OFFERING

"Think Mink"

- Paving Line Striping Excavating & Dirt Work Rumble Strips Driveways
- Hard Pack
- Cold Patch
- Patch Work Drainage
- Oil & Stone Site Work
- FREE ESTIMATES 603-414-7997 Seal Coating Asphalt Removal

Veteran Owned - Fully Insured - Serving VT, NH,MA

DOWNSIZING? Interior & Exterior Junk Removal

Kennedy Junk Removal 603-354-9484 Serving Southern NH

DS PLUS **BEDMATCH** MATTRESS TEST Peterborough • 603-371-0202









STAR PAINTING Interior Painting Spray-Roll-Brush **Drywall Repair**

FREE ESTIMATES 20% Off with Ad (H) 603-357-1325 (C) 603-721-6220





FIELDSTONE 603-672-5456
FieldstoneLandConsultants.com

THE CHIMNEY SPECIALISTS, INC.

Chimney Sweeping · Construction · Relining Repairs · Installations · Inspections · Waterproofing Serving the Monadnock Region for over 40 Years (603) 357-4159 • www.chimneynh.com • info@chimneynh.com





Safe service with our professionals 24-hr Watchdog Service since 1926 WWW.DAVISOILANDPROPANE.COM



DANA'S

NOW SERVING KEENE, SWANZEY & NOW WINCHESTER, NH

WEEKLY **CURBSIDE** TRASH SERVICES

 Household Waste **OUR SERVICES** • **Recycling** (Cardboard, Commingle)

WHAT'S PROVIDED

One Trash Toter

One Recycling Bin

Both Containers

Call to schedule today! 603-352-5981

DANA'S

Provided Free of Charge!



KITCHENS & BATHS



Bergeron Construction

Family owned and operated since 1909 358 Matthews Rd., Swanzey, NH • 603-352-4447 www.bergeronconstruction.com

WE NOW HAVE AN IN-HOUSE PLUMBER!

Read the MSN online: www.shoppernews.com

THE #1 **SELLING FARM** TRACTOR IN THE WORL



Gary's Power Equipment

15 Warwick Road Winchester, NH 03470 garyspower.com



Warming Up to What's Next? Let's Make It Real.

Whether you're shifting direction in work, life, or business - you don't need a total reinvention. You need space to think, structure to move, and someone who can help connect the dots.

> The Warm Theory offers modern coaching for people ready to take intentional next steps - even if they're still coming into focus.

Led by Kate Sussman, Certified Professional Life Coach "I bring experience, clarity, and strategy to conversations that move you forward."

Book your free consult at thewarmtheory.com. "The next version of you isn't far off. You're just warming up."

Monadnock Region & virtual | thewarmtheory.com | 603-714-8871





Jay & Josh Hutchins

FREE **ESTIMATES FULLY INSURED**

j.a.hutchinstreeservice@gmail.com

www.j-a-hutchinstreeservice.com

KEENE MONUMENT **COMPANY**

"We make memories last"

We are the leader in stone products and specialty lettering. Visit the area's largest display of monuments and memorials.





Bronze Plaques, Granite Mailbox Posts, Steps, Benches & More! 555 Main St. • Keene • 603-352-7221 • Fax 352-0309 Local Family Owned • www.keenemonument.com

ARE YOU LOSING YOUR **MEDICARE PLAN?**

Whether it's a Medicare Advantage Plan or a **Prescription Drug Plan,** We have answers for you.



Call Joel Hannon today!

Licensed Insurance Agent 603-876-5041 joel@talonrs.com

This is an advertisement. By calling this number or providing your information you agree to speak with a licensed insurance agent about Medicare Advantage, Part D Prescription Drug Plans, or Medicare Supplements. Not affilated with any government agency including Medicare. We do not offer every plan available in your area. Currently we represent two organizations which offer 18 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information about all your options.

Bahamian Gardens

A couple weeks ago, my husband and I were offered a beautiful trip to the Bahamas in exchange for playing music at a yoga retreat center, also called an ashram. We soon found ourselves on an airplane to Nassau and then on a boat to Paradise Island. This island is small enough to walk across in a few minutes one way and about an hour the other. We stayed at a Sivananda Ashram, a place where renunciates live year-round. They sing and pray, they teach yoga, they share their time and kindness with anyone whom they encounter. What I didn't expect - and I don't know why really – is that they also garden.

Considering the ashram is directly on the oceanfront, as are most Bahamian gardens, they have to deal with a lot of sand and salt. The only fresh water falls from the sky. I'll take you on a mind's eye tour of the place beginning at the ocean. Palm trees, especially coconut palms, dominate the water's edge, along with hedgerows of Sea Lettuce tree. I love that this plant's Latin family name is Goodeniaceae. Sea



Yedida Landis checks out pothos climbing an

Dubes Tire **TIRE & ALIGNMENT**

SPECIALISTS

Walker Exhaust Center
 Gas Tanks & Radiators

- Monroe Shocks & Struts
 Computer Diagnostics
- Raybestos Brake Center
 Welding & Frame Work
- Air Conditioning Services
 State Inspection Station
- **Transmission Services**
- Tune Ups & Oil Changes

BFG · BRIDGESTONE · COOPER · DUNLOP COMPUTERIZED WHEEL **CARS • TRUCKS CAMPERS • TRAILERS**

ALIGNMENT Family Owned 50 Years!

300 PARK AVE, KEENE, NH NHSI #1875 • 603-352-1445

with purchase of 4 New Tires

All Prices Include: Mount & Balance • Old Tire Disposal • Free Tire Rotations



Stylish touring all-season tire supplies a quiet, comfortable ride combined with year-round traction and extended treadlife.

CALL FOR PRICING

MANY BRANDS AVAILABLE

BRAKE & EXHAUST SYSTEMS SAFETY OUR LIFETIME WARRANTY MUST PRESENT COUPON ____ MUST PRESENT COUPON

DIAGNOSTICS Check engine Vehicle stalling out? Come see us for a diagnostic check-up! MUST PRESENT COUPON _ _ _ SHOCKS & STRUTS

LASER SYSTEM Reg. \$7995 COMPUTER FREE 4-WHEEL ALIGNMENT

MOST VEHICLES **FULL SYNTHETIC**

25% OFF Call for details. MUST PRESENT COUPON VEHICLES

Monroe

Shocks & Struts

OIL & FILTER CHANGE | MOST

TOP QUALITY Auto • Marine • Lawn & Garden

INTERSTATE



bush, a scrubby bonsai-like tree that grows on rocks, and sea lavender, a soft gray-green bush with little white flowers, are also innumerable.

Walking a few yards inland, you would see midsize waxy, silver-green leafed trees with tiny brown cones all over them - the button mangrove. Other tree species around include the Seagrape tree (a truly bitter fruit), Umbrella trees, tropical almonds, and a few Cook's pine trees.



Huts of all shapes and sizes are tucked in among the trees. To tie the buildings in with the tall trees and larger landscape, the gardeners placed vines and waxy, broad-leafed shrubs all around their bases. Pothos leaves (you know that viny houseplant that nearly everyone has?) larger than my head rose up into the tree canopy. The bushes were mostly shell ginger, broadleaf palm-lily, monstera, Variegated Croton, and Coral hibiscus. Basically, if you were to go in search of a tropical houseplant at a local nursery right now, such as House by the Side of the Road, you would find many of these varieties. The difference is that in the Bahamas they are planted outside and are taller than I am.

All around these bushes and filling in the garden spaces are small, flowering plants. Wax begonias, orchids, Purple Heart, Ixora, Egyptian Star Clusters, and Mexican petunias fill in the spaces between bushes and pathways. Pots of these flowers are also tucked onto porches and between bushes.

Because limestone is prevalent throughout the 700islands and keys that make up the Bahamas, it is the natural choice for pathways, garden edges, and any sort of stone work. Limestone paths lead from hut to hut, kitchen to temple, boat dock to community space. The gardeners effectively used limestone rocks to create cozy nooks and beautiful ponds along the way.

After thoroughly exploring this garden, I went in search of others. A large Disney World-like resort nearby used the same species of trees and bushes in its planning. The main difference is that the tropical bushes were trained into formal hedging and there were not – for the most part – any small, flowering plants. I was happy to see they used native plants, but it was a little more boring. After getting lost in its maze-like pathways and repetitive gardens (which were very classy, but just not my style), I went in search of Bahamian gardeners with their own home gardens. Fortunately, one woman who helped out at the ashram was excited to talk with me about gardening. She shared that through some multi-government agreement, there is no longer large-scale agriculture on any Bahamian island. This means that all food has to be imported from other countries. Therefore, the cost of food is extremely high. An avocado, for instance, costs \$5. There are coconuts all around; but people can't subsist on those alone. So, she and many of her friends keep small kitchen gardens. As you can imagine, I was delighted to hear this! Her favorites to grow – like many people I know here in New Hampshire – are tomatoes, peppers, cucumbers, lettuce, and herbs – especially basil and parsley.

I suspect anywhere I travel could turn into a garden tour, as it did when I decided to walk across Wales and Ireland many years ago (more on that another time!). The Bahamian gardens reminded me of being in a large conservatory filled with ancient houseplant specimens, except I was walking around outside with salty air and warm, strong winds all

Yedida Landis has been teaching organic gardening to children for over 20 years and is Lead Gardener at MacDowell.

Special Pull-out Section! Holiday

Artist-Led Crafting Classes At The Summit Winery



Lovers of the arts and crafting can enjoy artist-led workshops at The Summit Winery, a fun holiday tradition started by The Rabbit Ridge Artisans.

