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The Monadnock SHOPPER NEWS

The Original Keene Shopper – "The Weekly with a Heart" – 69th Year of Community Service / November 11-17, 2026

On November 14th, Registration Opens For Benefit Art Sale And Reception In Keene

Special Event At Gallery To Raise Funds For Cedarcrest



Art lovers can register to be in the front of the line for an artwork by one of 50 area artists, including well-known painters (clockwise from upper left) John Traynor, Richard Whitney, Mary Iselin, and Peter Granucci.

Starting at midnight on Saturday, November 14th, art lovers can register at monadnockareaartists.org to be in the front of the line for an 8x10 artwork by one of 50 area artists.

Last spring, Mary Iselin came up with the idea of an Art Benefit Show to promote the member Art Gallery @ Syd's, where artists also display in the ongoing exhibit. "We wanted to get the word out to everyone about the quality of art at the Art Gallery @ Syd's and what an amazing place it is for art," explains Iselin. She also wanted to do something for a good cause during the season of giving. So she enlisted a committee to pull together the 50 artists, the frames, and the reception.

One of the committee members is Ruth Sterling, who manages the Art Gallery @ Syd's. "Walking in the door is inspiring," says Sterling. "It's an oasis of beautiful art in Downtown Keene that is available to the public daily except summer Sundays and major holidays."

ART, page 9

Alternative Detailing ~ Offering Expert Tinting For A Lasting Impression



Kevin Barnes, owner of Alternative Detailing Solutions in Gilsum, inspects a sheet of cut film on a Jaguar Plotter prior to installation.

By Lori Catozzi Cook

Window tinting on a vehicle can help protect from ultraviolet rays, which means its interior – upholstery, carpeting, and dashboard – will be protected from fading, cracking, and discoloration over time. Tinting can also help reduce glare, which will make daytime commutes more comfortable for the eyes. As for overall aesthetics, window tinting leaves the vehicle's design sleek and uniform.

Alternative Detailing Solutions, located on Route 10 in Gilsum, offers expert window tinting for cars and trucks. The crew at this locally owned and operated detailing shop is committed to elevating vehicles' aesthetic and protective standards with premium products and cutting-edge technology.

DETAILING, page 8

The Edge Ensemble Presents *Arsenic And Old Lace*

The classic play, *Arsenic and Old Lace*, comes to The Edge Ensemble in November. Performances are November 13th, 14th, and 19th, 20th, and 21st at 7:30 p.m., and November 15th and 22nd at 2 p.m. at The Edge Theater at 310 Marlboro Street, Suite 112, in Keene.

Two charming old aunts in Victorian lace, with a strange secret, a delusional nephew who claims to be Teddy Roosevelt, a sinister nephew looking for a hideout from the police, and a protective nephew who worries about the craziness that runs rampant in the family – such is the setting for Arsenic and Old Lace by Joseph Kesselring.

Kim Dupuis directs this classic comedy. The play is a mixture of high and low comedy, slapstick and sophisticated banter. In the cast are Jenny Holan, Catherine Behrens, Peter Eisenstadter, Damien Licata, Jay Gelter, Emmadora Boutcher, Bruce Holloway, James Fordi, Robert Wellington, Nick Morgan, Patrick Caron, Kenzie Wood, and Andrew Bosworth.

"Reservations will no longer be taken because tickets can now be purchased and seats selected in advance through the Edge website: http://www.edgeensemble.org/boxoffice," Dupuis adds. "Tickets may still be purchased at the door with cash or checks.

For more details, visit https://edgeensemble.org.



Bruce Holloway, Emmadora Boutcher, Robert Wellington, Jenny Holan, Peter Eisenstadter, Catherine Behrens, and Damien Licata in the Edge Ensemble production of *Arsenic and Old Lace*.

Veterans Yoga Project At Cathedral Of The Pines

Since January 2026, Christina Jeffers, through the Veterans Yoga Project (VYP), has offered yoga at noon every Wednesday and Friday at the Cathedral of the Pines in Rindge. Jeffers says "the program provides an opportunity for community members to pause, reconnect with themselves, and explore practices that support physical and emotional well-being."

VYP is a nationwide nonprofit organization started in 2011. It supports recovery and resilience among veterans, military families, and communities, emphasizing respect, equality, acceptance, gratitude, and honor. The classes are geared to people at all levels of experience looking for ways to incorporate wellness into their lives. Kathleen Winter, a regular participant, states "I look forward to yoga classes each week. Yoga allows me to gently stretch and breathe my way into relaxation."

Jeffers is a veteran herself and has undergone extensive training through VYP to become a teacher in the program. She notes that she has benefited from the connection between veterans and community members who are passionate about improving both veteran and community well-being.

YOGA, page 18

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Rocko



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Rocko would love to be an adventure buddy! He loves car rides and swimming, making him a great companion for fun outings and sunny days. He's also potty trained, so he already has some great home manners to bring to his next family.

Rocko can feel fearful around other dogs, so he'll do best with thoughtful management and a home that can help him feel safe and comfortable. His history with cats is unknown, and he has a good history with children.

If you're looking for a loyal companion who would love to join you on car rides, enjoy a swim, and build a special bond at his own pace, Rocko could be the perfect match.

The Adoption Center is located at 101 West Swanzey Road, outside of Keene on Route 10 South. It's open Thursday through Sunday 11 a.m. to 3 p.m. Learn more at www.monadnockhumanesociety.org.

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A Tribute To Love – Wolverine Jazz Band Performs For Whitaker Music Series



The Wolverine Jazz Band

The Peterborough Players has announced its new Whitaker Music Series, a three-concert series dedicated to love. It celebrates the love between Norman Whitaker and his wife, Eleanor, who spent 64 years together, as well as Norm's other great loves: music, specifically New Orleans-style jazz bands, and the Peterborough Players.

Norman Whitaker was on shore leave from the Navy when he fell in love with the sound of New Orleans Jazz. Something about the music spoke directly to his soul. Back in civilian life, he met a woman who would forever change his life: Eleanor Bothel. They shared 64 years together.

When Eleanor passed away in February of 2020, Norm wished to celebrate her life with a concert. Planning was underway, but the pandemic had other plans. Norm reunited with Eleanor in March of 2024, and the Whitaker family knew there was no better way to honor their love than with a concert series.

The Wolverine Jazz Band have played together for over 30 years and made many friends along the way, but none quite as dear as Norman. One day in 2024, band leader John L. Clark reached out to check on their number one fan, only to discover that Norm had passed away just hours earlier, while listening to the Wolverine Jazz Band.

The Whitaker Series kicks off on Friday, November 13th, at 7 p.m. with the Wolverine Jazz Band. The ensemble includes John L. Clark (clarinet, saxophone and band leader), Jeff Hughes (trumpet and cornet), Tom Boates (trombone), Ross Petot (piano), Jim Mazzy (banjo and vocals), Rick MacWilliams (tuba), and Dave Didriksen (drums).

Tickets are $20 and are on sale now by calling the box office at 603-924-7585 or visiting peterboroughplayers.org

The Peterborough Players box office is open Monday through Friday from 10 am until 4 p.m. The theater is housed in a historic barn at 55 Hadley Road.

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A Piano Concert By Composer Ben Cosgrove Held In Dublin

The Monadnock Folklore Society and the Dublin Community Center will jointly present a concert on Thursday, November 19th at the Dublin Community Church on Main Street featuring solo piano works composed and performed by Ben Cosgrove. The event begins at 7 p.m. followed by a reception next door at the Dublin Community Center.



Ben Cosgrove

Cosgrove is a traveling composer-performer whose music explores landscape, place, and environment. He has performed in every US state but Delaware, contributed music to projects including Ken Burns's *The American Buffalo*, and held residencies with NASA, Acadia National Park, and Harvard. His latest album, *Topograph*, gathers 16 new pieces inspired by land-shaping processes across the country.

Admission is $25 at the door or $20 in advance. Tickets are available online at www.dubhub-nh.org.

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A Puppy *And* A Puppy

Sometimes my fellow says a funny thing when he's rubbing the farm pooch's belly: "He's a puppy, *and* he's a puppy." The last three days, I've been feeling like a farmer *and* a farmer.

We always seem to forget about the November big harvest push. Maybe it's that bright light at the end of the tunnel that blinds us: We've almost made it through another season!

After all, the Farmer's Market just ended for the year. (In fact, it ended on Halloween, when my fellow farmer wore his long gray beard, a gray bed-sheet cape, a pointed gray construction-paper hat, and carried a staff with a crystal duct-taped to the top. It was gray duct tape, of course, and my fellow told everybody at the market that he was a wizard pretending to be a farmer. A wizard *and* a farmer, you might say.)

With the market over, and only two weeks more of CSA distribution, we were feeling footloose and fancy-free. Surely, we had hardly anything left to do!

We'd already had our big hard-frost harvesting, stripping peppers, tomatoes, and tomatillos from the greenhouses, plus squash, broccoli, cabbage, celeriac, and Swiss chard from outside. Usually those hard-frost harvests mean that we are up until 2 a.m. topping the root crops. This year we were pleased to be done by ten p.m.

Unfortunately, the only reason we finished early was because we got the beets, carrots, rutabagas, winter radishes, and purple top turnips in late this year. We decided to take our chances and cover them against the frost, keeping them in the ground until the very last minute, hoping that they would size up. Which mostly worked, except that when the last minute arrived, we were swamped.

