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Divinity At Work

Divinity manifests through your physical body and is evident in the transfer of energy to matter. Pathways of energy transfer or circuitry exist to infuse each organ with specific frequency and characteristic of energy. Your chakras are the energetic support for your organs – a part of your spiritual matrix which pre-exists your physical body. This matrix is an aspect of your whole being – a part of your soul. We are divine beings in a body.

Your heart chakra is the best example of this “energy to organ” connection, because you can tangibly feel the energy of your heart chakra as emotion, passion, love, and heartbreak. Your heart is also the point of transformation of physical energy to spiritual energy, lower vibrations to higher vibrations within your body. These shifts accompany and facilitate your spiritual growth and ability to grow in consciousness while incarnate. Your heart chakra is also one of the places where divine energy enters and leaves your body. If you have ever wondered why love is the strongest energy in the universe, ponder this: when our soul enters our body at birth, it enters through the heart chakra, it enters in the energy of love; the same is true when you die, you leave this world in the energy and spirit of love through your heart chakra.

Your heart chakra is protected by the bones of your rib cage. When your heart chakra is open and aligned it sits centered near the bottom of your rib cage partially exposed. In this position it can absorb and transmit all the energies of the heart. Here, your liver is also supported by the energy of your heart. In some cultures, especially in Africa, when someone wishes to swear allegiance or love, they offer not their heart, but their liver.

Your third chakra is located at your navel and is often called that, navel center. It supports your digestive system and functions similarly as an energy center. It takes in the world, breaking it up into

pieces that you can easily understand. Some people might call this physical knowing of the energy of the third chakra, your “gut wisdom,” you feel it here as a resonance of “rightness.”

Your spleen is supported by the energy of second chakra. Your spleen is located to the left of center in your body just below your ribs. It is responsible for your immune functions. Second chakra sits over it and is a center for creativity, joy, and innocence. Both of these, the organ and the chakra, are magical in a sense. Both eliminate disease and promote wellbeing in their own unique way. In women, the womb ties into second chakra, the spleen center. Having a baby is the highest form of creativity.

Your sexual vitality is supported by the energy of first chakra. First chakra, or root chakra, is the “life force” of your body. Here, these energies are largely

Healing Perspectives
 with Rosie Carey



undistinguishable as they equal each other in sensation. Your first chakra is also called your root chakra because it is where your energy “roots” to the earth. It is here that you ground yourself into the magnetic energy field of the earth which supports your life force and all of your chakra system.

These are your physical chakras and the ways in which you can tangibly feel the energy of these centers. You also have spiritual chakras which support organs of the body. It is harder to feel and know the energy of these subtle and more refined centers.

Your throat, the voice box, thyroid, thymus, and mouth are supported by the energy of fifth chakra, throat chakra. This chakra also relates to your etheric body and holds that perfection or blueprint for your entire body. Your speech and song carry the energy of throat chakra. Your taste and part of your endocrine balance also rely on throat chakra.

Your brain, eyes, and ears are supported by the energy of your third eye and crown chakras. These chakras are your connection to your higher self and to divine energy, God, as you know him. Your third eye is a center of intuitive insight; it supports your eyes, ears, and brain. Intuitive insight is another way of knowing the world around you. Insight allows you to find the subtle and mysterious in otherwise ordinary circumstances, to see more than just the physical world and realize the divine in all.

Your crown chakra supports all of the organs of your head, particularly your brain. Your crown is your direct connection to God and to your whole being. It is integral to your whole system connecting directly to your root chakra allowing you to embody “heaven and earth.”

Your skin is also an organ. It is supported by the energy of your whole chakra system. There are five layers of skin that correspond to chakras and vibrate in color accordingly. Red, green, gold, blue, to where each pore on the surface radiates white light and is supported by the crown chakra. Mysteriously, each of your organs also has seven small chakras echoing the structure of your energy body as manifest in and manifesting the physical.

If you enjoyed this article and would like to read more, check out *Your Electrical System* at www.lifelightcenterllc.com and download the free mp3 *Grounding and Alignment*, as well as read other articles on healing.

Rose Carey is the founder of LifeLight Center on Washington Street in Keene. She has 25+ years of private practice in energy medicine and holistic body therapies. Rose is sensitive to and repairs the energy pathways of your body and aligns your energy, nervous and muscular/skeletal systems. Call for info and appointments at 603-852-8300.

“Difficult Dialogues” Program May 25th In Keene

A Health + Wellness program entitled “Difficult Dialogues” will be held on Thursday, May 25th from 6 to 7:30 p.m. in Auditorium A&B at the Cheshire Medical Center/Dartmouth-Hitchcock Keene, located at 580-590 Court Street. Registration is required. The program explores ways to find common ground with people who may have very different world views.

When registering, let them know if assistive communication aides or devices are required for attendance.

For more details or to register, call 603-354-5460 or visit www.events.cheshiremed.org.

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