This year's schedule is as follows: Basket Weaving (Friday, December 12th); Make a Granola Brush (Saturday, December 13th); Make a Gingerbread House (Sunday, December 14th); Ornament Workshop (Thursday, December 18th); Watercolor Painting (Friday, December 19th); Square Sparkle Dangle Earrings (Saturday, December 20th); Sterling Silver Spiral & Freshwater Pearl Earrings (Monday, December 22nd); and Hair Bling Workshop (Sunday, December 28th).

Classes include a beverage provided by the winery, with wine or non-alcoholic options available. For more details, or to reserve a seat, visit http://www. RRA-DIY.com.

Louise Slayton, a Rabbit Ridge artisan.

Specialty Gelato Flavors For Christmas At Frisky Cow

Christmas gelatos.

eggnog, gingerbread chocolate chip, white chocolate friskycowgelato.com/specialty-gelato-preorders. The

Frisky Cow Gelato is churning up some special Thursday through Saturday, December 18th to 21st from noon to 6 p.m. Those who pre-order online will Christmas flavors are: peppermint crunch, boozy save \$1 per pint. Pre-order pints on-line at: https:// raspberry, creme brülée, and cranberry orange sorbet. online pre-order page for Christmas flavors will be The scoop shop on Krif road in Keene will be open live the day after Thanksgiving.

Holiday Cookie Stroll This Saturday, December 13th

and fill a platter with a selection of homemade, oversized treats. No need to bake for the holidays. Cook- Memorial Building at 33 Main St. in Jaffrey.

The Jaffrey Woman's Club is holding a Holiday ies are \$10 a pound. There also will be a raffle for a Cookie "Stroll" on Saturday, December 13th, from 10 beautiful, handcrafted gingerbread house. Half of all a.m. to 1 p.m. Cookie lovers can stroll along the tables proceeds will be donated to the Jaffrey Food Pantry.

The Jaffrey Woman's Club is located in the Cutler

Park Theatre Dickens Fest Presents A Yankee Christmas With Marple And Rule



Humorists Fred Marple and Rebecca Rule bring "A Yankee Christmas" to the Park Theatre in Jaffrey.

Yankee humorists Fred Marple and Rebecca Rule bring holiday hilarity to the Park Theatre in Jaffrey on Friday, December 12 at 7 p.m. "Tis the season to be jolly," Marple says. "Even if you haven't decorated the tree, bought the turkey, or found a present for cousin Earl who invited himself for the holidays."

This special live event is part of the 2025 Dickens Fest presented by Viking Voyages. Tickets are \$20, available at the door, online at dickensfest.org, or by calling the box office at 603-532-8888. The Park Theatre is located at 19

Main Street in downtown Jaffrey.

Marple will bring the news from his hometown of Frost Heaves, the most under-appreciated town in New Hampshire. Rule will share stories she has collected from across New England. Together, they will introduce Kitty Cat Personal Heaters, Perfectly Good Christmas Trees, and toys for little Yankees like the "Mind Your Own Business Fun Set." It's an evening of laughter, music, and prizes, the perfect way to kick off the holiday season.

Swanzey, New Hampshire

Monday - Friday 10 to 6 Saturday 10 to 5 -Sunday Closed

TEMPUR-PICK ALTERNATION LA Ø B C Y Chepland Into

YANKEE, page 12







+ FAMILY GWNED AND OPERATED FOR MORE THAN 75 YEARS +

NEW CLIENT HOLIDAY SPECIAL 15% OFF WITH THIS COUPON

Cuts & Colors • Manicures • Pedicures • Gel X Hair Extensions • Lash Extensions • Body Waxing Lash Tints & Lifts • Bridal Hair & Makeup 回際回

Crabtree & Company

11 Roxbury Street, Keene, NH • 603-903-2335

To book an appointment, scan the QR Code







Give The Gift Of Music We Stock the Largest Selection of: Drum Sets • Guitars • Keyboards Percussion • Brass • Strings & Accessories! ROUSSEAU'S MUSIC STORE & LESSON STUDIOS ALES • LESSONS • RENTALS • REPAIRS Gift Certificates Available 124 Main Street • Jaffrey • **532-4311** .rousseausmusic.co









Christmas Open House At Hinsdale Historical Society Saturday, December 13th

The Hinsdale Historical Society will host its annual Christmas Open House on Saturday, December 13th at the Col. Ebenezer Hinsdale homestead at 609 Brattleboro Road (Route 119) in Hinsdale from 10 a.m. to 3 p.m.

The Col. Ebenezer Hinsdale garrison re-enactors will be on site demonstrating how the colonial people survived drying herbs, playing simple games for entertaining themselves, and making cording for use on the farm. House tours will be conducted by members of the society who will tell the history of the homestead and Col. Hinsdale and his family as well as later families that lived there.

There is no admission charge, but donations are welcomed. For more details, email Sharron Smith at shsmith1@yahoo.com.

USPS Ready To Deliver For 2025 Holiday Season

The United States Postal Service (USPS) is ready to deliver for the 2025 holiday season. Over the past four years, USPS has invested nearly \$20 billion in its facilities and processing capabilities with the goal of realigning the national postal network to meet the mailing and shipping needs of the modern consumer.

Through its investments, the Postal Service has built capacity into its processing, logistics and delivery infrastructure to meet customers' evolving mail and package needs. USPS is implementing strategies to stay ahead of challenges, pulling together its people, technology, transportation, equipment, and facilities into a well-integrated, streamlined mail and package network.

"The Postal Service plans throughout the year to deliver the nation's mail and packages during the high-volume holiday season and we are well prepared and ready to deliver for the American public," says Postmaster General and CEO David Steiner. "For the past several years, the Postal Service has been gaining market share in our package business, which reflects the strong value and excellent portfolio of the shipping options we provide. We expect to see a continuation of this trend in the coming holiday

period and to continue winning a larger share of the nation's shipping business.

As in years past, the Postal Service will also prioritize morning parcel delivery, enhanced scanning technology and extended retail, and pick-up delivery hours at popular Post Office locations. It will also continue to offer the lowest postage rates in the industrialized world.

For tips on mailing and shipping preparation, ordering free shipping supplies, packaging guidelines (including restricted and prohibited item information), and post office location hours, visit www.usps. com or the USPS YouTube channel.





Staying Merry Through The Holiday Season

We're right into the holiday season, so shouldn't we automatically feel merry? You would think so, but that isn't always the case.

Friends and family see your beautiful family photo on your holiday cards that they receive. What they didn't see was all the shopping and planning you had to do to find the right outfits, and the umpteenth photo that had to be taken to get it just right.

couple at the holiday party. But what they didn't see is overrated. Focus on what feels genuinely good to is the argument you both had while trying to get out the door on time, or the many calls you had to make to track down a babysitter.

Christmas can be a whirlwind mix of festivities, preparations, juggling schedules, and sometimes frustration. So, it's important through this busy season to keep everything in perspective to truly stay merry.



Remember Your Priorities

To focus on your priorities during the holidays, it helps to set boundaries - you are one person, so don't agree to everything that comes your way. Think quality over quantity when it comes to activities and time spent with loved ones. And be sure to make time for yourself and your own well-being.

Don't Overschedule Yourself

One thing that is sure to make you miserable at this time of year is if you overschedule yourself. Decide in advance what you can realistically commit to and politely decline invitations that don't align with your priorities. This way, you are protecting your time and energy.

Communication Is Kev

Keep your spouse, partner, and children abreast of everything going on throughout the holidays, so everyone is clear of expectations. The party, outing, or activity might be on your mind all the time, but that might not be so for the rest of the family. Make sure to go over the upcoming week's schedule for a gentle reminder.

Embrace Simplicity

It's okay to keep things simple this time of year. Keeping traditions and meals uncomplicated will bring you more joy instead of striving for perfection.

Keep Your Eye On What Matters

Sometimes when we get caught up in the holiday season, we lose focus on what really matters. Think about those favorite holiday memories and what made them special; this is what will give you joy. Focus on making new memories. Even simple ones, like building a snow fort with the kids, riding around to look at holiday lights, or taking a stroll down Main Street together.



Don't Try To "Keep Up With The Joneses"

This idiom is especially relevant at this time of rear when financial and social expectations can be a little high. This can lead to getting into debt and all the stresses that go with it. So, "you do you" is truly appropriate during the holidays.

Let Unimportant Things Go

A perfect holiday? Sounds like a myth that will You and your partner seem to be the ultimate create unnecessary stress, and besides, perfection you rather than striving for unattainable expectations. Also, there are a lot of mixed emotions happening around the holidays. Allow yourself to have those emotions instead of pressuring yourself or others to be constantly happy

Cherish Each Other

The holidays are a time of connection with family and friends. Make sure you have deliberate connections with the people you most hold dear. You can do this through new traditions or through experiences like baking, volunteering, and other activities together.

Don't Forget The "Me" Time

Plan some "me" time between your active schedules. Blocking out time for hobbies, reading, listening to music, or taking a walk can help you feel relaxed and rejuvenated.