Before I tell you about the last minute, I have to say that there were other things going on, too. The farmer wizard had also been volunteering many hours doing political work, while I had the rare and exciting chance to go to a four day-writing retreat nearby. So my fellow was a farmer *and* a volunteer, and I was a farmer *and* a writer, which simultaneously wore us out and gave us the pep to return to being farmers *and* farmers. (I will also say many thanks to a farmer *and* a daughter who came to help my fellow through the hardest of the work while I was off gallivanting in far-away Marlboro, Vermont.)

Green Monadnock with Kim Peavey



My fellow and I returned to farming with a vengeance, with two long days of hand-digging the rest of our potatoes, so that we could weigh the total and distribute to the CSA members accordingly. We fit the campaign work and the chiropractor appointments in around the potatoes, and finished at dusk on Monday, which was followed by a late night of more campaign work and harvest day prep.

Tuesday was the actual CSA harvest day, which coincided with election day, which coincided with the farmers not being used to the time change. Thus, when I asked my internal clock to get me up at 5:30 for harvesting, my clock obliged, waking me up at 4:30. It was a good thing, too, because we were rushing around well past the 2 p.m. beginning of CSA member arrivals.

Now this is where the puppy *and* the puppy comes in. Because there is nothing like a fuzzy black dog rolling over to get his belly rubbed to distract a CSA member on the way to the vegetable shed.

"Keep wagging, pooch," the frantic farmers were whispering to each other. "We're almost ready!"

Kim Peavey farms and writes from southwestern New Hampshire. She and her family, as well as two teams of draft horses, grow vegetables bio-dynamically for 100 local families through a CSA garden. See www.hillsidespringsfarm.com for more information on the horse- and hand-powered farm, CSA garden, or Kim's writing.

Omar Sosa Trio Brings A Night Of Afro-Latin Jazz To The Colonial Friday, November 20th

Seven time Grammy nominee Omar Sosa, along with brilliant Cuban saxophonist and composer Yosvany Terry and dynamic 25-year-old drummer Julian Miltenberger, will bring their electrifying sound to The Colonial Theatre on Main Street in Keene on Friday, November 20th at 7 p.m.

The trio performs a blend a Afro-Cuban roots with jazz, world music, and electronic textures for a night of bold, soulful, and boundary-pushing Afro-Latin jazz to the audience. A striking feature of the Omar Sosa Trio is the absence of bass, a de rigueur constituent of the classic jazz trio. In essence, this trio comprises three percussionists, a supremely talented young drummer schooled in the call-and-response cadences of the Black Atlantic, and two veterans who manifest a profound rhythmic sensibility whatever the instrument they may be playing.

For more details or tickets, call 603-352-2033 or visit www.thecolonial.org.



Omar Sosa

Rummage Sale In Jaffrey On November 14th

The Jaffrey Woman's Club will hold their fall rummage sale on Saturday, November 14th. Fall and winter clothing and accessories for men, women, and children will be available. There also will be a selection of linens and jewelry.

This year's sale will be one day only. Hours will be Saturday, November 14th, from 8 a.m. to noon. Bag sale hours will be the same day from 12:30 to 2 p.m. Donations can be dropped off on Friday, November 13th, between 10 a.m. and 5 p.m. Only donations of laundered clothing in very good condition will be accepted.

The Jaffrey Woman's Club is located in the Cutler Building at 33 Main Street in Jaffrey. For more details about the club, visit www.jaffreywomansclub.org.

Monadnock Community Hospital And Tria Yoga Offer Free Seminar Thursday, November 19th

Monadnock Community Hospital (MCH) is partnering with Tria Yoga to offer a free community seminar, "Stay Mobile, Strong & Steady: A Physical Therapy and Chair Yoga Seminar," on Thursday, November 19th at 5:30 p.m. The seminar will explore how physical therapy and accessible movement practices can help people maintain strength, balance, and independence. Participants will also have an opportunity to experience gentle chair yoga and learn exercises and breathing techniques they can use at home.

MCH rehabilitation specialists Chelsie Fukuda, PT, DPT, and Liz Warner, PTA, will discuss practical approaches to addressing stiffness, balance concerns, and movement limitations. Fukuda brings experience in geriatrics, orthopedics, and Parkinson's disease, while Warner has been part of MCH's Rehabilitation Department since 2014 and has a background in balance training, aquatic therapy, and manual therapy.

Cassandra Sullivan, C-IAYT, owner of Tria Yoga in Peterborough, will lead the chair yoga portion of the seminar. A certified yoga therapist and experienced instructor, Sullivan specializes in accessible, alignment-based yoga and therapeutic movement practices.

This free seminar is designed for community members interested in maintaining mobility, exploring gentle movement, or learning how physical therapy may support their everyday activities. No prior yoga experience is necessary.



On the left and right, Liz Warner, PTA, and Chelsie Fukuda, PT, DPT, of MCH, and Cassandra Sullivan, owner of Tria Yoga, in the center.

The event will take place at the Bond Wellness Center conference room at MCH, located at 452 Old Street Road in Peterborough. Registration is required. To register, visit StaySteady-2611.EventBrite.com.

The Path Of Life Sculpture Garden



In the Path of Life Sculpture Garden

The Path of Life Sculpture Garden is a landscape shaped by a revelation of the human spirit and inspired by our relationship with the natural world. Visitors travel through 18 works of art illustrating elements that symbolize the journey of the human soul. Each "room" represents a stage of existence from birth to death and rebirth. In doing so, spectator is transformed into participant, engaging the 14 acres of sculptures and the surrounding expanse. Accented by the Connecticut River, the Path of Life Garden accommodates hiking, picnicking, yoga/meditation, and unique camping opportunities. It is in Windsor, VT and generally open 365 days a year from dawn to dusk for self-guided walking tours.

Woods and Gardens

with Rose Kowaliw



A few years ago, my youngest daughter took a day trip with her fellow students who were in her yoga teacher training classes to visit The Path of Life Sculpture Garden. She was so impressed with this garden that she suggested we all go, and we did.

Like life itself, the garden path begins without a clear view of what is ahead. We first entered through a metal underpass, called the Tunnel of Oblivion, which brings you to a simple post-and-beam gate, then to the first room, Birth.

Playfulness is an important theme in the garden. Early along the path is the Creativity installation made of towering driftwood sculptures in the shape of musicians. In front of the musicians there is a fire pit and picnic tables. The river bends behind it; on the bank there is a starburst-shaped sculpture by artist Herb Ferris, designed to lie on and gaze up at the sky.

Then further down artist Ria Blaas made the Easter Island-esque heads for Community. Standing among the charred wooden heads, one has a wondrous view of the Adventure maze, the turns clearly illuminated. The visual metaphor: Turns in life are not detours from the path; they are the path. A signpost offers visitors a choice: "Less: for an easy journey around the maze's perimeter, or "More" to enter the maze, which contains many dead ends and a bell to ring at its center.

Forgiveness, a bamboo sculpture requires a full head tilt to see to the top, is just after Sorrow, depicted by a tepee frame without a cover. Nearby is Joy, symbolized by a raspberry patch and blueberry bushes for visitors to pick and share in season.

The labyrinth features a seven-circuit classical design with grass pathways and low stone walls. It is set in the peaceful Contemplation section near a seated Buddha statue and various sculptures representing human life journeys.

"It's a very simple physical representation of a super-complex, abstract experience, which is life," said Terry McDonnell, the creator of The Path of Life Sculpture Garden. "Or, I think it's something like that. It makes life more observable, accessible, understandable – because it is just so complex."

McDonnell has been working on The Path of Life Garden since 1996. Lacking formal training in landscape design or sculpture, his inspiration comes from photographs, books, other artists, gardens, and walks in the woods. He does most of the work by himself or with the help of local contractors, friends, and family.

McDonnell's desire to build a garden that tells the story of life came after visiting one of Europe's most famous Japanese gardens, The Life of Man, built in Kildare, Ireland between 1906-1910. In 1997, he began planting 30 red oak trees in an arc that mirrored the gentle bend in the adjoining Connecticut River. Later in the first year, the amphitheater of Creativity was sculpted to feature the work of local artists and for hosting music festivals. In 1998, he rented a U-Haul trailer, picked up 800 bare-root hemlock trees in Pennsylvania and went to work with his nephew creating the maze of Adventure. In 1999, he traveled to Northern California and found the large granite Buddha for Contemplation and the five-piece, 25-foot tall, driftwood band (Creativity) made from Russian River driftwood.

To see everything, it takes approximately 30 minutes if you just want to walk quickly through. However, many guests spend hours in the garden and often grab lunch from the nearby Harpoon Brewery to take back down into the garden at a picnic table.

I found this to be a peaceful journey for contemplation and self-reflection in a lovely setting inspired by the natural world. For more details, visit https://www.artisanspark.net.

Rose Kowaliw has enjoyed gardening for over 40 years and also has a variety of houseplants, including a few she's had for over 20 years.