Stay In The Moment

As true and meaningful moments happen to you throughout the holidays, dwell in that feeling, stay in the moment. The outcome: happiness, contentment, and feeling cheerful and merry



149 Emerald Street, Keene (603) 903-1800 • Open Tues-Fri 9-5 • Sat-Sun 9-4



PCScamera@comcast.net CopiesAndMoreNH@gmail.com 603-924-7032 603-924-7088



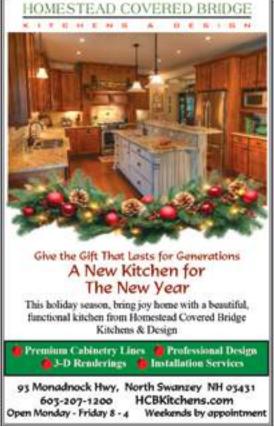
GOOD FORTUNE JEWELRY & PAWN

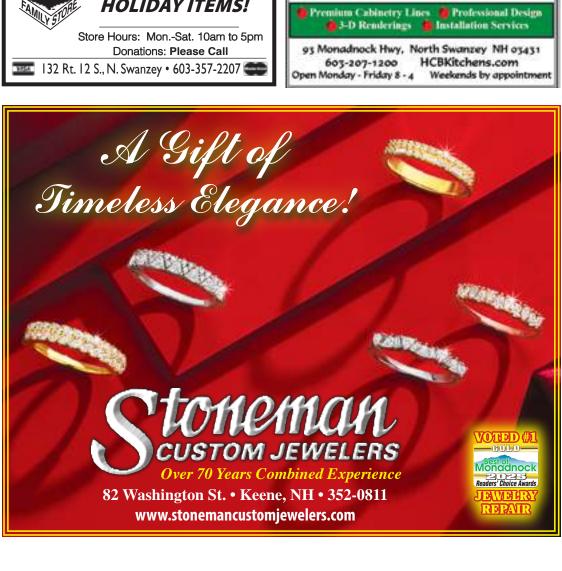
CASH FOR GOLD & SILVER HIGHEST PRICES PAID

Save Big on our Pre-Owned, Vintage and Estate Jewelry

FREE JEWELRY APPRAISALS REPAIRS & RING SIZING

110 MAIN STREET • DOWNTOWN KEENE 603-357-7500 www.GoodFortuneJewelry.com







10 all Accessories Ends December 24th! OPEN 7 DAYSI 93 Park Avenue, Keene 603-352-4334 www.andysoak.com *Excludes Furniture & Mattresses.

Holiday Events – Craft Fairs, Concerts, And More

Thursday, Dec. 11 FAIRS & SALES

Rabbit Ridge Artisans Holiday Marketplace & Workshops 4:30-7pm. Summit Winery, 719 Rt. 12, Westmoreland. Marketplace open Thursday, 4:30-7 and Friday-Sunday 12-5 thru Dec. 28th. Enjoy wine tasting & handmade gifts by local artisans. View workshop schedule at www.RRA-DIY.com.











Friday, Dec. 12 ARTS, MUSIC & THEATER

A Yankee Christmas: Fred Marple & Rebecca Rule 7pm. Park Theatre, 19 Main St., Jaffrey. Holiday humor, music and assorted nonsense for the whole family. \$20. 603-532-8888. www.dickensfest.org/.

Low Lily's Winter Solstice Celebration 7pm. Showroom, 20 Commercial St., Keene. This high-energy show will feature instrumentals alongside impeccably arranged songs to honor the season. \$30 - \$34. 603-352-2033. boxoffice@

Saturday, Dec. 13 ARTS, MUSIC & THEATER

Christmas Presence Concert 2-3:30pm. First Congregational Church of Swanzey, 679 Old Homestead Hwy. By donation. A gathering of Hope, Peace, and Love by pepper Choplin. 603-352-6689. office@swanzeyucc.org. www. swanzeyucc.org.

Winter Holiday Concert: Wendy Keith & Walden Whitham 7pm. Dublin Community Center, 1123 Main St., Dublin. 603-563-8080. info@dublincommunitycenter.org.

FAMILY FUN

Troy Historical Society's Cookie Tour 10am-4pm. Kimball Hall, 4 Depot St., Troy. Get a cookie, check out exhibits, & share some holiday cheer.

The Hinsdale Historical Society Christmas Open House 10am-3pm. The Col. Ebenezer Hinsdale Homestead, 609 Brattleboro Rd., Hinsdale. The Col. Ebenezer Hinsdale Garrison re-en actors will be on site demonstrating how the colonial people survived. House tours will be conducted by members of the Society telling the history of the homestead and Col. Hinsdale and his family as well as later families that lived there. Donations are welcomed. Sharon Smith: ahsmith1@yahoo.com.

20th Annual Currier & Ives Cookie Tour 10am-4pm. Self-Guided Tour-15 Stops. Visit the theatre, inns, restaurants, unique boutiques and gift shops, and historical societies of the Monadnock Region, as businesses open doors to the public to share homemade holiday cookies! See ad on pg 14 for stop locations & ticket info. 603-242-6495. www.currierandivescookietour.com.

LECTURES & WORKSHOPS

Christmas Watercolor Workshop: Olha Necheporenko 10:30am. Jaffrey Civic Center, 40 Main St., Jaffrey. Paint beautiful Christmas cards in watercolor. Whether you're a beginner or already love watercolor, this workshop is designed to inspire you and help you capture the cozy spirit of the holidays. Jaffrey Civic Center: 603-532-6527.

EVENTS, page 14



Winter Holidays Concert In Dublin Saturday, December 13th



Talented, seasoned performers, Wendy Keith and Walden Whitham will be at the DubHub/Dublin Community Center at 1123 Main Street in Dublin at 7 p.m. as they perform songs to celebrate the winter holidays on multiple instruments, including vocals, guitar, flute, clarinet, Celtic harp, and more. There is a suggested donation of \$15 at the door.

Wendy Keith and Walden tickets, visit www.madamesherris.com/events.

A Holly Dolly Christmas: A **Country Christmas Cabaret**

On Saturday, December 13th, A Holly Dolly Christmas: A Country Christmas Cabaret will take place at Madame Sherri's Restaurant & Cabaret at 82 Main Street in Keene. The show starts at 7 p.m. Prior to the cabaret, doors open at 5 p.m. for dinner.

This glitter-soaked celebration of Dolly Parton includes her country contemporaries, Reba, Shania, and others. Hosted by Miss Ginger Soulless and a cast of rhinestone-studded performers, the evening includes the show followed by a festive dance party at 9 p.m.

This is an 18+ event. Tickets are \$15 for the show and dance party, and \$5 at the door for the dance party only. For more details, call 603-354-3377. For

CONSIGNMENT CABIN

11 11 11 11 11

CONSIGNMENT & ANTIQUES & GROUP SHOP

Antiques • Decor • Jewelry • Local Artisans • Floral

Now accepting items. Contact: info@consignmentcabin.com

GIFT CARDS AVAILABLE

HOURS: SUN-MON, THU 10-4 • WED, FRI-SAT 10-6

1 Main St., Marlborough • 603-876-3352

www.consignmentcabin.com



We would love to collect as many new and or gently used coats, and mittens for our local community this winter. Items will be for both children and adults.

NOVEMBER-JANUARY

Help as help our community:

DESCHENES AUTO & RV CENTER 143 River St., Jaffrey, NH • 603-532-4451 • admin@deschenesarv.com **Gift Certificates Available!**

Free Gift Wrapping Events Masiello's Holiday Helping Hands

Street in Keene is giving back to the all – when the unwrapped gifts are left community with two free gift wrapping off on those two days. events: Thursday, December 18th and Monday, December 22nd with drop-off

The Masiello Group at 69A Island people's gifts - ribbons, bows, tags, and

Participants need to leave a name on each gift for labeling. Gifts will be ready for pick up later that afternoon.

The "Realtor Elves" will wrap Limit 10 gifts per person.

Christmas Watercolor Workshop With Olha Necheporenko This Saturday

gentle, step-by-step guidance. The

The Jaffrey Civic Center will host and provides an opportunity to capture a Christmas Watercolor Workshop on the cozy spirit of the holidays while Saturday, December 13th, at 10:30 a.m. enjoying seasonal music, the aroma of









⊣≜)Harrisville Designs



REAL FOOD FOR REAL FOLKS

The Perfect Gift

for Every Appetite

255 West Street (across from the Colony Mill) Keene, NH jennasmarket.com | 603.338.0012



Purveyors of

locally-sourced, quality meats, award-winning sandwiches, fine foods, and wines*

Christmas Presence **Concert In Swanzey**

On Saturday, December 13th, the First p.m. for dinner. Congregational Church of Swanzey at 679 Old Homestead Highway will hold a Christmas concert, Christmas Presence, with Pepper Choplin from 2 to 3:30 p.m. The cost is by donation.

Jackie Beat: Pretty Lady Christmas At Madame Sherri's Sunday, December 14th

International drag legend Jackie Beat song parodies – Alcoholidays, Santa's will performa Pretty Lady Christmas at Madame Sherri's on Sunday, December 14th at 6 p.m. The doors will open at 5

aganza with live vocals, razor-sharp com/events. No refunds. comedy, and her beloved outrageous

Baby," and others. This event is for 18+. Madame Sherri's Restaurant &

Cabaret is at 82 Main Street in Keene. For more details, call 603-354-3377. Beat will deliver this holiday extrav- For tickets, visit www.madamesherris.

Park Theatre Dickens Fest Presents A Yankee Christmas With Marple And Rule

YANKEE, Continued from page 7

Marple is the unofficial spokesman books including Headin' for the Rhubarb, for the mythical town of Frost Heaves, mostly because everyone else has a real job. He has appeared on New Hampshire Chronicle, on the radio, and in the homes of most of his friends, usually right around dinner time.

more than 30 years, at libraries, historical societies, church groups, and charitable organizations across New England. She is the author of several ensfest.org.

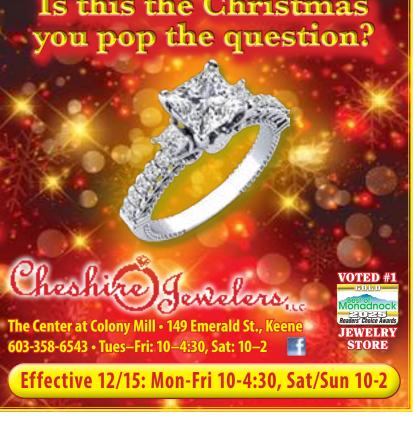
A NH Dictionary (well, kinda) and That Reminds Me of a Funny Story.

A Yankee Christmas is family friendly and appropriate for all ages. The Park Theatre is a state-of-the-art film and performing arts center."We Rule, host of Our Hometown on are wicked excited to be appearing at NHPBS, has been telling stories for the Park Theatre," says Marple. "Let's just say it smells a lot better than the grange hall in Frost Heaves."

For more details, visit www.dick-











Tree sales start Nov 28th

Alpaca Socks & Yarn

7 Days/Week *Open 11-5 · Nov. & Dec.* 21 Carpenter Road, Surry, NH 5.9 mi. north on 12A from Court St./Maple Ave. intersection

603.352.9380

www.crescendoacres.com

More Gifts From The Kitchen

and precious;

as among ourselves we say of even a trifling gift,

"It comes from a hand we love,"

and giving gifts of food from your own kitchen, here's a continuation of ideas from last week's Cooking Corner.

Sugar Plums

This must be one version of what children "nestled all snug in their beds" were dreaming about. I often repeat this recipe during the holiday season since some people have requested the recipe after misplacing it; or perhaps you never found it in the first place. **Ingredients:**

1/2 cup dried apricots

1/4 cup dried figs

1/4 cup golden raisins

1/2 cup chopped pecans

1/4 cup sweetened grated coconut

2 tablespoons orange liqueur (Grand Marnier or Cointreau) - purchase those 'nips' at the NH Liquor Store coarse or granulated sugar

Finely chop apricots, figs, raisins, pecans, and coconut in a food processor or by hand. Blend ingredients together and moisten with the orange liqueur. Shape mixture into one-inch balls, pressing gently to make sure ingredients stay packed together. Roll each ball in coarse sugar. Store in airtight container in refrigerator between pieces of waxed paper; sugar plums will keep Ingredients: up to one month. Package in paper doilies, forming each doily into a cone. Tuck in a sprig of holly if desired and attach a gift label. Makes about three dozen sugar plums.

The heart of the giver makes the gift dear 1/2 cup pecans, lightly toasted and chopped

Preheat oven to 350 degrees. Combine all ingredients expect pecans in a bowl; mix well. Add chopped pecans. and look not so much at the gift as at the Form dough into one-inch balls. Put - Martin Luther on an ungreased cookie sheet. Flatten each dough ball to two and a half inch For those of you who enjoy making rounds with a fork. Bake about 30 to 35 minutes. Makes 35 crackers.

Cranberry-Orange Marmalade

This is a simple marmalade meant to be kept refrigerated. Gift it with some biscuits, muffins, homemade scones, or a loaf of bread.

Ingredients:

2 cups fresh cranberries

2/3 cup orange juice 3 teaspoons grated orange peel

1/2 cup sugar

Combine ingredients in two-quart saucepan. Bring to a boil over high heat. Reduce heat to low, cover and simmer until cranberries "pop" and mixture thickens slightly, about 20 minutes; stir occasionally. Store in refrigerator. For gift giving, put marmalade into antique jar or decorative jelly jar with an attached pretty spoon; tag should indicate "keep refrigerated" to two or three weeks.

Doggie TreatsWith only one ingredient, sweet potato slices are budget friendly, easy to make, and a great gift for any dogs on your gift list.

2 sweet potatoes

Preheat your oven to 250 degrees. Line two baking sheets with parchment paper. Use a knife or mandolin to cut the sweet potato into cross-wise pieces

or lengthwise slices for larger chews, depending on the size of the dog. Try and cut the slices uniformly as possible so they are about one quarter-inch but no thinner. Arrange them in a single layer on the baking sheets

and bake for two and a half to three hours, flipping once halfway through until they are shrunken and dried out some pieces will likely be a bit crispy, while others are a bit chewy. Let cool, then store in air-tight container in the fridge for about three weeks. Package in doggy bags; tag "refrigerate up to

Ingredients: 3 cups uncooked long grain rice

3 tablespoons dried minced onion 1 tablespoons curry powder, more

with Nancy Adams

Fruited Rice Mix

This makes a nice gift presented in

a pretty bottle or jar. Attach a tag with

instructions for how to use (see below).

- or less
- 4 tablespoons instant chicken bouillon Homemade Kitty Treats
- 1 teaspoon salt
- 1 cup chopped dried apples
- 1/2 cup golden raisins 1/4 cup toasted slivered almonds

Combine all ingredients and mix well. Store in airtight container or bottle. Makes about four and a half

directions tag for

Instructions to make Fruited Rice: rice mix with 2 cups water and 1 tablespoon butter; cover tightly. Bring to a 30 minutes, or until water is absorbed.

Blue Cheese-Pecan Crackers

who likes blue cheese. Package these for longer period of time. crackers in a tin or container, perhaps with a bottle of wine or another bever-

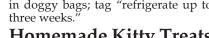
Ingredients:

1 cup blue cheese, crumbled

1/2 cup butter

1/4 teaspoon pepper

1 cup flour



This three-ingredient treat, put together by the folks at Jefferson Animal Hospital in Louisville KY, is sure to please even finicky felines.

Ingredients:

1 (12 oz.) can of tuna, salmon, mackerel, or even chicken

cups of rice mix. Gift this mix with a 1 large egg

cup whole wheat flour

Preheat oven to 350. Combine all In a two-quart saucepan, combine 1 cup ingredients in a bowl and mix thoroughly. Grease two or three cookie sheets. Using oiled hands, shape boil; reduce to medium low and simmer mixture into teaspoon-sized treats and place on cookie sheets. Bake for approximately 20 minutes, until dry and browned. Once cool, store in jars with gift tag noting to store up to two These make a great gift for anyone to three weeks in refrigerator, or freeze

Nancy Adams is a native of Peterborough and resides in Hancock. She and her husband, Bud, have raised four sons. Nancy welcomes suggestions send them to: Nancy P. Adams, 22 Birch Road, Hancock, NH 03449.





Read the MSN online: www.shoppernews.com



Ukulele & Harmonica Lessons Offered Tad Dreis • Keene, NH 603.762.9378 • www.taddreis.com









Gift Cards Holiday Events – Craft Fairs, Concerts, More

EVENTS, Continued from page 10

Saturday, Dec. 13

A Holly Dolly Christmas: A Country Christmas Cabaret 7pm. Madame Sherri's Restaurant & Cabaret, 82 Main St. Doors open at 5 for dinner. Show at 7. Dance Party at 9. Glitter-soaked celebration of Dolly Parton and her country contemporaries. Hosted by Miss Ginger Soulless and a cast of performers, the evening includes the show followed by a festive dance party. \$15(Show + Dance Party), Dance Party only \$5. 18+ event. 603-354-3377.

Holiday Cookie Stroll 10am-1pm. Jaffrey Woman's Club,

33 Main St., Jaffrey. Tables of homemade treats. \$10/pound. Raffle for handcrafted gingerbread house. *Holiday Home Tour* 11am-4pm. Explore six homes in Walpole. Self guided tour. \$30 per person. Tickets can be purchased the day of the tour at the Walpole Town Hall, 34 Elm St. Each ticket grants admission to all six homes.

Sunday, Dec. 14 ARTS, MUSIC & THEATER

The Keene Pops Choir: A Moment of Peace 3pm. St. James Episcopal Church, 44 West St., Keene. \$15. keenepops@gmail.com.

FAMILY FUN

Santa Party: Home Alone Movie Screening 1pm. Park Theatre, 19 Main St., Jaffrey. Come in cozy pajamas. Visit with Santa and take pictures before the movie. Free admission. **603-532-8888**. www.theparktheatre.org.

MISCELLANEOUS

Jackie Beat: Pretty Lady Christmas 6pm. Madame Sherri's Restaurant & Cabaret, 82 Main St. Doors open at 5 for dinner. International drag legend Jackie Beat delivers her annual holiday spectacular with live vocals, comedy, and outrageous song parodies. Expect brand-new numbers sprinkled among iconic classics like "Alcoholidays," "Santa's Baby," and more. Event 18+. 603-354-3377.

Holiday Home Tour 11am-4pm. Explore six homes in Walpole. Self guided tour. \$30 p/person. Tickets can be purchased the day of the tour at the Walpole Town Hall, 34 Elm St. Each ticket grants admission to all six homes.

Thursday, Dec. 18 ARTS, MUSIC & THEATER

Christmas Cantata "A Child Is Born...All Is Well" Keene Church of the Nazarene and Monadnock Covenant Church Combined Choir. 6pm. Keene Church of the Nazarene, 55 Maple Ave. Admission is free/open to the public, and all are welcome. Light refreshments following the presentation.

Saturday, Dec. 20 ARTS, MUSIC & THEATER

Keene Jazz Orchestra: Holiday Swing Dance 7:30pm. Best Western Plus,401 Winchester St., Keene. Bella Holtz, vocalist. \$15/\$12 students. Available at Toadstool Keene, Prime Roast, & on website. www.keenejazzorchestra.org.

FAMILY FUN

Santa Party 1pm. Richmond Public Library, 19 Winchester Rd., Richmond. Come celebrate all things Santa with a Santa scavenger hunt, cookie decorating and crafts. There might even be a visit from the jolly old elf. 603-239-6164.