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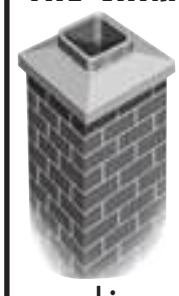
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STOCK WATCH

Listings At Close of Market November 6, 2026 • Courtesy of RBC Wealth Management
Dow Jones Closed 51,285.73 (484.58) • Prime Rate 7.00% (0.00)

	Close	Week's Change		Close	Week's Change
Honeywell (Allied Signal)	220.05	1.72	**Danaher Corp.** (Kollmorgen)	230.25	(1.98)
Becton Dickinson (C.R. Bard)	211.88	14.00	**Merck** (Hubbard Farms)	146.73	(2.79)
Toronto Dominion Bank (TD Bank)	122.40	(2.10)	**Deluxe (NEBS)**	26.56	3.97
PC Connection	79.15	(7.68)	**Teleflex** (Jaffrey)	150.87	11.10
Bank Of America (Fleet)	49.42	(0.59)	**Timken** (MPB Corp.)	102.03	(8.87)
Corning Inc.	106.13	(17.18)	**M&T Bank Corp.** (People's United)	217.75	(2.97)
Ametek, Inc. (Precitech)	228.67	(12.45)	**Dover Corp. (Markem)**	203.85	(3.89)

PRECIOUS METALS	Close	Week's Change
Silver ($ per ounce)	51.97	2.62
Gold ($ per ounce)	4,074.30	179.30
Platinum ($ per ounce)	1,535.27	96.24

COMMODITIES	Close	Week's Change
Wheat (cents per bushel)	590.50	(12.75)
Corn (cents per bushel)	442.25	(5.25)
Soybeans (cents per bushel)	1,190.25	(31.25)
Cattle (cents per pound)	214.18	(6.60)
Crude ($ per barrel)	90.60	(12.41)

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RJC Carpentry Offers A Variety Of Services

RJC Carpentry LLC is offering services for all home improvement needs. Robert "Jamie" Clark is available for a variety of projects that a homeowner might need. For indoor projects, including kitchens, bathrooms, floors, windows, doors or drywall, Clark can get it done. He also is experienced in outdoor projects, like siding, decks, and custom wood projects.

Clark has 10-plus years of carpentry experience and is fully insured. For more information, call 603-313-4871 or email to jamieclark0510@gmail.com, or visit his Facebook page.



Robert "Jamie" Clark of RJC Carpentry screws on pressure-treated stair treads on a second-story deck that he designed and is in the process of building on an area home.

Aloha Gives Back To The Community

Aloha Yoga Center has a vision of everyone giving back to the community according to their means and everyone being content with enough. Aloha has many classes/workshops/events "by donation."

On Sunday, November 15th, Aloha will host Apple Hill Chamber musicians to experience the Yoga of Sound from 4 to 5:30 p.m. Bring a cash or check donation. All proceeds go to Apple Hill.

On Friday, November 20th from 5:15 to 6:15 p.m., Dr. Caitlin Clark will offer Yoga Nidra, the sleep of yoga. All donations go to Stonewall Farms.

On Saturday, November 21st, Josephine Russell will offer a workshop called Yoga for Positive Mental Health. Suggested donation is $54. All donations go to MAPS. Show up at the door or register on line.

On Thanksgiving Day, Aloha continues their tradition of a free will offering of Gratitude Yoga held at Stonewall Farms from 9 to 10:15 a.m. This year the class will be taught by Tim Wichland and Josephine Russell. Bring cash or check.



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Allen Brothers Pies: Good Enough For Breakfast



Siana Curles, bakery chef at Allen Brothers Farms, preparing blueberry pies.



Peach/raspberry pies

When it comes to pies, the staff at Allen Brothers Farms has a singular goal: make and serve the very best pies available.

It's a mission that dates back to the mid 1970s, when the popular farm stand introduced their first homebaked apple pie using a recipe provided by one of their own, Aunt Trina. In 1984, the decision was made to expand the selection, which has grown to 20 different varieties. Included in the mix are berry pies (blueberry and mixed berry such as raspberry/peach and strawberry/rhubarb), cream pies (key lime, maple cream, banana cream, chocolate, coconut cream and lemon merangue), fruit pies (apple, peach, cherry), and seasonal favorites such as pecan and pumpkin. Through the years they've earned plenty of accolades, including the *Yankee Magazine* Apple Pie Award and a write up in the *New Yorker Magazine* who rated their apple pie as "exceptional" and "good enough for breakfast."

PIES, page 12

Gathering Waters Charter School Hosts Winter Craft Fair November 20th, 21st

Gathering Waters Charter School will host its sixth annual Winter Craft Fair on Friday and Saturday, November 20th and 21st at their Lower School campus at 98 South Lincoln Street in Keene.

The event opens Friday from 7 to 9 p.m. with a shopping night for adults and high schoolers only, offering a relaxed atmosphere and the opportunity to discover unique, locally-made gifts. The fair continues Saturday from 10 a.m. to 3:30 p.m. and is open to all ages. The fair will culminate with a raffle drawing with 12 themed baskets; tickets are $5, and will be available for purchase during both days of the event.

The craft fair will include over 30 booths, featuring local artisans and vendors showcasing handcrafted goods, including fiber , wood, leather , pottery, fine art, candles, herbal products, jewelry, photography, local food, and Waldorf-inspired toys and crafts. There will also be two student booths supporting three student crafters, as well as two class-trip fundraising booths vending student work spanning across the grades.

Friday night's event will include live music and a dessert café. On Saturday, the fair expands with a lunch café, children's store, puppet show, gnome forest walk, and hands-on craft activities.



Gerianne and Corina Fierro, at the moss garden table in the gnome forest, at Gathering Waters Winter Craft Fair.

Make-and-take crafts include wand-making, crowns, bud-vase decorating, and candle decorating ($3 each or all four for $10) as well as moss gardens and jump ropes ($5 each), All children's activities are cash only. Free card designing will be available, as well.

FAIR, page 12

Family Recipes Abound At Karen's Kosmic Cookies



Karen Guastella, owner of Karen's Kosmic Cookies

"When my children were growing up, I used to make cookies to take to their various school and club events," says Karen Guastella, owner of Karen's Kosmic Cookies. "People would say over and over how delicious the cookies were, and with that in mind I decided to start a cookie business in 2019, after moving to Keene."

Interestingly enough, some of Guastella's recipes are her mother's, some are her grandmother's, and others are various combinations of recipes. After many months of developing recipes and delivering them to her taste-testing neighbors for critiques, she was able to create a menu of flavorful cookie options.

Over the years, the menu has expanded, along with a reputation for excellent-tasting cookies. Her cookies were so good that *New Hampshire Chronicle* reached out to her to do a feature holiday story in 2024, which encored in 2025.

"The company name and logo are now registered trademarks and I have recently been developing a new line of cookies called 'Whoopie Cookies,' two unique flavored cookies with a complementary-flavored fluffy marshmallow filling with new flavors each month." Guastella's full line of products, including fresh-baked cookies, Whoopie Cookies, soups, cocoa, and S'more mixes are available for purchase and shipping at her website (KarensKosmicCookies.com) as well as at Hannah Grimes Marketplace in downtown Keene. She will be at various local craft shows, and online at KarensKosmicCookies.com.

Smith's Evergreen Farm Growing One Tree At A Time



Jimmy Smith, owner of Smith's Evergreen Farm, is seen shaping trees with a power trimmer.

With the holiday season approaching, Smith's Evergreen Farm is putting the finishing touches on an assortment of over 13,000 trees, including Balsam, Frazier, and Canaan Fir, as well as Colorado Blue Spruce varieties. Sizes range from "baby" trees (one year old) up to eight feet.

The tree farm, located at 27 Duso Road in Winchester, has grown in popularity over the years, attracting customers from as far away as Boston and Cape Cod. Starting on November 27th they'll be open from 9 a.m. to dark. For more details, call 802-490-8385.

Hat And Mitten Drive For Schools, Shelters, More

The 11th annual Hat and Mitten Drive is now underway and will continue through December 15th. Sponsored by HKS Associates, Inc., the drive collects hats and mittens for those in the region in need. Donations dropped off at the HKS office at 17 Dunbar Street, Keene, reach 18 locations throughout our extended community, including schools, shelters, and local organizations.

"The very first donations that arrived 11 years ago told us this was going to be something special. Instead of only donations from businesses, our office also began filling with handmade hats, colorful mittens, and lovingly crocheted sets brought in by people we didn't even know," explained Anna Schierioth, owner of HKS, "and we feel incredibly fortunate to be a part of this beautiful community tradition."

To help children and adults face the winter a little more comfortably – and as a reminder that the community cares – donate hats and mittens of any size, for any age, whether store-bought or homemade.

Call the office for more details or directions at 603-352-6030.

Toy World Opens In Keene

The Monadnock Region is abuzz with the opening of its newest toy store, aptly named Toy World.

Owner Justin Wescott, a former employee of the now defunct Toy City on Key Road, who had dreamed of having a store of his own, has overseen the complete refurbishing of the 7,200 sq. ft. space located at 460 West Street in Keene. What followed has been the steady arrival and subsequent stocking of product, a seemingly endless assortment of toys, games, dolls, hobbycraft, R/C vehicles, puzzles, LEGO, and much more.

In what feels like reconnecting with an old friend, toy lovers of all ages will delight at the carefully chosen selection as well as the friendly and knowledgable staff, which (spoiler alert), includes some recognizable faces from the past. Looking for a specific game or toy? Toy World can be reached at 603-352-3131.



Justin Wescott, owner of Toy World, hard at work stocking shelves.

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Expert Tinting For A Lasting Impression

DETAILING, Continued from page 1

Most recently, window tinting was added to the services, and a professional connection was made with a person who specializes in tinting to work in the new shop. The tint shop is in a nearby location and also has a lift where repairs, dry ice cleaning, and installation of this business's line of niche and performance parts are done.

"In keeping with our company's desire to have cars look better, the idea to add tinting services was a natural one," says Kevin Barnes, owner of Alternative Detailing Solutions. "We already do ceramic coating – interior and glass ceramic – designed to protect vehicles. Adding tint helps provide a safer experience for the driver and keeps the interior from the sun's rays."