Sunday, Dec. 21 MISCELLANEOUS

Holiday Tree Lighting Ceremony 4pm. The Chapel by the Lake, 529 Granite Lake Rd., Munsonville. Refreshments to follow. All are welcome.





Tickets \$15, \$12 students, available at Keenejazzorchestra.org, Toadstool Keene, & Prime Roast



The Cozy Cottage • The Optimist Café
Frogg Brewing* • Terrapin Glassblowing Studio
The Park Theatre* • Monadnock Country Café
Jaffrey Historical Society • The She Shed
Inn at East Hill Farm* • Troy Historical Society
Sleeping Monk Farm Alpacas • Monadnock Inn
Maura's Embroidery Unlimited • Granite Oak Farm
Jaffrey Civic Center

Visit www.currierandivescookietour.com or call 603.242.6495 for more information.

Refreshments & treats served at each stop.

*Tickets may be bought at these stops (cash only).







and **DINING**

Wednesday, Dec. 10

LECTURES & WORKSHOPS Wrong Turn: The American Eugenics Movement 6pm. Putnam Exhibit Hall, 246 Main St., Keene. Dr. Graham Warder of Keene State College will present this lecture.

MISCELLANEOUS

Teen Sit & Scribble 5:30-6:30pm. Keene Public Library, 60 Winter St. Ages 12-19 looking for a group of writers to share with and learn from. Judgment free writing group. Share stories & ideas. Eleanor Green: 603-352-0157. egreen@keenenh.gov.

Thursday, Dec. 11 ARTS, MUSIC & THEATER

Cheshire Village at Home Event: A Salute to Veterans 2pm. Keene Senior Center, 312 Marlboro St., Keene. Keene Senior Center Senior Singers. Register at 603-903-

Club Alive: Keene Edition 7pm. Showroom, 20 Commercial St., Keene. Wide-ranging mix of Keene-based dancers, musical acts, actors, poets, DJ, barbershop chorus for surprising artistic collaborations and unpredictable celebration of crowd power. Reserve free tickets at www. thecolonial.org/.

Friday, Dec. 12 ARTS, MUSIC & THEATER

Celebration of Jane Austen's 250th Birthday 6pm. Peterborough Town Library, 2 Concord St. Screening of a film adaptation of one of Austen's classic works. Feel free to dress up in Regency costume.

Sacred Circle Dance 6:30pm. Peterborough Unitarian Universalist Congregation, 25 Main St. All dances are taught. Beginners are welcome. No partner is necessary. Wear comfortable shoes. The program is free. Donations are appreciated and will benefit "End 68 Hours of Hunger." lucy@poetryofthedance.com.

Peterborough Folk Music: Adam Ezra 7pm. Bass Hall, 19 Grove St., Peterborough. Pop-Up Acoustic Show. \$40. 603-318-9196. www.pfmsconcerts.org.

Turn It Loose! 8pm. Mole Hill Theatre, 898 Gilsum Mine Rd, Alstead. Legendary Cheshire County Classic Rockers. BYOB and snacks ~ no hard liquor. Mole Hill Theatre events are all ages and family-friendly. Dennis Molesky: 603-352-2585. info@molehillnh.com.

MISCELLANEOUS

Community Acupuncture 5-7pm. Better Life Acupuncture, 17, 93rd St., Suite 124, Keene. \$50 for new patients and \$40 repeat patients. Book online or by text 603-239-2475. www.betterlifeacupuncture.com.

Red Cross Blood Drive 9:30am-2pm. Keene Public Library, 60 Winter St., Keene. Donors are asked to call or visit to schedule appointment at 800-733-2767. www.Red-CrossBlood.org.

Saturday, Dec. 13 **DINING PLEASURES**

\$5 Takeout Ham Dinner 4-6pm. Samuel E. Paul Community Center, 61 South Street, Troy. Ham, mashed potato, carrots, roll. Troy Recreation Department: 603-313-2243.

FAIRS & SALES

Adult Fiction Pop-Up Sale 11am-2pm. Keene Public Library, 60 Winter St. Supports programming at the library. 603-352-0157.

LECTURES & WORKSHOPS

Laser Engraved Glasses Workshop 10:30am-12:30pm. Keene Public Library, 60 Winter St. Use epilog laser engraver. Each participant will leave with two glasses. To participate, complete the online tutorial: Introduction to the Makerspace and the Epilog Laser Engraver Certification Tutorial on the library's website. Amy Kraemer: 603-352-0157. akraemer@keenenh.gov.

MISCELLANEOUS

Community Acupuncture 9am-3pm. Better Life Acupuncture, 17, 93rd St., Suite 124, Keene. \$50 for new patients and \$40 repeat patients. Book online or by text 603-239-2475. www.betterlifeacupuncture.com.

D&D & Teens 12-2:45pm. Keene Public Library, 60 Winter St. Join DMs for an exciting D&D oneshot adventure. Materials such as dice and note-taking items will be provided. Eleanor Green: 603-352-0157. egreen@keenenh.gov.

Sunday, Dec. 14 **MISCELLANEOUS**

Journey Dance: Dr. Caitlin Clarke 1-2pm. Aloha Keene, 83 Court St., Keene. Move through emotion, intuition, and sensation. No choreography, no performance. Exploration, freedom, and joy to inspiring music. \$25. 603-762-3129. www.alohakeene.com.



MYSTERY PHO

from THE HISTORICAL SOCIETY OF CHESHIRE COUNTY

The first person to answer the question correctly at 9:30 a.m. or after on Friday will receive a certificate for \$25 to The Pub. Call The Monadnock Shopper News, West Street in Keene, at 603-352-5296. You may win only one contest every three months. Only one call per person per week. No walk-ins, please.

(Prepared by the Historical Society of Cheshire County)



What family operated this well-known local ice cream bar?

(Photo courtesy of Historical Society of Cheshire County)



The winner of last week's Mystery Photo contest was Randy Phillips of Swanzey. The popular local restaurant from the 1950s into the 1980s was The Black Lantern.

ZenTangle: Gracie Buckman 3-5pm. Aloha Keene, 83 Court St., Keene. Buckman, ZenTangle trained, returns to help create an ornament with a round Zendala tile. Tangling is meditative by nature. All materials provided. \$20. 603-762-3129. www.aloha-

Mon., Dec. 15

Teen Crafternoon: DIY Pop-Sockets 3:30-5:30pm. Keene Public Library, 60 Winter St., Keene. Middle and high schoolers, making popsockets of our own design. Eleanor Green: 603-352-0157. egreen@ keenenh.gov.

Cheshire County Conservation District: Opportunity Fund 4:30pm. Zoom Informational Session. Making a meaningful longterm impact on wildlife habitat and biodiversity on your property. Register at www. cheshireconservation.org/events.

ing & Singing 6:30pm. United Church of Christ-Keene, 23 Central Square. All men welcome. Use Vernon St. entrance. 877-312-7467. www.cheshiremen.org.

From the Sea 5:30-6:30pm. Keene Public Library, 60 Winter St. Discussion of The Girl From the Sea by Molly Knox Ostertag. There will be snacks, crafts, and the chance to talk about this month's pick. Eleanor Green: 603-352-0157 egreen@

Books & Banter: Persuasion 5:30pm. Peterborough Town Library, 2 Concord St. Austen's final completed novel, a brilliantly insightful story of regret, second chances, and courage. 603-924-8040. www.Peter-

Tues., Dec. 16 ARTS, MUSIC, THEATER

Cheshiremen Chorus: Weekly Meet-

MISCELLANEOUS

Keene Pride Youth Book Club: The Girl keenenh.gov.

boroughTownLibrary.org.



Holiday Home Tour

Saturday & Sunday, December 13th & 14th, 2025 11am - 4pm

Tickets can be purchased the day of the tour at the Walpole Town Hall - 34 Elm St.



\$30 per person Each ticket grants admission to all six homes.

Explore six beautiful homes in the charming village of Walpole on this self-quided tour. All proceeds will benefit The Women of Walpole, a charitable and social organization which funds local worthy causes. The Women of Walpole is a 501(c)(3) organization.



CHECK OUT THE INDOOR RANGE

that offers a safe, controlled, & consistent environment for firearm practice and training!

> **SEE CALENDAR FOR ALL** SCHEDULED EVENTS!

www.ccssef.org 19 Ferry Brook Rd., Keene 603-352-8563









the purchase of at least two entrees. Exp on 12/30/25.





9 Ashuelot St., Keene, NH 603-357-4604

NOW OFFERING ONLINE ORDERING www.cheshirevillagepizza.com

Tuesday is Senior Discount Day!

Offer annlies to age 65+ Cannot be combined with any other discounts. Excludes delivery







A Salute to Veterans Sponsored by Cheshire Village at Home and the Keene Senior Center Senior Singers Dec. 11th at 2pm Keene Senior Center 312 Marlboro Street Call 603-903-9680 to register.

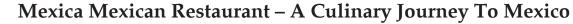
Takeout Ham Dinner In Troy December 13th

A Takeout Ham Dinner will be take place at the Samuel E. Paul Community Center at 61 South Street in Troy on Saturday, December 13th from 5 to 6 p.m.

Hosted by the Troy Recreation Department, the \$5 takeout menu includes a generous portion of ham, mashed potatoes, carrots, and a roll.

Monadnock Chorus proudly presents Sir Karl Jenkins "The Armed Man: A Mass for Peace" Dr. Sandra Howard, Artistic Director with lecture by Dr. Joe Darby Concert dates: Saturday, Dec 13th at 4PM Sunday December 14th at 4PM Peterborough Townhouse 1 Grove Street www.monadnockchorus.org





MEXICA, Continued from page 1

Sanchez praises his team for the impact they've made toward the success of the restaurant. "Our team has evolved into an efficient, family-friendly, and professional service."

This establishment is a wonderful place to enjoy a meal," says Richard Thackston. "The combination of a friendly atmosphere and delicious food is always appealing. A lively bar with well-crafted drinks adds to the overall experience. One of the great local businesses that's thriving. They contribute so much to the community's character and offer unique dining experiences."

Whether you're stopping by for lunch, dinner, or happy hour, every bite at Mexica Mexican Restaurant is an experience for the senses when it comes to authentic Mexican cuisine. The professional chefs use quality ingredients to make every dish flavorful. And guests will find generous portions at fair prices.

"From our mouth-watering tacos to our savory enchiladas, our menu features a range of authentic dishes that will satisfy any craving," says Merino.

Guests can indulge in the extensive menu at Mexica Mexican Restaurant, which includes classics like Carnitas, Chile Verde, Dos Amigos, and Chimichangas; vegetarian favorites like Enchiladas Rojas, Veggie Fajitas, and Enchiladas Rancheras; soups and salads; a variety of burritos, enchiladas, quesadillas, fajitas, and tacos; and a large selection of chicken and seafood dishes with a Mexican flair. There are also many options on the kids' menu.

"If you like authentic Mexican cuisine, this place is for you," adds Ernie Burkart. "Very friendly service, reasonable prices, and best of all, the taste!"

Regular patron, Tara Chasse, has this to say: 'Service is always great, even on super busy nights. The food is amazing. Great flavors, and it all tastes so good. Really can't recommend this place more."

Besides a little piece of Mexico in every bite, this local hot spot has a substantial collection of beverage options from its full bar. Happy Hour is not just an











We're proud to unveil the new brand identities for The Colonial and SHOWROOM—a visual and cultural refresh that reflects who we are today and where we're going. More than just a logo, this rebrand is a commitment to connection, curiosity, and community-right here in the heart of downtown Keene.

95 Main Street, Keene NH 03431 Call (603) 352-2033 or visit thecolonial.org



Thomas Alejo is making sure there will not be a shortage of onions as he chops them in preparation for the day at Mexica Mexican Restaurant in (Photo by Marilyn Weir)

occasional event at Mexica Mexican Restaurant, it's a weekly tradition: Mondays through Fridays from 3:30 to 5:30 p.m. Happy Hour includes house margaritas for \$6.50, select draft beer for \$3.99 (16 oz.) or \$7.99 (32 oz.), and half-off appetizers. Mondays and margaritas go hand-in-hand here, as margaritas are \$6 all day for guests. Taco Tuesdays is \$2 for hard or soft tacos with purchase of a drink (dine-in only).

"Always incredible food, and the staff is always friendly and appreciative of their customers," says Jacob Ries. "The food comes out nice and quick, with excellent quality every time. Even the chips and salsa (and whatever that magical white salsa is!) are superb. Definitely happy customers in this house. Keep up the great work!

"A very pleasant surprise," says Joshua Morin, about his first time at the restaurant. "The atmosphere is warm and welcoming, and the staff is amazing. The menu is a refreshing blend of traditional and imaginative. The flavors... absolutely phenomenal."

Mexica Mexican Restaurant is open daily at 11:30 a.m. and closes Sundays at 8 p.m., Mondays through Thursdays at 9 p.m., and Fridays and Saturdays at

"Get ready to savor the rich and vibrant flavors of Mexico at Mexica Mexican Restaurant," says Sanchez.

For more details or take-out, call 603-585-2201 or visit www.mexicanh.com.

Laser Engraved Coaster Workshop At Keene Library

The Keene Public Library at 60 Winter Street will host a Laser Engraved Coaster Workshop on Thursday, December 18th from 6 to 7:30 p.m.

Participants will use an epilog laser engraver and learn how to make custom designed coasters out of either wood, cork, or slate. Each participant will leave with four coasters.

To participate in this workshop, attendees must complete the online tutorials: Introduction to the Makerspace and the Epilog Laser Engraver Certification Tutorial. Visit https://my.nicheacademy.com/ makerspacetutorials. Tutorials must be completed by Thursday, December 12th; if not, the reservation will be cancelled and opened to a person on the wait list.



Eistings At Close of Market December 5, 2025 • Courtesy of RBC Wealth Management

Dow Jones Closed 47,954.99 238.57 • Prime Rate 7.00% (0.00)

4.39 Deluxe (NEBS)

Teleflex (Jaffrey)

0.30 Timken (MPB Corp.)

1.91 Dover Corp. (Markem)

COMMODITIES

Wheat (cents per bushel)

Corn (cents per bushel)

Cattle (cents per pound)

Crude (\$ per barrel)

Soybeans (cents per bushel)

Week's

0.22

Week's

1.92

RBC Wealth Management, a division of RBC Capital Markets, LLC, Member NYSE/FINRA/SIPC

Investment and insurance products offered through RBC Wealth Management are not insured by the FDIC or any other federal ernment agency, are not deposits or other obligations of, or guaranteed by, a bank or any bank affiliate, and are subject to investor risks, including possible loss of the principal amount invested.

Change

(31.36)

Close Change

Becton Dickinson (C.R. Bard) 193.96 (0.06) Merck (Hubbard Farms)

58.26

53.95

85.97

199.80

Close

58.84

4,228.60

Close Change

99.72 (5.11)

Close Change

535.75 (2.75)

445.00 (2.25)

1,105.25 (32.00)

227.38

0.57

1.82

4.89

9.55

20.89

120.50

83.21

Dartmouth Health's Cheshire Medical Center Launches Community Campaign With Transformational \$25 Million Gift



(L-R): Mark Gavin Cheshire Medical Center's board chair, Jane Larmon and Rob Therrien capital campaign committee co-chairs, and VP of Philan-

Cheshire Medical Center, a member of Dartmouth Health, has announced a community-led \$42 million fundraising capital campaign to modernize its 52-year-old facility and better serve the growing needs of its patient population for decades to come. The campaign has already raised \$39.2 million, with \$2.8 million in additional donations needed to meet their goal.

The campaign, called "Our Community, Our Future," seeks to raise \$42 million in capital funds to support three critical areas of need for the nonprofit medical center. These include improvements to and expansion of operating room facilities, an expansion of Dartmouth Cancer Center services, and an outpatient service expansion including enhancement and improvements to existing services.

"From its earliest days, Cheshire Medical Center has been a bedrock of compassionate, community-centered care for generations of patients and their families across this region," said Joseph L. Perras, MD, president and CEO of Cheshire. "With the public launch of this campaign, we are giving our community the power of partnering with us to build a new

future for the medical center, one that will make a measurable difference in their own lives, and to our ability to care for patients in the community. From the most innovative facilities and technologies to supporting surgery and cancer care, to greater access and advanced outpatient medical services and physicians we are going to transform our care delivery."

Though launching publicly now, this campaign has been years in the making. It is built on the generosity of early donors who have pledged significant gifts, including a \$25 million transformational, anonymous gift from a local Keene family made in 2024 – the largest single gift within the Dartmouth Health system in its history. Broad community participation in the public phase of the campaign will be crucial to taking the final, critical steps toward completion.

"For a small city like Keene, surrounded for many miles by rural towns, the importance of Cheshire Medical Center, offering the personal touch of a community hospital with all the resources of an academic health system, can't be understated in the region," said Joanne M. Conroy, MD, CEO and president of Dartmouth Health.

"From the beginning, this campaign has been powered by the people who live and work here, and every gift – no matter the amount – moves us closer to providing the world-class facilities and services our patients deserve," said Sandra Phipps, Cheshire's vice president of philanthropy and community relations.

To learn more about "Our Community, Our Future" and to get involved, visit cheshiremed.org/cheshire-health-foundation.

COINS WANTED

Gold · Silver Dollars · Halfs & Quarters

Small Cents · Paper Money



Honeywell (Allied Signal)

Bank Of America (Fleet)

Ametek, Inc. (Precitech)

PRECIOUS METALS

Platinum (\$ per ounce) 1,643.61

Silver (\$ per ounce)

Gold (\$ per ounce)

PC Connection

Corning Inc.

Toronto Dominion Bank (TD Bank) 88.32

Joseph D. Durell, CFP®, MBA Senior Vice President – Branch Director Portfolio Manager – Portfolio Focus

191.33 (0.86) Danaher Corp. (Kollmorgen) 226.25 (0.53)

1.77 M&T Bank Corp. (People's United) 195.11

70 Main St., Suite 300 | Peterborough, NH 03458 (603) 924-4816 | joseph.durell@rbc.com www.joedurell.com



Management

A division of RBC Capital Markets, LLC.

Member NYSE/FINRA/SIPC. 21-PE-00265 (02/21)



Pocket Watches Jewelry We're Buying. Gary Boes 603.352.3609 603.209.2501

Edward **Jones**®

Member SIPC

Financial strategies. One-on-one advice.

Let's prepare for your future together.



David P Therrien, AAMS™ Financial Advisor

37 Central Square Keene, NH 03431 603-357-3131

> edwardjones.com



GOLD

FREE ESTIMATES

FULLY INSURED

WILCOX CRANE SERVICE

603-903-8624





The Insurance — SOURCE Inc

he source for all of your insurance needs: Since 1984

WE'VE BEEN IN BUSINESS FOR 40 YEARS and have clients who put their trust in us all over NH and VT. You buy insurance hoping you'll never need it. The real test of our relationship is if you do. We help folks save money every day and we want to help you too. Give us a call, we'll do a full no obligation insurance review with the goal of providing the best coverage at an affordable price.