Barnes, who received his tinting instruction and certification through Equip Academy, continues: "Window tinting isn't just about giving your vehicle a sharp, finished look. Around here, it's one of those upgrades that makes everyday driving a little easier, a little cooler, and a whole lot more comfortable."

"My experience with Alternative Detailing Solutions has been outstanding," states Barbara Laroche. "I will not use any other company in the future. They are far above any other detailing company I have used. The service is stellar and the people extremely knowledgeable and always willing to share the information. If you use Alternative Detailing Solutions, you will fall in love with your car all over again."

"Kevin, as always, takes care of your ride like it is his," says John Ainsley. "Window tints look great in the El Camino."

"At Alternative Detailing Solutions, we install tint the same way we handle everything else – with care, steady hands, and an eye for clean, factory-level results," Barnes adds. "Most people think of tint as a style upgrade, and sure, it does make a vehicle look great. But the real benefits show up the moment you start driving."

He explains that most tint jobs are completed the same day. "The film needs a short curing period, but you'll be able to drive your vehicle home right away. We'll walk you through care instructions so your tint stays looking sharp for years."

Jonathan Lifschutz has this to say about his experience using Barnes' services: "Alternative Detailing provides, without exception, the very best detailing solution I have ever experienced in my life. Very friendly, extraordinarily professional, and reasonable in price for the quality of what they provide."



Tint Shop Manager Josh Scott at Alternative Detailing Solutions is pictured installing a sheet of tint.

"Kevin and his staff go above and beyond providing amazing results. Super knowledgeable, patient, and professional," says Craig Riddell.

"No business in this line of work compares to Kevin and his staff," says Mark Collier, another satisfied customer of Alternative Detailing Solutions. "If you want a professional job done and done right, this is the place. My vehicle looks better than when I purchased it, and I purchased it brand new!"

Alternative Detailing Solutions is a fully insured heated shop that details all year 'round. Barnes is a certified professional detailer who has an extensive list of services, such as the installation of performance parts and accessories; exterior services – washing and waxing, polishing, and addressing issues such as paint dullness, lack of shine, and swirls and scratches; and he is also a certified installer who can professionally apply Opti-Coat ceramic Pro & Pro Plus ceramic coatings.

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Art Reception At Dublin Community Center Friday, November 13th; Exhibit Through November 29th



"Dollhouse Renovation" is by multimedia artist Susan Lunt.



A shadow box creation by artist Rosemary Mack.



A collaborative leather creation by Donlin Foreman and Jaya Lord

An Art Reception will be held at the DubHub (Dublin Community Center) on Main Street on Friday, November 13th from 5 to 7 p.m. The exhibit will run through Sunday, November 29th.

The North Room will feature "Curious Things Fashioned from Leather and Foraged Objects" by Donlin Foreman and Jaya Lord of Horse Hill Studio. The South Room will hold works, "Little Worlds: Dollhouses, Dioramas, and Shadow Boxes," by Soosen Dunholter, Jane El Simpson, Rosemary Mack, Susan Lunt, and Rachel Thorne Germond.

Utility, identity, and craft are the underpinnings of the art crafted from leather and found objects by Horse Hill Studio. Dunholter is a Peterborough based printmaker and mixed-media artist whose work explores color, pattern, texture, and visual storytelling. Winner of 2019 Ewing Arts excellence in the arts award, Simpson's work incorporates diverse mediums, including mixed media and visual storytelling.

Assemblage art by Mack includes shadow boxes, dioramas, and goofy 3-D cartoons. A painter and multimedia artist, Lunt's work frequently features "not quite right" spaces that reflect emotional and cultural losses from the old millennium to the new. Germond's work features a shadow box collaboration between her and video artist Charles Woodman. Visit www.dubhub-nh.org for more details.

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Christmas On The Pond And Christmas Around The Bend Holiday Fairs Saturday, November 21st

Christmas On The Pond And Christmas Around The Bend Holiday Fairs will take place on Saturday, November 21st from 9 a.m. to 3 p.m. in Marlow. Over 90 vendors will be selling their wares in the historic buildings and up the road at Perkins Academy. There will be a free shuttle between sites.

This event includes over 90 vendors selling handmade items such as candles, artwork, jewelry, hand-carved items, hats, signage, soaps, holiday greenery, metal work, Christmas crackers, yard reindeer, woodworking, sewn items, blacksmithing, felted items, rag rugs, pottery, bird houses, cupcakes and other goodies, and many more unique hand-crafted gifts.

There will be an outdoor fire pit with seating to warm up, sip cocoa, and rest. The Tin Shop Brass will play holiday music and there will be a silent auction and raffle. The library will have a book, yarn, and pie sale. The village luncheon will be hosted by Aaron's Specialty on Route 10 with soups, bread, and desserts for sit down or take-out. There will be a luncheon of macaroni and cheese, chili, and chicken and rice from 11 a.m. to 1 p.m.

For information on the fair, visit Facebook at "Christmas on the Pond," "Christmas Around the Bend," or "Aaron's Specialty."

For more details, call 603-446-4383 or 603-499-6061.

On November 14th, Registration Opens For Benefit Art Sale And Reception In Keene

ART, Continued from page 1

"Any other day, you can walk in, away from the hustle bustle, and see art by John Traynor, Kyle Stuckey, Craig Stockwell, Alicia Drakiotes, Jeanne Maguire Thieme, and 35 other artists. It's literally a Who's Who of area art. When I give gallery tours, I feel like I am ushering guests through an art museum where they can see watercolors, oils, pastels, prints, colored pencils, and mixed media works. It's a great resource for adults and children to learn about art."

Early on, the committee decided that Cedarcrest would be the recipient of the funds generated by the Benefit Art Sale and Reception. It turned out that committee member Bob King has a son who was at Cedarcrest for many years. This connection makes the project even more meaningful for Bob and all.

JoAnn and Bill Fenton of Fenton Family Dealerships offered to underwrite matching frames for all of the donated art, which were built by Indian King Framery at a reduced price.

Signing up 50 artists wasn't difficult; there is a waiting list. But other details required great care and concern. When people pay for their piece, they will pay Cedarcrest directly, providing a potential tax benefit. Discussion ensued about how to make access fair for everyone. A registration process was designed and will assure that registrants enter the show in order, choose their piece, and proceed to enjoy the reception. There is no obligation to make a purchase and the public is invited to attend. But registrants will have a numbered place in line.

In addition to the Benefit Art Sale on December 4th, Iselin has introduced an initiative to donate 40 percent of her sales at the Gallery @ Syd's between Thanksgiving and Christmas to Cedarcrest. Bob King is joining her, as well as several other exhibiting artists. For one month, customers can make a 40 percent donation directly to CedarcrestCenter.org online when making payment for their art purchases at Syd's. For artists accustomed to a gallery taking a 40 percent commission, this donation is still surprisingly generous.

If Mary Iselin achieves her vision on December 4th, more people than ever before will know about the Art Gallery @ Syds and make it a destination among the area attractions they visit. More than 50 people will own new art pieces and the kids, families, and staff at Cedarcrest will receive a heartfelt gift.

To register, visit monadnockareaartists.org, where the list of 50 artists and more of the back story can also be found.

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Sweet Holiday Treasures From The Kitchen

One of the oldest, still-observed holiday traditions is that of baking and gifting cookies. During the holiday season, the kitchen was filled with the scents of holiday baking – cinnamon, nutmeg, fruits, melting butter and sugar. There were gifts for everyone – the mailman, service people, friends, neighbors, and classmates – holiday treasures, all boxed or bagged and ready to gift. Note: When gifting cookies containing nuts, it's a good idea to mention that they contain nuts.

Hand Mincemeat Cookies

I enjoy making these simple cookies using pie crust and a jar of good mincemeat. They taste like pie but are a hand-held cookie so a little is better.

To make: two store-bought pie crusts in box or homemade pie crust; one half jar store-bought mincemeat (or your own). Roll out one of the pie crusts; cut as many three-inch rounds or other shapes as you can get, reusing any scraps of dough. Top half of the circles with one tablespoon mincemeat. Put a pie crust round on top of that; seal the edges with a fork and prick tops in two or three places. Repeat with second pastry crust. Place cookies on parchment paper-lined cookie sheets and bake in 375 degree oven for 25-30 minutes, until cookies are golden brown. Makes about one dozen.

Old World Raspberry Bars

A rich, moist bar, filled with raspberry jam. Try other preserves, if desired, such as strawberry, blueberry, or peach flavors. If you only have a nine-inch pan, you can use that instead; they are pretty much interchangeable except bars will be a little thinner and may be cooked a few minutes sooner.

Ingredients:
2¼ cups flour
3/4 cup sugar
1 cup pecans, chopped
1 cup butter, softened
1 large egg
10 oz. jar raspberry preserves (jam)

Preheat oven to 350 degrees. In large mixing bowl, combine all ingredients except raspberry preserves. Beat at low speed, scraping bowl often, until well mixed, about three to four minutes. Reserve one and a half cups of the mixture; set aside. Press remaining mixture into a greased eight-inch baking pan. Spread preserves over the top to within one-half inch of the edges. Crumble reserved mixture over preserves. Bake 40 to 45 minutes or until lightly browned. Cool on racks before cutting into bars.



Hand-pie Mincemeat Cookies from the kitchen at Cooking Corner.

Chocolate Orange Cookies

These taste somewhat like Florentines, a golden, crispy, lace cookie made with almonds and honey.