Not a client but have concerns about your current insurance? Give us a call at 603-357-2219 or visit insurancesource.com.

Protecting families, friends and neighbors since 1984.



129 West Street • Keene

603.352.7310 • www.wardlegalgroup.com

Christmas

During this sacred season of silence, joy, watchful waiting, and interior preparation, may you be blessed! Remember, this season is about a deep prayerful immersion into the mystery of God. Inhale the divine, exhale the mundane. Coram Deo

Merry Christmas, from all of us at Keene Psychotherapy Services.

18 Lucinda Terrace • Keene • 603-400-8840 keenepsychotherapytraumarecoveryservices.com

Richard C. Donovan Psychotherapist/Traumatologist, MSW, ACSW, LICSW

DEAR FATHER TIME & MOTHER NATURE I'M MOVING IN WITH **AUNT SCIENCE**

BOTOX • LIP FILLERS • WEIGHT LOSS Rx IV INFUSIONS • CHIN & NECK REDUCTION **HAIR RESTORATION • VAMPIRE FACIALS**

Introspect Wellness (603) 338-6065

hello@introspect-wellness.com

fintrospectwellness (O) introspect_wellness_nh

Brattleboro, VT

130 Austine Drive

(802) 254-3922

Swanzey, NH

217 Old Homestead Hwy

(603) 354-3325

Greenfield, MA

329 Conway Street

(413) 773-5119

GULU

Celebrate their lives Honor your loved ones with a photo &

obituary in the Shopper. Call 603-352-5250, email obituaries@shoppernews.com or ask your funeral director for details.

Being Mindful Helps Us Heal Our Earth And Ourselves

How can we start to heal Mother Earth? The planet only is this beautiful planet sending individual, societal, and planetary has endured massive clear cuttings of forests, fracking out an SOS, but humans and other liv-wellbeing," the Institute blog explains. for oil, widespread toxic oil spills, melting glaciers, ing beings are suffering too," reports high levels of carbon dioxide emissions, and much Mindful online magazine. more. Where do we even begin?

A first step is to develop a sense of connection with the natural world by entering it with a moment-tomoment awareness of what our senses tell us. We can tune into the sound and feeling of the wind on our skin; smells of damp, decomposing leaves; and colors and details of plants, trees, birds and animals nearby.

When I step into the woods or spend time near the ocean, I feel embraced and peaceful as I leave the noise and high-speed pressure of the material world behind. In the woods I am alert to a woodpecker echoes that we are not separate from in the works in connection with the hammering a hollow tree as the sunlight filters in, nature; we are one with it. She says that illuminating and casting shadows, glistening on a pond and warming my face.

At the shore a briny scent greets me along with the lull of steady incoming waves. I walk in a peaceful, meditative state and feel a determination to help preserve these places.

"Practicing mindfulness in nature is not just about getting outside and experiencing the natural world, it's about cultivating awareness of our interconnechealing power of nature, we embark cope, grow, and appreciate moments tion by immersing ourselves and being fully present to the beauty of the wonders that surround us," according to the Mind and Life Institute blog from May 18th, 2024 (Four ways Mindfulness in Nature Can Help Us Heal Ourselves and the Earth.)

We often don't remember that the earth we live on has given us all the elements that make up our bodies, the late Thich Nhat Hanh, world renowned Buddhist teacher, peace activist, and author says in his book, Love Letter to the Earth (2013, Parallax Press). "The Earth is not just the environment we live in. We are the Earth and we are always carrying her within us," he writes.

His teachings say that knowing this can transform our relationship to the earth and we can care for her differently

"We tend to think of the Earth as inanimate matter because we've become alienated from it. We are even alienated from our own bodies," he writes, adding that we get so caught up in our work and our problems that we forget we are more than just our minds.

As we forget to pay attention to and take care of our bodies and the earth we have both become sick. If we understand the earth as a living, breathing organism, we can heal ourselves and heal the earth as well, Nhat Hanh continues in his book. "With record-breaking storms, floods and heat waves, not

we're All Ears

with Diana Damato

the lighthouse in this storm of disruption is found in our innate connection to the earth.

The Mind and Life Institute says modern science now confirms nature's healing power, a concept long understood by ancient wisdom traditions.

By combining mindfulness with the on a transformative journey toward

The Monadnock Mindfulness Practice Center members have led past

meditation walks and gatherings in the natural world at Distant Hills Garden in Walpole and the Butterfly Garden at Home Healthcare, Hospice & Community Ser-

Future mindful walks Mindfulness teacher Sebene Selassie at Emerson Brook Forest in Gilsum are Sustainability Project.

To learn more about mindfulness and what we offer at our center, go to mindfulnesskeene.org

Diana Damato, writer and member of the Monadnock Mindfulness Practice Center for more than 20 years, has experienced how this practice helps her

Two Events At Aloha This Sunday

Dr. Caitlin Clarke has recently studied JourneyDance at Kripalu Yoga Center. She will now share this amazing form of freedom in a class called "JourneyDance: Move through emotion, intuition, and sensation to awaken your whole self." There is no choreography, no performance – just exploration, freedom, and joy to inspiring music. It will take place December 14th from 1 to 2 p.m. and will cost \$25.

From 3 to 5 p.m., ZenTangle-trained Gracie Buckman returns to Aloha to help attendees create an ornament with a round Zendala tile. Tangling is meditative by nature. All materials will be provided. The cost is \$20. It is a creative and relaxing experience, and attendees will go home with something to share. fessional dancer.



Dr. Caitlin Clarke was once a pro-

Monadnock United Way Raises Over \$72,000 On GivingTuesday, Fueled By Community **Generosity And Challenge Grants**

Monadnock United Way (MUW) announced that the community rallied the overwhelming support shown on together on GivingTuesday to raise GivingTuesday," says Katie Gardella, more than \$72,000.

This achievement was made possible by the generosity of the community who raised \$36,439 - which was matched dollar for dollar by challenge grants provided by John and Jean Hoffman and Guyer and Son Roofing. Their leadership inspired others to give, helping MUW surpass its GivingTuesday goal of \$30,000 and deepen its impact.

MUW's Peer-to-Peer Fundraising Group, made up of board and community members, raised \$12,444 in individual contributions, further amplifying the impact and demonstrating the powerful effect of working together toward a goal.

"We are incredibly grateful for director of Resource Development and Community Engagement. "These funds will go directly toward strengthening vital programs and community initiatives that ensure everyone in our region has the opportunity to thrive.'

The \$72,878 raised will support MUW's ongoing work to improve the lives of people throughout the region, including efforts focused on early childhood success, youth well-being, and economic mobility for individuals

For those who would like to contribute to the campaign, which ends on Wednesday, December 31st, visit muw. org and click on the donate button.



BROOKS • BIRKENSTOCK • CLARK • HOKA • NEW BALANCE

FOOTWEAR CENTERS

425 West St., Keene, NH DOOTLEGGERS bootleggersfootwear.com 603-352-5201

VOTED THE #1 WHOLE-FAMILY, FULL-SERVICE SHOE STORE





Call us TODAY #OurTownDental

Hearing testing

for our

community

We use an

approach

needs

do!

(FO)-0

and hearing care

evidence-based

We listen to your

We keep up with

We what we

Monadnock Monadn

www.brattleborohearing.com

new technology

- (MILLIE)



VOTED #1 **DENTIST**

Dr. Jihae Yang, General & Family Dentist 106 Grove St., Peterborough • 603-567-4955 • info@ourtowndentist.com • www.ourtowndental.com YOUR GUM AND DENTAL IMPLANT SPECIALISTS







DR. KWON • DR. TASE • DR. MOURAD **BOARD CERTIFIED PERIODONTISTS**



819 Court St., Keene • 603-215-5800 • www.MonadnockPerio.com

REQUEST AN APPOINTMENT

CLASSIFIEDS

REAL ESTATE

Bob's West Swanzey Garage Mechanic | Tow Truck Operator

- Full Time Mechanic with NH State Inspection Certificate. Alignment & Diagnostic Ability a Plus.
- Full Time Tow Truck Operator with Mechanical Ability OR Part Time Tow Truck Operator.

Must have clean driver's license and own tools.

Occasional on-call for towing nights and weekends.

Family oriented business.

EMAIL bobs_auto@hotmail.com or STOP IN! 90 N. Winchester Street, Swanzey

Tucker Transportation

Seeking part-time minivan school bus drivers

25-30 hours per week, paid holidays and sick days.







onadnock orksource

Monadnock Worksource is looking to fill the following position: **Direct Support Professional** (DSP)-we are looking for DSPs to provide support and guidance to individuals who experience intellectual disabilities. We are looking for DSPs in the Peterborough Area. Shifts needed:

- FT Sun-Thurs, Flexible schedule
- FT M-F Flexible schedule

Why Work with Us?

Flexible Schedules: No evening or overnight shifts but we do have weekend shifts; Full Time benefits;

Generous Paid Time Off: Includes 1 week paid sick time, paid time off/ vacation, and 11 paid holidays; Shared Cost Health and dental insurance after 90 days. Mileage reimbursement and paid training.

Requirements: Valid driver's license and reliable vehicle with at least \$100,000/\$300,000/\$100,000 auto liability insurance for transporting individuals. Must pass national and local criminal background checks, DCYF, BEAS, DMV record checks, and TB testing.

Please contact Branden@mworksource.org or Patti@mworksource.org for more information on our positions and to schedule an interview. You can also call us at 603-924-3326



THE CITY OF KEENE IS HIRING!

If you're a job seeker who is looking for a meaningful career, check out all that the City of Keene can offer you!

Our current openings include: Facilities Maintenance Manager

Deputy City Attorney
Building Mechanic

Grounds and Facilities Maintenance Assistant (part-time)

Executive Secretary/City Manager and Mayor Maintenance Aide I/Parks

Recreation Specialist
Airport Director

Water/Sewer Service Aide II/Treatment Operations
Motor Equipment Operator II/Highway
Firefighter/Paramedic/AEMT/EMT
Lateral FF/AEMT or Paramedic
Police Officers

For details and to apply: https://keenenh.gov/jobs. EOE.

Autos Wanted

DONATE YOUR CAR to Veterans Today! Help and Support our Veterans. Fast-Free pick up. 100% tax deductible. Call 800-245-0398 N

Financial

WESLEY FINANCIAL GROUP, LLC Timeshare Cancellation Experts. Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid ofyour timeshare! Free Consultations. Over 450 positive reviews. Call 877-621-7517 B

Firewood/Pellets

WWW.TREEHUGGERFARMS.COM
Green or Kiln-Dried
Firewood
Pick Up or Delivery.
Order online or call
603-399-8454

For Sale

4 MONTH OLD UPRIGHT GE FREEZER Paid almost \$600.00, will sell for \$400.00. Troy NH. 603-593-2651

JANOME - MEMORY CRAFT #6700P "Professional" Sewing Machine. Display model. Never been used. \$2600.00. Leave message. 603-903-0102

FOR SALE: 35,000 SQUARE FOOT OFFICE/LIGHT INDUSTRIAL BUILDING on 4.5 acres of land in Concord, MA. Situated at the end of a cul-de-sac, this property is 15 minutes from Rte. 128 and 20 minutes from Rte. 495. Not only is there town water and sewer but the town of Concord has its own electric company. In addition, Concord has underground Concord fibre optic internet. 7 minutes from historic Concord center, enjoy Walden pond, Louisa May Alcott's house and many other historic sites as we celebrate the 250th anniversary of the United States of America. Use the entire building or keep some of the tenants already occupying the building. Mowing, plowing, and other maintenance already in place could remain. Call with any questions 978-580-1895 B

Health/Fitness

PORTABLE OXYGEN CON-CENTRATOR may be covered by Medicarel Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 877-305-1535 N

Home Services

GET DISH SATELLITE TV + INTERNET! Free install, Free HD-DVR Upgrade. 80,000 Onbemand Movies, Plus Limited Time Up To \$600 in Gift Cards. Call Today! 866-299-7135 B

Miscellaneous

PEACE OF MIND & EARLY DE-TECTION- Now more than ever, it's important to get screened for Stroke & Cardiovascular Disease risk. Life Line Screening is simple & painless. 833-970-4172 N

CONSUMER CELLULAR - same reliable, nationwide coverage as the largest carriers. No long-term contact, no hidden fees free activation. All plans feature unlimited talk & text, starting at just \$20/mo. Call 877-751-0866 N

REPLACE YOUR ROOF w/the best looking & longest lasting material steel from Erie Metal Roofs! 3 styles & multiple colors available. Guaranteed to last a lifetime! Limited Time Offer up to 50% off install + Additional 10% off install (military, health & 1st responders.) 833-370-1234 N

REACH MILLIONS OF HOMES NATIONWIDE with one easy, affordable buy in the ADS Network! For more information www.communitypublishers.com/category/ all-products N

TOP DOLLAR PAID for old vintage guitars! Gibson, Fender, Martin, Grecsch, Rickenbacker, Epiphone, Etc. 1930's to 1980's. Call 866-433-8277 N

NO MORE CLEANING GUTTERS. GUARANTEED! LeafFilter backed by no-clog guarentee & lifetime warranty. Get 15% off your entire order. Military & Seniors get additional 10% off. Limited time. Restrictions apply, see rep for details. To schedule FREE inspection/estimate call 833-610-1936 N

WE BUY HOUSES FOR CASH AS IS! No repairs. No fuss. Any condition. Easy three step process: Call, get cash offer & get paid. Get your fair cash offer today by calling Liz Buys Houses: 844-877-5833 N

Miscellaneous

BECOME A PUBLISHED AUTHOR. We want to read your book! Dorrance Publishing trusted since 1920. Consultation, production, promotion & distribution. Call for free author's guide or visit website 877-729-4998 www. dorranceinfo.com/ads N

SHEDS Available Year Round Blueberry Hill Sheds 603-903-2646

Pets

COCKER SPANIEL RESCUE
OF NEW ENGLAND
Has all ages and colors
available, neutered. All shots.
Adopt fee req. Save a life;
adopt a Rescue Cocker
603-547-3363
www.csrne.org

DOBERMAN RESCUE UNLIMITED Has many wonderful Dobermans looking for homes.

603-887-1200 www.dru.org

GREYHOUNDS FOR ADOPTION! Make a Fast Friend. Several sweet ex-racers waiting for good homes. 603-355-1556

WANT A NEW
FELINE FRIEND?
Cats and kittens of all
kinds available for a
reasonable fee.
Fundraising & shelter
volunteers needed.
603-532-9444
www.KittyRescueNH.org

Services

QUALITY HOUSE CLEANING

See the difference.
Same person, service you
can trust, local references,
and years of experience.
Weekly, biweekly, triweekly,
& holiday cleaning.
603-439-0123

J&R ODD JOBS Cleanouts,

firewood stacking, roof & pathway shoveling. Plus more. Serving Cheshire County. 603-762-5634 or 603-757-6839

FREE SCRAP METAL PICK-UP Appliances, refrig., metals, A/C units, ride/push mowers, gym equip., bikes, car batt., cars, ext. cords, fencing, grills 603-352-0736

KERNOZICKY

Interior/exterior painting, sheetrock, carpentry, laminate & tile. No job too small. Insured, free estimates. 603-852-2479

RUSSELL TREE LLC.
Over 15 years experience.
Fully insured. Free estimates!
Safe, expert tree care. Bucket
ruck/chipper/expert climber/
operator. Stump grinding,
crane tree removal. Locally

603-313-0736

VACUUM REPAIRS 603-352-5085

ROB PARKER & SON CONTRACTING

Roofing • Windows • Decks Home Improvements

603-554-5253

Wanted

BRIAN'S RARE COINS NOW OPEN

Buying and selling US Coins.
Gold & Silver Bullion available at competitive prices.
I need Silver Dollars, Indian
Head Pennies, Buffalo Nickels, All sets of Coins, Paper,
Money, All Proof & Mint Sets.
Gold & Silver Coins & Jewelry, Sterling Flatware. Highest
Prices Paid. 653 Washington
Street, Claremont, NH 03743.
Please call for hours

603-477-2902

\$\$ CASH PAID \$\$ FOR OLD TOOLS Planes, axes, Stanley tools, etc. 1 tool or entire collection. 802-579-5891





Spacious 1 & 2 Bedrooms

Incl. Heat & Hot Water Beautifully Maintained NICE LOCATION POOL ON PREMISES

CALL (603) 352-9105

Emile J. Legere Mgmt. Co. Keene, New Hampshire





Inventory is Low,
Free home consultations for opinion
of value & Staging recommendations.

Ratie Beam
GALLOWAY REAL ESTATE

P.O. Box 100
Walpole NH 03608

o: 603-756-3661
c: 603-313-2785

Katie@gallowayservices.com www.gallowayservices.com







CALL A MEMBER
OF THE
CONTOOCOOK VALLEY

BOARD OF REALTORS



EASY LIVING – JUST MINUTES FROM KEENE!

This desirable end unit home has 2 BRs and 2 BAs — all on the 1st floor. Soaring cathedral ceilings, large windows, granite counter tops, comfortable radiant heat and private patio.

MLS # 5067005 \$320,000

T I E G E R

E R Jaffrey, NH 03452 www.tiegerrealty.com

PHONE: 603-532-8765 FAX: (603) 532-4519 Email:info@tiegerrealty.com

Sales & rentals in the Monadnock Region.

Call us!

41 Main St., Jaffrey, NH 603-532-8742 • 603-232-8282



CAUTION

READERS ARE CAUTIONED that we occasionally run ads that require an initial investment or money in advance. We urge our readers to "do their homework" before responding to any ad. Check out the advertiser thoroughly and verify their claims to your total satisfaction. Only then should you proceed at your own risk.

We try to screen ads that require you to send money before receiving a product or service. But these efforts are no substitute for your own investigation, and we don't endorse or guarantee any claims made in any of the ads we publish

If you want more information about claims made in ads on subjects such as work at home opportunities, travel or vacation specials, purchasing land or vehicles from government surplus or below wholesale, loans or other credit opportunities (including credit repair), or weight loss and other health products and services, we urge you to contact the Better Business Bureau, Inc., 25 Hall St., Suite 102, Concord, NH 03301; (603) 224-1991; or bbbnh.org; or the Office of Attorney General, Consumer Protection and Antitrust Bureau, 33 Capitol Street, Concord, NH 03301 (603-271-3641).

RETIREMENT SALE 20% OFF EVERYTHING!

Books • Puzzles • Games • Warhammer

Trucks • RC Cars & Aircraft • Train Sets

Road Race Sets • Science • Fisher Price

Brio • Lego • Playmobil • Melissa & Doug

Arts & Crafts • Model Kits • Stuffed Toys

Dolls • Strollers • Cribs • Car Seats

HURRY IN FOR BEST SELECTION ONCE IT'S GONE, IT'S GONE

Use Your Gift Cards

TOY CITY

133 KEY ROAD, KEENE (603) 352-3131 Mon.–Sat. 10–6, Fri. 10–8, Sun 11–5

*Discount applies to in-stock merchandise only. No layaways. All sales final.