Ingredients:
1/2 cup butter
1/3 cup light corn syrup (or substitute honey or maple syrup)
2 tablespoons frozen orange juice concentrate, thawed
1 tablespoon finely grated orange zest
2/3 cup packed dark brown sugar
1 cup flour
1 cup finely chopped pistachio nuts
6 ounces chopped bittersweet chocolate

Heat butter, corn syrup, orange concentrate, orange zest, and sugar in a medium-sized saucepan over medium heat to boiling. Remove from heat and gradually stir in the flour and nuts. Let cool completely and then stir in chopped chocolate. (Be sure mixture is cooled so the chocolate won't melt.) Preheat oven to 375 degrees. Line cookie sheets with aluminum foil and butter the foil. Drop level teaspoonfuls of batter three-inches apart on the cookie sheets (they will spread out). Bake until golden, eight to 10 minutes. Let cool five minutes and then remove to wire racks to cool completely.

Basic Sandies

These are a crumbly (sand-like), melt-in-your-mouth shortbread type of cookie generally made with chopped pecans. They can be made in various shapes – just shape this cookie dough as desired into fingers, crescents, or balls.

Ingredients:
2 cups flour
3/4 cup butter, softened
4 tablespoons confectioners' sugar, plus more for rolling cookies
2 teaspoons vanilla
1/2 cup pecans, finely chopped
2 teaspoons cold water, if needed
confectioners' sugar for dusting

Combine flour, butter, confectioners' sugar, and vanilla in a mixing bowl; add nuts. Add cold water if needed to form a very stiff batter. Shape as desired and bake at 325 degrees until very light brown, anywhere from eight to 12 minutes depending upon the shape, so keep a close watch. While still warm, roll in additional confectioners' sugar; shake off excess and store covered when cool.

Gingersnaps

A simple, flavorful cookie that has been in my recipe box about 50 years, since the days of community Cooperative Extension classes. Makes about two dozen soft cookies.

Ingredients:
1 cup shortening or 2 sticks margarine
2 cups sugar
1/2 cup molasses
2 large eggs, beaten
4 cups flour
4 teaspoons baking soda
2 teaspoons each cinnamon, cloves, and ginger

Combine all of ingredients in a large mixing bowl by hand. With your hands, form dough into balls about one-inch in size. Roll balls in granulated sugar (put into a pie plate); place balls on ungreased cookie sheets. Bake in preheated oven at 375 degrees for 10 to 12 minutes. Cool on wire racks.

Cooking Corner
with Nancy Adams



Raspberry Brownies

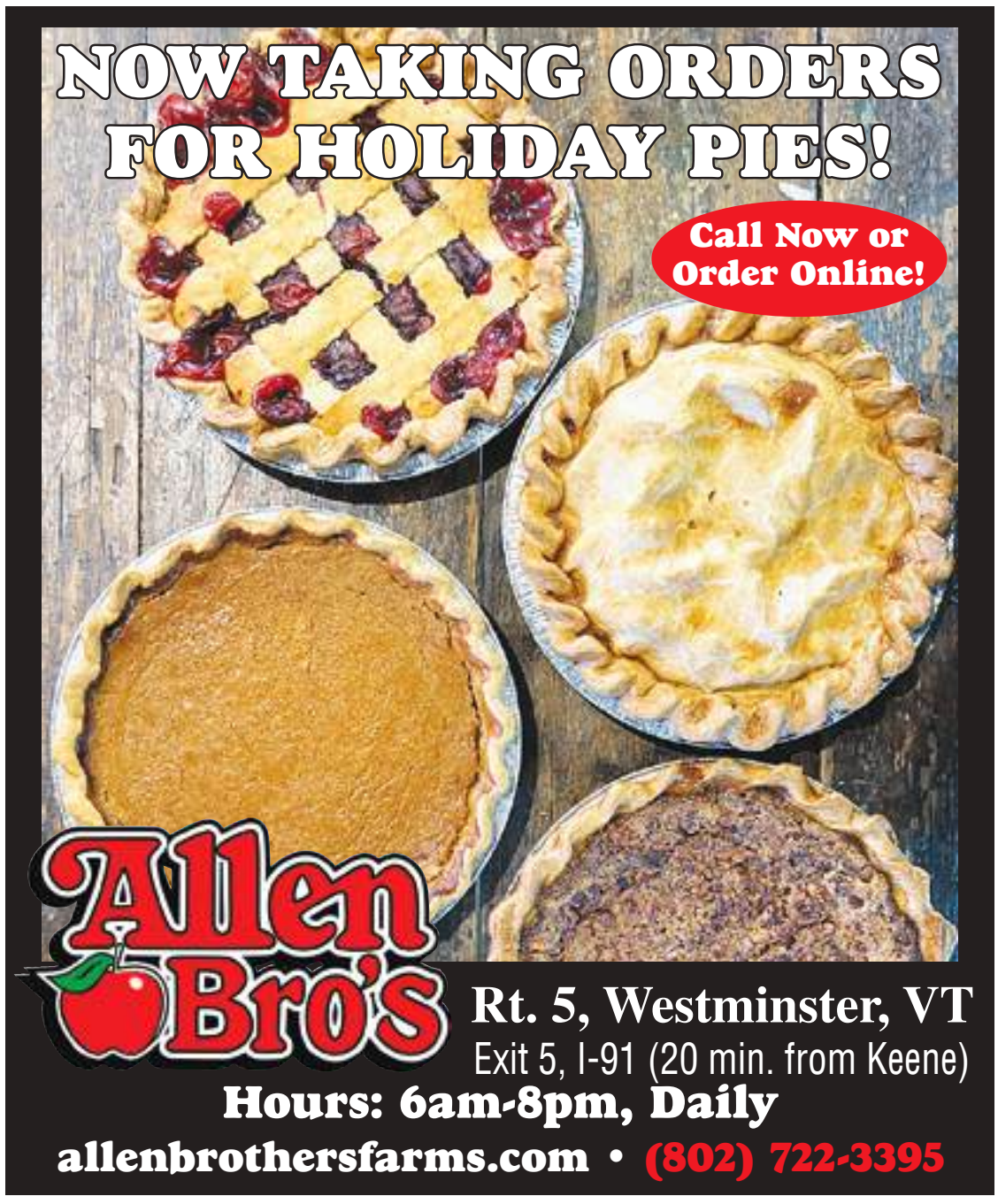
It's always welcoming to see a few brownies on any cookie plate. This one comes from a 1992 issue of *Yankee Magazine*.

Please note for chocolate squares: Baker's chocolate squares* used to be one ounce each in an eight-ounce box, but since mid-2013 they're now four ounces total with thinner pieces. For old recipes, such as this, you'll need to double the number of squares or weigh one ounce per square to get the same chocolate flavor.

Ingredients:
2 squares unsweetened chocolate, melted and cooled (double this amount) *
1/2 cup butter, softened
1 cup sugar
2 large eggs, lightly beaten
1/2 cup flour
1 cup walnuts, chopped (optional)
1/2 cup raspberry jam, lightly beaten

Melt chocolate and set aside to cool. Cream butter and sugar, then add beaten eggs and blend well. Gradually stir in cooled chocolate. Add flour and stir to mix. Stir in walnuts if using. Pour batter onto nine-inch buttered pan. Drop teaspoonfuls of jam randomly over top of batter, then swirl the jam with a fork to incorporate it into the batter. Bake in preheated 350 degree oven for 25 minutes until toothpick comes out almost clean when inserted into batter; don't overbake.

Nancy Adams is a native of Peterborough and resides in Hancock. She and her husband, Bud, have raised four sons. She has been featured as one of Yankee Magazine's great New England cooks. Nancy welcomes suggestions – send them to: Nancy P. Adams, 22 Birch Road, Hancock, NH 03449.





PLAID FRIDAY

Holly Berry Christmas Fair At Marlborough's Community House

The Federated Church of Marlborough will hold its annual Holly Berry Fair on Saturday, November 21st from 9 a.m. to 2 p.m. at the handicap accessible Community House at 160 Main Street in Marlborough.

For years, the highlight of the event has been the wide selection of greens – wreaths, swags, berry bowls, and table arrangements – which will be available again this year. Grandma's Attic has an array of items suitable for gifting. The food tables will be brimming with homemade confections including pies, cookies, breads, and fudge.

Those attending may want to try their luck with raffle items, including a 64" x 80" handmade quilt. The upstairs auditorium will hold the treasures of many local crafters. Attendees can browse the art, jewelry, wood objects, unique paper products, and other surprises. Folks are invited to come early for the best selection, have coffee, and stay for lunch.

Fitzwilliam Community Church Christmas Fair, Bake Sale

The Fitzwilliam Community Church annual Christmas Fair and Bake Sale is Saturday, November 21st from 9 a.m. to 1 p.m. There will be a wide assortment of beautiful and unique Christmas and holiday crafts and many items specially created by church members. Attendees can stop by and pick up some gift items and browse the baked goods selections. There will be dessert for the Thanksgiving Dinner, and breakfast goodies for visiting guests. There is something for everyone and for every budget.

The Fitzwilliam Community Church is located at 85 Route 119 West (at the end of the common). For more details, call 603-585-3352.

Turkey Raffle At Winchester VFW Saturday, November 14th

A Turkey Raffle will be held on Saturday, November 14th at 6 p.m. (doors open at 5 p.m.) at the Winchester VFW at 35 Main Street.

This is a 21+ event and open to the public.

Walpole Community Giving Tree Project

The Walpole Community Giving Tree Project is underway for the holiday season. This project helps families provide holiday gifts for their children ages birth to 18 (or older if still in high school). Participating families must be residents of the Walpole township (Walpole, North Walpole, and Drewsville).

From November 9th to 23rd only, tags will be available at the following locations during their regular business hours: River Valley Church, First Congregational Church (go to back door by ramp), St. John's Church, St. Peter's Church, the Walpole Library, Diamond Pizza, The Hungry Diner, Watkins Tavern, Savings Bank of Walpole on Westminster Street, and Mascoma Bank. Unwrapped gifts should be returned to any of these same locations no later than November 30th. Gift do not need to be returned to the same location where one took a tag. Alternately, mail donations to 192 Upper Walpole Road, Walpole, 03608. Make checks payable to Jeanne Cloues and put "Giving Tree" in the memo line.

For more details, e-mail weilcloues8808@gmail.com or message 603-209-1484.















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PLAID FRIDAY

Gathering Waters Charter School Hosts Winter Craft Fair November 20th, 21st

FAIR, Continued from page 7

The café will serve mac and cheese, bacon mac and cheese, gluten-free chili (vegan or con carne), gluten-free vegan butternut squash bisque, and locally baked bread, along with cider, coffee, and tea.

All proceeds from the Winter Craft Fair support Gathering Waters' Waldorf-based educational programing, which empowers students to explore the surrounding world and cultivate a lifelong love of learning, a sense of community responsibility, and an understanding of environmental sustainability.

For more details visit the Facebook event page.

Allen Brothers Pies: "Good Enough For Breakfast"

PIES, Continued from page 7

Their apple pie continues to be the number one best seller, and, like all their pies, are available fresh or frozen, preservative-free using the best-tasting ingredients, with a choice of traditional or crumb topping. It goes without saying that Aunt Trina would be proud.

Pies can be purchased in the store or online at www.allenbrothersfarms. com. For more details, or to learn about the other mouth-watering holiday favorites they make, Allen Brothers Farms can be reached at 802-722-3395.

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Country Christmas Craft Fair In Sullivan

Saturday, November 14th

The Country Christmas Craft Fair in Sullivan will be held at Sullivan Church on Saturday, November 14th from 9 a.m. to 2 p.m. at 4 Church Street.

This fair includes a fine selection of quality, handmade items for unique gifts and décor. Lunch includes soups, sandwiches, and pies.

For more details, call Gaynelle Pratt at 603-847-3271.

Advent Lutheran Church To Hold Christmas Fair

Advent Lutheran Church will hold its Christmas Fair on Saturday, November 14th, from 9 a.m. to 2 p.m. at the church, 137 Route 202 in Rindge.

The fair will feature a gift basket raffle, handcrafted Christmas wares, vendors, a bake sale and the Advent Café. Nisu, a traditional Finnish sweet bread, will also be sold.

For more details, call 603-899-3095, email nhlutherans@gmail.com or visit adventlutheranchurch.org.

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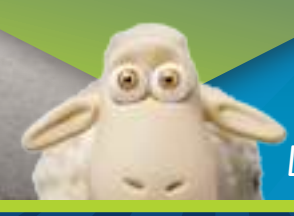
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Mad As A Hatter, Head Over Heels, And Making The Grade

I love idioms. I don't hear them all too often. But when I do, I get curious about their origins. So, I thought, "The time is ripe," and did a bit of research.

Fly By the Seat of Your Pants

This idiom, meaning to rely on instinct, got its beginnings in the pre-World War II era, when pilots lacked reliable instruments or radios in their planes. Flying was more about assessing the weather so as not to meet a fatal ending. During rough conditions, skilled pilots would "fly by the seat of their pants" using their instincts and literally feeling the movement of the aircraft through their point of contact with the plane – their bottom touching the seat. It is noted that this expression evolved from an older British term, "flies by the seat of your trousers."

Monadnock Family
with Lori Catozzi Cook



Mad As A Hatter

This idiom refers to someone who is behaving unpredictably and somewhat insane. Hat makers from the 18th through the early 20th centuries used mercury to turn animal hides into the felt used to make top hats. Being a poison, the longer and more often those in this profession used mercury, the more they developed symptoms like loss of memory, paranoia, and erratic behavior. Thus, "mad as a hatter" originated. This term was a common one by the time Lewis Carroll's character, the Mad Hatter, came alive in the novel *Alice's Adventures in Wonderland* in 1865. Note: By 1941, the use of mercury in the felt industry was banned in the US.

Burning The Midnight Oil

The meaning of this idiom is "to work late into the night." Before electricity, candles and oil lamps were the norm for lighting at night to work by. College students would stay up late "burning the midnight oil" studying while "pulling an all-nighter" – which you probably would hear this saying more nowadays than the pre-20th century one.

Bite The Bullet

To "bite the bullet" is to face a difficult situation with courage. The origins of this phrase are unclear. An early reference documented in 1788 described soldiers biting on a bullet during military floggings. Other explanations trace back to military medicine before modern anesthesia was available. During field surgeries or amputations, soldiers were instructed to bite down on a piece of leather, wood, or a lead bullet.

Handle With Kid Gloves

This phrase means dealing with a situation gently or carefully. Some of the finest leather gloves were made from the hide of young goats (kids). They are soft, smooth, and somewhat delicate, and must be handled as such. "Handle with kid gloves" first appeared in print in the U.S. magazine *The Knickerbocker* (1849).

Break The Ice

Meaning to prepare the way or to do something to help relieve tension, "break the ice" originally was used when boats physically broke the frozen surface of a body of water. Fast forward to this era, people use the term "icebreaker" for group activities for classes and meetings to get participants working together and relieving nerves.

Make The Grade

To "make the grade" is to succeed. A "grade" refers to the incline of a road or railroad track. This idiom refers to locomotives pulling heavy loaded coal trains up steep grades and having enough traction to "make the grade." This phrase grew popular during the 1920s – expanding from physical inclines to college, social, and workplace performance.

Head Over Heels

The phrase "head over heels" is courtesy of the Georgian era: to fall totally in love. The original phrase "heels over head" is from the 14th century, which referred more to recklessness than to love. In 1726, the meaning changed from reckless to completely: to fall completely in love. I think I like the latter version.

Under the Weather

This saying is thought to have its origins as a nautical term from the days of old sailing ships. Sailors who were feeling sick were sent below to protect themselves from the weather – thus, literally, under the weather. We use it now as a term for feeling like you are coming down with something.

Spill the Beans

Like some other idioms, "spill the beans" is one that has no known origin, but rather a possible explanation. An explanation is that it dates back to ancient Greece, where people would use beans thrown into a jar to vote. White beans were positive votes, and dark beans were negative votes. The votes were cast in secret, so if someone knocked the jar over intentionally or by mistake, they spilled the beans and revealed the results prematurely.

Lori Catozzi Cook is the assistant editor and a feature writer for The Monadnock Shopper News.

Veterans Day Observed Wednesday In Jaffrey

John Humiston Post #11 American Legion, Veterans of Foreign Wars Post #5613 and the Town of Jaffrey invite citizens of Jaffrey and of the surrounding towns to join them on Wednesday, November 11th, to observe Veterans Day. The parade of veterans will assemble at Jaffrey Grade School at 10:15 a.m., step off at 10:40 a.m., and march to the Town Common. There a prayer will be offered, a wreath laid, an address delivered by Navy Veteran Bob Schaumann, and the National Anthem will be sung by two Conant High School students, Eloise Langille and Amaris Ebe.

They extend an invitation to veterans who have served, and those who are still serving their country, to march with them. Those who need a ride should call Marc Tieger at 603-532-8765.

At 11:15 a.m., The Park Theatre will offer complimentary pizza for veterans and all military personnel, and will show the 1963 movie *The Great Escape*. This free event will be shown at noon (limited to 55 seats).

HAPPY BIRTHDAY!
from HANNAFORD'S SUPERMARKETS

November 12, 2026

Kennedy Lyn Frost, daughter of Caitlin & Eugene Frost, Swanzey, 4

November 13, 2026

Jay Weaver, son of Stephen & Jessica Weaver, Keene, 5

November 16, 2026

Axel Harris, son of Alissa Harris & Mason Harris, Keene, 3

November 17, 2026

Olivia Brochu, daughter of Michael & Nichole Brochu, Swanzey, 8

Julianna I. Wright, daughter of Justin & Andrea Wright, Keene, 9

Clayton Stone, son of Brianna Patnode & Jeremy Stone, Keene, 9

HANNAFORD'S BIRTHDAY CAKE
This Week's Winners





Clayton Stone, Keene, 9
Julianna I. Wright, Keene, 9

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– Samantha L.

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www.sau60.org

CHILD FIND PUBLIC NOTICE

ACWORTH, ALSTEAD, CHARLESTOWN, LANGDON, WALPOLE

In accordance the Individuals with Disabilities Education Act (IDEA) Child Find Mandate, Fall Mountain Regional School District, which serves the towns of Acworth, Alstead, Charlestown, Langdon, and Walpole, seeks to locate, identify, and evaluate all children under the age of 22 who qualify for Special Education Services regardless of the severity of their disability.

The Child Find requirements of Fall Mountain Regional School District also apply to highly mobile children, homeless children, and those children in grades K-12 who attend approved, non-public private schools within the geographic boundaries of Fall Mountain Regional School District.

If you know of a child who may need special education services or would like additional information, please contact the Assistant Special Education Director, Emma Kobeski (ekobeski@sau60.org or 603-835-7104) to schedule an appointment for Friday, November 20th from 9am-1pm.



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- sweet & savory baked goods
- fresh wreaths and swags
- crafts, home goods & antiques
- Christmas gifts and much more!

Saturday, November 21
9am to 2pm
St. John's Church
26 Elm Street, Walpole, NH
@stjohnswalpole

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ENTERTAINMENT and DINING

Wednesday, Nov. 11

DINING PLEASURES

Thanksgiving Pie Sale The Union Church, 998 Route 12, Westmoreland. Taking orders through Thursday, November 12th. Homemade apple, pumpkin and chocolate cream pies for $25 each. Quantities limited. Pies can be picked up at the church November 24th from 3 to 5:30. Call for details or to order Laurie: **603-399-7022**.

Corning CVets Veteran's Day Breakfast 7-9am. Community Church of West Swanzey, 5 Holbrook Ave. To show appreciation to veterans and their families. All are welcome. No charge. Daryl Schillemat: **603-400-0054**.

MISCELLANEOUS

Veterans Day Service 10:45am. Cathedral of the Pines, 10 Hale Hill Rd., Rindge. Film: "Bravo! Common Men, Uncommon Valor" at 2:10 p.m. May be disturbing or triggering for some. **603-899-3300**. www.cathedralofthepines.org.

Veterans' Day in Swanzey 11am. Veteran's Monument, West Swanzey. James Wall will be the event speaker. In case of inclement weather the event will be held inside the West Swanzey Community Church. A lunch reception will be held following the ceremony. Rear Admiral Stinson: **862-596-5780**.

Old Homestead Garden Club & Program 12-2pm. First Congregational Church, 679 Old Homestead Hwy., Swanzey. Mike Kowalczyk, Chairman of the Rail Trail Committee, will speak to the group about the Rail Trail between Swanzey & Keene. oldhomestead@nhfgc.org.

Veterans Yoga Project: Mindful Resilience 12-1pm. Cathedral of the Pines, 10 Hale Hill Rd., Rindge. Wednesdays & Fridays. All are welcome. By donation. info@cathedralofthepines.org.

Thursday, Nov. 12

ARTS, MUSIC & THEATER

Assassins 7:30pm. Next Stage Arts, 15 Kimball Hill, Putney, VT. Stephen Sondheim's darkly comic musical that brings together the men and women who attempted, or succeeded, in assassinating U.S. presidents. www.nextstagearts.org.

MISCELLANEOUS

Mindfulness & Meditation 6-7pm. Keene Parks & Recreation Center, 312 Washington St. Designed to support stress reduction, mental well-being, improved focus, and overall physical wellness. Interested participants ages 18+. Registration is live. **Carrah Fisk-Hennessey, M.Ed. 603-357-9829 ext. 6409**. cfiskhennessey@keenenh.gov. www.keenenh.gov/parks-recreation.

Trivia Thursdays: Wade The Great Entertainment 6:30-8pm. Mama McDonough's Irish Pub, 80 Airport Rd., Keene. Top 3 teams win Gift Cards.

Book Talk: TautukKonik/Looking Back with Candace Cochrane 7pm. Hancock Town Library, 25 Main St. A collaborative portrait of a time of change for Inuit in northern Labrador. Free and open to all.

Mindfulness & Meditation 10-11am. Keene Parks & Recreation Center, 312 Washington St. Designed to support stress reduction, mental well-being, improved focus, and overall physical wellness. Interested participants ages 18+. Registration is live. **Carrah Fisk-Hennessey, M.Ed.**: **603-357-9829 ext. 6409**. cfiskhennessey@keenenh.gov. www.keenenh.gov/parks-recreation.

Food Drive: To Benefit Feeding Tiny Tummies 12-5:30pm. Drop off location: Keller Williams Metropolitan, 60 Island St., Suite 3, Keene. Help to provide holiday meals and support local children and families. **603-352-0514**.

Friday, Nov. 13

ARTS, MUSIC & THEATER

Art Reception: "Little Worlds: Dollhouses, Dioramas, & Shadow Boxes" and "Curious Things Fashioned From Leather & Found Objects" 5-7pm. Dublin Community Center, 1123 Main St., Dublin. 603-563-8080. info@dublincommunitycenter.org. www.dubhub-nh.org.

Ballroom Dancing Social 6:30-8:45pm. Keene Family YMCA, 200 Summit Rd., Keene. This casual social is about enjoying music, connecting, and having a good time. No partner is required, come alone or bring a friend. Light refreshments will be served. $20 members/$30 guests. **603-352-6002**. memberservices@keene-ymca.org.

The Wolverine Jazz Band: Whitaker Music Series 7pm. Peterborough Players Theatre, 55 Hadley Rd., Peterborough. $20. **603-924-7585**. www.peterboroughplayers.org.

Get the Led Out Night 1 7-9pm. The Colonial Theatre, 95 Main St., Keene. Tribute to Led Zeppelin. $65/$55/$40. **603-352-2033**. www.thecolonial.org..

Arsenic and Old Lace 7:30pm. The Edge Theater, 310 Marlboro St., Suite 112. Tickets at www.edgeensemble.org/boxoffice.

Assassins 7:30pm. Next Stage Arts, 15 Kimball Hill, Putney, VT. Stephen Sondheim's darkly comic musical that brings together the men and women who attempted, or succeeded, in assassinating U.S. presidents. www.nextstagearts.org.

FAMILY FUN

Kids Comic Club 4:30-5:30pm. Kay Fox Room, Keene Public Library, 60 Winter St. Ages 8-12. Create together, discuss graphic novels, and watch interviews and tutorials. Registration appreciated. Parker Goodreau: **603-352-0157**. pgoodreau@keenenh.gov.

Family Fun Night Turkey Trot 6-7:30pm. Keene Family YMCA, 200 Summit Rd. Turkey-themed activities in the gym and a Turkey Trot around the track. **603-352-6002**. memberservices@keene-ymca.org.

MISCELLANEOUS

Sunrise on the Reaping Book & Film Discussion 4:30-5:30pm. Miller-Vincent Room, Keene Public Library, 60 Winter St., Keene. Attention middle and high schoolers,

Christmas Bazaar!
Saturday, November 21st • 8 am–1 pm
St. Bernard's Parish Hall, 185 Main St., Keene
Crafts, new & nearly-new goods, baked goods, books, decorations, gifts, jewelry, religious items, holiday items, and more!
Lunch sold from 9 am-1 pm
Be sure to come and shop early!
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603-355-8831

Special Events at the DubHub:
Art Reception: "Little Worlds: Dollhouses, Dioramas, & Shadow Boxes" in the South Room, "Curious Things Fashioned From Leather & Found Objects" in the North Room
Friday, November 13th • 5-7 pm
Ben Cosgrove Piano Concert
at Dublin Community Church
Thursday, November 19th • 7 pm
Coffee House & Open Mic
Saturday, November 21st • 6-9 pm
Feature: The lively bluegrass band, The Bottom Dollars
Visit the DubHub website for more info.
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GILSUM LIBRARY
10am-2pm
Tent sale: baked goods, take-home soup and sandwiches.
Inside: Library Book Sale

Advent Lutheran Church
Christmas Fair
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137 US Rt 202, Rindge, NH • 603-899-3095
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book discussion of Sunrise on the Reaping by Suzanne Collins. Then, on Saturday, November 21st at Keene Cinemas 6 watch Sunrise on the Reaping and see how the film stacks up to the novel. In order to have ticket and concessions voucher, register and participate in the book club. Eleanor Green: **603-352-0157**. EGreen@KeeneNH.gov.

Granite State Cribbage Weekend: Pre-Classic 6:30pm. Best Western Plus, 401 Winchester Street, Keene. Nine-game tournament. For more info call or text John Pappas: **617-803-5329**.

Red Cross Blood Drive 11am-4pm. Student Center, 229 Main Street, Keene. Donors are asked to schedule appointment at **800-733-2767**. www.RedCrossBlood.org.

Medicare: What to Know About Open Enrollment 2027 12pm. Peterborough Town Library, 2 Concord St. Free, including local plan updates and a question-and-answer session with Kathryn Ruuska. **603-924-8040**. www.peterboroughtownlibrary.org/.

Food Drive: To Benefit Feeding Tiny Tummies 12-5:30pm. Drop off location: Keller Williams Metropolitan, 60 Island St., Suite 3, Keene. **603-352-0514**.

Veterans Yoga Project: Mindful Resilience 12-1pm. Cathedral of the Pines, 10 Hale Hill Rd., Rindge. Wednesdays & Fridays. All are welcome. By donation. info@cathedralofthepines.org.

Saturday, Nov. 14

ARTS, MUSIC & THEATER

Assassins 2pm. Next Stage Arts, 15 Kimball Hill, Putney, VT. Assassins is Stephen Sondheim's darkly comic musical that brings together the men and women who attempted assassinating U.S. presidents. www.nextstagearts.org.

Faculty Recital: Jose Lezcano, Guitar; Robin Mathias, Flute; Virginia Eskin, Piano 3-5pm. Redfern Arts Center, Keene State College. Music Faculty & Guest Artist Series. **603-358-2168**. boxoffice@keene.edu.

Get the Led Out Night 2 7-9pm. The Colonial Theatre, 95 Main St., Keene. Tribute to Led Zeppelin. $65/$55/$40. **603-352-2033**. www.thecolonial.org.

Arsenic and Old Lace 7:30pm. The Edge Theater, 310 Marlboro St., Suite 112. Tickets at www.edgeensemble.org/boxoffice.

Meeting of the Monadnock Area Artists Association 10am. Hannah Grimes Center, 25 Roxbury St., Keene. Association business, demonstration on the use of a gel plate technique. Refreshments, art supply swap table, and attendees are welcome to share and display recent work. www.monadnockareaartists.org/.

Randy Miller Live at the Co-op 11am-1pm. Monadnock Food Co-op, Cypress St.

DINING PLEASURES

Roast Beef Supper 5pm. United Church of Bernardston, MA, 58 Church St. Second seating at 6:15. Roast beef with gravy, mashed potatoes, vegetable, rolls, baked dessert. $15. Reservations or to reserve take-out: **413-648-9306**.

Saxy Chef Pie Tasting Extravaganza 11:30am-2:30pm. Monadnock Food Co-op, 34 Cypress St., Keene.

FAIRS & SALES

Fall Rummage Sale 8am-12pm. Jaffrey Woman's Club, 33 Main St., Jaffrey. Men, women's, children's clothing and accessories. Linens and jewelry. Bag sale: 12:30 to 2 p.m. www.jaffreywomansclub.org.

Country Christmas Craft Fair 9am-2pm. Sullivan Church, 4 Church St., Sullivan. Handmade items for unique gifts and décor. Lunch – soups, sandwiches, and pies. Gaynelle Pratt: **603-847-3271**.

Holiday Fair 9am-2pm. Veterans Hall, 150 Old Homestead Highway, Richmond. Local artisans offering a variety of hand-crafted gifts and confections. Luncheon from 11-1.

Christmas Fair 9am-2pm. Advent Lutheran Church, 137 US Rt. 202, Rindge. Gift basket raffle, handcrafted Christmas wares, bake sale, nisu, and vendors. **603-899-3095**. www.adventlutheranchurch.org.

Hinsdale High School Christmas Bazaar 9am-2pm. Gymnasium, 49 School St. More than 40 area crafters. Serving breakfast and lunch all day. There will be Krispy Creme donuts to purchase, pictures with Santa, a Chinese Auction, and more.

FAMILY FUN

Ladybug Festival 11am-1pm. Keene Public Library, 60 Winter St. Designed for children ages 3-10 and their friends and families. Amy Kraemer: **603-352-0157**. akraemer@keenenh.gov.

LECTURES & WORKSHOPS

Natural Skin Care Workshop with Dr Linda Kingsbury 10-11:30am. Monadnock Food Co-op, 34 Cypress St., Keene. Recipes for facial masks and steaming made from common kitchen foods and herbs. Bring a small bowl and towel to experience an aromatherapy facial steam. RSVP at www.monadnockfood.coop/event/natural-skin-care-workshop-with-dr-linda-kingsbury/.

MISCELLANEOUS

Turkey Raffle 6pm. Winchester VFW, 35 Main St., Winchester. Open to the public. 21+ event.

Granite State Cribbage Weekend: Pre-Classic 8:30am. Best Western Plus, 401 Winchester Street, Keene. Twelve-game tournament. For more info call or text John Pappas: **617-803-5329**.

Red Cross Blood Drive 9am-2pm. Monadnock Covenant Church, 90 Base Hill Road, Keene. Schedule appointment at **800-733-2767**. www.RedCrossBlood.org.

Knitting Circle 10am-12pm. Richmond Public Library, 19 Winchester Rd. Drop-in group for hand-crafters of all abilities. **603-239-6164**. library@richmondnh.us.

Open House 11am-4pm. Keller Williams Metropolitan, 60 Island St, Keene. Provide holiday meals and support local children and families. Anyone bringing a donation is entered to win a raffle (drawn Saturday). **603-352-0514**.

Sunday, Nov. 15

ARTS, MUSIC & THEATER

Arsenic and Old Lace 2pm. The Edge Theater, 310 Marlboro St., Suite 112. Tickets at www.edgeensemble.org/boxoffice.

MISCELLANEOUS

Granite State Cribbage Classic 8:30am. Keene Elks Lodge #927, Keene. Twelve-game tournament. For more info call or text John Pappas: **617-803-5329**.

MARCO POLO GARDEN

MYSTERY PHOTO

The first person to answer the question correctly **at 9:30 a.m. or after on Friday** will receive a $20 gift certificate to Marco Polo Garden on Main Street in Keene. Call The Monadnock Shopper News, West Street in Keene, at 603-352-5296. You may win only one contest every three months. Only one call per person per week. No walk-ins, please.

(Prepared by the Historical Society of Cheshire County)



This ox-drawn wagon was photographed in front of school #9 in what Cheshire County town?



The winner of last week's Mystery Photo Contest was Sonja Parton of Hinsdale. The c.1900 street scene photo was taken in Winchester.

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ElectricEarthConcerts.org
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or *mail:* PO Box 487
Keene, NH 03431

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SEATING IS LIMITED • DON'T DELAY!!
For reservations call: 603-398-2446 • Order by Friday, Nov. 20th!

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It's Still A Small World After All

Healing Perspectives
with Aylene Wozmak



Recently I traveled abroad and found myself reminded of a childhood trip to Disney World and a ride called It's a Small World After All. Walt Disney created this ride at the 1964 World's Fair in support of UNICEF. The attraction was developed in the shadow of the Cold War tensions like the Cuban Missile Crisis. I remember riding in a boat listening to hundreds of audio animatronic children representing cultures from around the globe singing a simple song whose message was unmistakable: despite our different languages, customs, and appearances, we share a common humanity.

More than 60 years later, that message feels less like nostalgia and more like wisdom.

For those fortunate enough to travel beyond their own communities or national borders, a remarkable realization often emerges. Whether sitting in a café in France, sharing a meal with a family in Mexico, or chatting with a taxi driver in Ireland, one finds that ordinary people want similar things. They want their children to be safe, meaningful work, good health, and opportunities for those they love. They hope for a future free from conflict and uncertainty. In other words, most people want peace.

This observation echoes a principle found in Mindfulness Practice thought: beneath our differences lies an undeniable interconnectedness. What happens to one community ultimately affects another. Suffering in one corner of the world ripples outward, just as kindness and understanding can spread farther than we imagine. The Mindfulness concept of interdependence suggests that our lives are not isolated threads but part of a vast and intricate tapestry woven together by countless relationships and experiences.

The farther we journey from home, the more we often discover ourselves. We begin to appreciate other cultures not through judgement but through curiosity. We become less certain of our own conclusions and more interested in listening.

In meditation practice, one learns to observe thoughts without immediately reacting to them. The practitioner notices fear, anger, pride, or anxiety arise and pass away. This simple act of mindful observation creates space for wisdom and compassion to emerge. Perhaps societies need a similar practice.

Mindfulness Practice teaches that much suffering arises from attachment, fear, and ignorance. Looking around our modern world, it is difficult not to see how often those forces shape public life. Fear of change. Attachment to ideology. Ignorance of the experience of others. These tendencies can exist in all of us, and occasionally they become magnified in leaders whose influence extends far beyond themselves.

Mindfulness Practice speaks of "right action," the idea that positive change begins not with grand declarations but with individual choices made day after day. In much the same way, the strength of a democracy depends less on the ambitions of a few people at the top than on the steady commitment of millions of people living with their values in everyday life.

Compassion is not passivity. It is an active recognition of our shared humanity. It does not require agreement, but it does require understanding. It asks us to recognize that every person we encounter carries hopes, fears, struggles, and aspirations not unlike our own. That may be the enduring lesson hidden within Disney's famous ride.

For all our disagreements, all our borders, and all our political divisions, this remains a small world. The vast majority of people across the globe are not seeking conflict. They are seeking dignity, opportunity, community, and peace.

The challenge of our time is to remember what travel teaches and what mindfulness reveals: that the boundaries separating us are often smaller than we imagine, and that our future depends less on the action of a few powerful individuals than on awareness, compassion, and engagement of ordinary citizens.

If we can hold onto the understanding, perhaps the simple song from a World's Fair more than six decades ago still has something important to teach us today. Not merely that it is a small world after all, but that it has always been one.

Veterans Yoga Project At Cathedral Of The Pines

YOGA, Continued from page 1

Offering more than physical postures, Jeffers structures her classes around exploration of mindful breathing, meditation, and gentle movement. Participants are encouraged to adapt their practice to their own abilities and experience level. Jeffers hopes participants will "create space … to discover what supports their own well-being."Classes are free to all; donations to Cathedral of the Pines and to VYP are accepted.

The goals of VYP align with the mission of Cathedral of the Pines in supporting veterans and community engagement, providing a place of tranquility, healing and natural beauty. Amber Dewey, outreach administrator at Cathedral of the Pines, says the partnership is "a natural fit and I hope to see the program expand."

For more details, reach Cathedral of the Pines at 603-899-3300 or visit cathedralofthepines.org.

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- ☐ **Get everyone out and call 911.** Do not go back inside until the fire department says it is safe.
- ☐ **Call your insurance company the same day.** Get a claim number and ask what emergency work is approved.
- ☐ **Request the fire department's incident report.** Your insurer will ask for it.
- ☐ **Secure the house.** Board-up, roof tarps and utility shutoffs by a professional. Keep the invoices.
- ☐ **Photograph and video everything** before anything is moved, cleaned or thrown away.
- ☐ **Throw nothing away** until the adjuster has seen it, including whatever started the fire.
- ☐ **Start a room-by-room inventory** of your belongings: brand, age, approximate value.
- ☐ **Keep every receipt.** Hotel, meals, clothing. Loss-of-use coverage starts the first night.
- ☐ **Notify your mortgage company.** Insurance checks are usually made out to them as well.
- ☐ **Do not sign anything under pressure** at the scene, including public adjuster or "assignment of benefits" contracts.
- ☐ **Call a licensed fire-restoration contractor** to write the scope and meet your adjuster.

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